

# RANKING INDIVIDUAL MASCULI PER CATEGORIES

## RUTA-MARXA (TEMPS REAL)

Data actualització:

31-may.-26



### MÀSTER M75

#### (R) 5 km

M75

MARCA TR T\_Real T\_Ofic

1 Prudencio Pérez Hernández (1947) **25'52"** 25'52" 25'59" 08/12/2024 Viladecans (C.CAT)

#### (R) 10 km

M75

MARCA TR T\_Real T\_Ofic

1 Prudencio Pérez Hernández (1947) **51'59"** 51'59" 13/05/2022 Grosseto (Itàlia) (C.EUR)

#### (R) Mitja marató

M75

MARCA TR T\_Real T\_Ofic

1 Prudencio Pérez Hernández (1947) **1h58'15"** 1h58'15" 19/06/2022 Paterna (C.ESP)

### MÀSTER M70

#### (R) Milla Urbana

M70

MARCA TR T\_Real T\_Ofic

1 Francisco Pozo Martínez (1953) **06:22,0** 06:22,0 02/07/2023 Palau - Solità i Plegamans (C

2 Prudencio Pérez Hernández (1947) **07:10,0** 07:10,0 01/07/2018 Palau - Solità i Plegamans

3 Alfred Torrents Font (1955) **07:34,0** 07:34,0 29/06/2025 Palau - Solità i Plegamans

4 Albert Artigas Lloret (1955) **08:52,0** 08:52,0 08/06/2025 Montcada i Reixac

#### (R) 5 km

M70

MARCA TR T\_Real T\_Ofic

1 Francisco Pozo Martínez (1953) **21'19"** 21'19" 21'30" 10/12/2023 Viladecans

2 Prudencio Pérez Hernández (1947) **24'08"** 24'08" 09/05/2021 El Prat del Llobregat

3 Alfred Torrents Font (1955) **25'51"** 25'51" 26'02" 25/01/2026 Barcelona (C.CAT)

4 Pere Joan Torres Pons (1952) **29'50"** 29'50" 40'05" 26/12/2024 El Masnou

#### (R) 10 km

M70

MARCA TR T\_Real T\_Ofic

1 Francisco Pozo Martínez (1953) **44'18"** 44'18" 44'19" 25/02/2024 Castelló de la Plana

2 Prudencio Pérez Hernández (1947) **44'22"** 44'22" 44'22" 29/04/2017 Grao de Castellón

3 Alfred Torrents Font (1955) **54'09"** 54'09" 56'57" 30/11/2025 Barcelona

4 Ramon Colomer Besalú (1945) **1h04'59"** 1h04'59" 1h05'15" 18/05/2019 Mataró

5 Juan Sánchez Rodríguez (1951) **1h08'33"** 1h08'33" 13/09/2025 Helsinki

#### (R) Mitja marató

M70

MARCA TR T\_Real T\_Ofic

1 Prudencio Pérez Hernández (1947) **1h38'54"** 1h38'54" 20/05/2018 Alicante (C.EUR)

|   |                                |                 |          |          |            |                    |
|---|--------------------------------|-----------------|----------|----------|------------|--------------------|
| 2 | Francisco Pozo Martínez (1953) | <b>1h41'20"</b> | 1h41'20" | 1h42'06" | 04/06/2023 | Albacete           |
| 3 | Domingo Sáez Chacón (1951)     | <b>2h02'16"</b> | 2h02'16" | 2h09'30" | 28/01/2024 | Sevilla            |
| 4 | Juan Sánchez Rodríguez (1951)  | <b>2h08'15"</b> | 2h08'15" | 2h08'55" | 05/02/2023 | La Valetta (Malta) |

## MÀSTER M65

### (R) Milla Urbana

M65

|   |                                  | MARCA TR       | T_Real | T_Ofic  |            |                               |
|---|----------------------------------|----------------|--------|---------|------------|-------------------------------|
| 1 | Francisco Pozo Martínez (1953)   | <b>06:22,0</b> |        | 06:22,0 | 02/07/2023 | Palau - Solità i Plegamans (C |
| 2 | Prudencio Pérez Hernández (1947) | <b>07:10,0</b> |        | 07:10,0 | 01/07/2018 | Palau - Solità i Plegamans    |
| 3 | Albert Artigas Lloret (1955)     | <b>07:11,0</b> |        | 07:11,0 | 02/07/2023 | Palau - Solità i Plegamans (C |
| 4 | Alfred Torrents Font (1955)      | <b>07:16,0</b> |        | 07:16,0 | 08/06/2025 | Montcada i Reixac (C.CAT)     |

### (R) 5 km

M65

|   |                                  | MARCA TR      | T_Real | T_Ofic |            |                              |
|---|----------------------------------|---------------|--------|--------|------------|------------------------------|
| 1 | Francisco Pozo Martínez (1953)   | <b>21'19"</b> | 21'19" | 21'30" | 10/12/2023 | Viladecans                   |
| 2 | Prudencio Pérez Hernández (1947) | <b>21'49"</b> | 21'49" | 22'24" | 13/12/2015 | Viladecans (C.CAT)           |
| 3 | Albert Artigas Lloret (1955)     | <b>24'10"</b> | 24'10" | 24'14" | 11/12/2022 | Viladecans (C.CAT)           |
| 4 | Alfred Torrents Font (1955)      | <b>24'53"</b> | 24'53" | 24'57" | 18/05/2025 | Vilanova i la Geltrú (C.CAT) |
| 5 | Pere Joan Torres Pons (1952)     | <b>27'20"</b> | 27'20" | 31'36" | 26/12/2021 | El Masnou                    |

### (R) 10 km

M65

|   |                                   | MARCA TR        | T_Real   | T_Ofic   |            |                      |
|---|-----------------------------------|-----------------|----------|----------|------------|----------------------|
| 1 | Prudencio Pérez Hernández (1947)  | <b>42'07"</b>   | 42'07"   | 42'10"   | 31/03/2012 | Grao de Castellón    |
| 2 | Francisco Pozo Martínez (1953)    | <b>44'18"</b>   | 44'18"   | 44'19"   | 25/02/2024 | Castelló de la Plana |
| 3 | Manuel Iribarren Hernández (1953) | <b>47'57"</b>   | 47'57"   | 49'12"   | 31/12/2019 | Barcelona            |
| 4 | Albert Artigas Lloret (1955)      | <b>51'38"</b>   | 51'38"   | 51'58"   | 29/10/2022 | Canovelles           |
| 5 | Alfred Torrents Font (1955)       | <b>54'11"</b>   | 54'11"   | 54'25"   | 19/05/2024 | Vilanova i la Geltrú |
| 6 | Ramon Colomer Besalú (1945)       | <b>1h04'59"</b> | 1h04'59" | 1h05'15" | 18/05/2019 | Mataró               |

### (R) Mitja maratón

M65

|   |                                  | MARCA TR        | T_Real   | T_Ofic   |            |                  |
|---|----------------------------------|-----------------|----------|----------|------------|------------------|
| 1 | Francisco Pozo Martínez (1953)   | <b>1h37'28"</b> |          | 1h37'28" | 20/05/2018 | Alicante (C.EUR) |
| 2 | Prudencio Pérez Hernández (1947) | <b>1h38'30"</b> | 1h38'30" | 1h38'38" | 09/06/2013 | Albacete         |
| 3 | Lluís Llaquet Altemir (1959)     | <b>1h54'20"</b> | 1h54'20" | 1h56'38" | 25/02/2024 | Granollers       |
| 4 | Domingo Sáez Chacón (1951)       | <b>2h01'13"</b> |          | 2h01'13" | 23/02/2020 | Nàpols (Itàlia)  |
| 5 | Juan Sánchez Rodríguez (1951)    | <b>2h01'14"</b> |          | 2h01'14" | 23/02/2020 | Nàpols (Itàlia)  |
| 6 | Alfred Torrents Font (1955)      | <b>2h04'06"</b> | 2h04'06" | 2h15'00" | 02/03/2025 | Granollers       |
| 7 | Albert Artigas Lloret (1955)     | <b>2h04'44"</b> | 2h04'44" | 2h05'37" | 19/06/2022 | Paterna          |

### (R) Marató

M65

|   |                             | MARCA TR        | T_Real   | T_Ofic   |            |           |
|---|-----------------------------|-----------------|----------|----------|------------|-----------|
| 1 | Alfred Torrents Font (1955) | <b>5h00'38"</b> | 5h00'38" | 5h01'05" | 19/03/2023 | Barcelona |

## MÀSTER M60

**(R) Milla Urbana**

M60

|   |                                  | MARCA TR       | T_Real | T_Ofic  |            |                               |
|---|----------------------------------|----------------|--------|---------|------------|-------------------------------|
| 1 | Joaquín Joyas Albertus (1958)    | <b>05:00,0</b> |        | 05:00,0 | 09/06/2019 | Montcada i Reixac             |
| 2 | Jordi Villalba Vera (1962)       | <b>06:05,0</b> |        | 06:05,0 | 05/06/2022 | Montcada i Reixac             |
| 3 | José Povedano Arribas (1958)     | <b>06:15,0</b> |        | 06:15,0 | 30/06/2019 | Palau - Solità i Plegamans    |
| 4 | Francisco Molina Rubio (1963)    | <b>06:17,0</b> |        | 06:17,0 | 04/06/2023 | Montcada i Reixac             |
| 5 | Francisco Pozo Martínez (1953)   | <b>06:22,0</b> |        | 06:22,0 | 02/07/2023 | Palau - Solità i Plegamans (C |
| 6 | Prudencio Pérez Hernández (1947) | <b>07:10,0</b> |        | 07:10,0 | 01/07/2018 | Palau - Solità i Plegamans    |
| 7 | Albert Artigas Lloret (1955)     | <b>07:12,0</b> |        | 07:12,0 | 04/06/2023 | Montcada i Reixac             |
| 8 | Alfred Torrents Font (1955)      | <b>07:16,0</b> |        | 07:16,0 | 08/06/2025 | Montcada i Reixac (C.CAT)     |

**(R) 5 km**

M60

|   |                                  | MARCA TR      | T_Real | T_Ofic |            |                    |
|---|----------------------------------|---------------|--------|--------|------------|--------------------|
| 1 | Jordi Villalba Vera (1962)       | <b>20'40"</b> | 20'40" | 20'43" | 11/12/2022 | Viladecans (C.CAT) |
| 2 | José Povedano Arribas (1958)     | <b>21'19"</b> | 21'19" | 21'25" | 12/12/2021 | Viladecans (C.CAT) |
| 3 | Francisco Pozo Martínez (1953)   | <b>21'19"</b> | 21'19" | 21'30" | 10/12/2023 | Viladecans         |
| 4 | Prudencio Pérez Hernández (1947) | <b>21'49"</b> | 21'49" | 22'24" | 13/12/2015 | Viladecans (C.CAT) |
| 5 | Albert Artigas Lloret (1955)     | <b>22'05"</b> | 22'05" | 22'09" | 08/12/2019 | Viladecans         |
| 6 | Alfred Torrents Font (1955)      | <b>23'53"</b> | 23'53" | 25'00" | 13/12/2015 | Viladecans (C.CAT) |
| 7 | Josep Casas Porrás (1963)        | <b>25'47"</b> | 25'47" | 33'46" | 26/12/2023 | El Masnou          |

**(R) 10 km**

M60

|    |                                       | MARCA TR        | T_Real   | T_Ofic   |            |                   |
|----|---------------------------------------|-----------------|----------|----------|------------|-------------------|
| 1  | Prudencio Pérez Hernández (1947)      | <b>42'07"</b>   | 42'07"   | 42'10"   | 31/03/2012 | Grao de Castellón |
| 2  | Manuel Iribarren Hernández (1953)     | <b>43'43"</b>   | 43'43"   | 43'46"   | 05/06/2016 | Pineda de Mar     |
| 3  | Jordi Villalba Vera (1962)            | <b>43'59"</b>   | 43'59"   | 44'16"   | 29/10/2022 | Canovelles        |
| 4  | José Povedano Arribas (1958)          | <b>44'00"</b>   |          | 44'00"   | 09/06/2019 | Tudela (C.ESP)    |
| 5  | Francisco Pozo Martínez (1953)        | <b>44'03"</b>   | 44'03"   | 44'36"   | 21/01/2018 | Barcelona (C.CAT) |
| 6  | José Castro Notario (1956)            | <b>44'08"</b>   | 44'08"   | 44'10"   | 05/06/2016 | Pineda de Mar     |
| 7  | Francisco Lancho Borreguero (1945)    | <b>46'08"</b>   |          | 46'08"   | 09/04/2006 | Barcelona         |
| 8  | Alfonso Ciller Abril (1949)           | <b>46'53"</b>   | 46'53"   | 50'52"   | 31/12/2011 | Barcelona         |
| 9  | Albert Artigas Lloret (1955)          | <b>46'58"</b>   |          | 46'58"   | 09/06/2019 | Tudela (C.ESP)    |
| 10 | José Antonio Ballesta Ballesta (1962) | <b>48'48"</b>   | 48'48"   | 54'39"   | 31/12/2022 | Barcelona         |
| 11 | Alfred Torrents Font (1955)           | <b>49'14"</b>   | 49'14"   | 53'05"   | 31/12/2015 | Barcelona         |
| 12 | Ramon Colomer Besalú (1945)           | <b>1h04'59"</b> | 1h04'59" | 1h05'15" | 18/05/2019 | Mataró            |

**(R) 20 km**

M60

|   |                                 | MARCA TR        | T_Real | T_Ofic   |            |         |
|---|---------------------------------|-----------------|--------|----------|------------|---------|
| 1 | Francesc Garcia Alvarado (1954) | <b>1h46'07"</b> |        | 1h46'07" | 11/11/2018 | Behobia |

**(R) Mitja maratón**

M60

|   |                                   | MARCA TR        | T_Real   | T_Ofic   |            |                      |
|---|-----------------------------------|-----------------|----------|----------|------------|----------------------|
| 1 | Juan Antonio Sabán Carmona (1947) | <b>1h28'56"</b> | 1h28'56" | 1h28'58" | 06/12/2009 | Mataró               |
| 2 | José Povedano Arribas (1958)      | <b>1h33'22"</b> |          | 1h33'22" | 20/05/2018 | Alicante (C.EUR)     |
| 3 | Prudencio Pérez Hernández (1947)  | <b>1h34'27"</b> | 1h34'27" | 1h34'55" | 30/03/2008 | Montornés del Vallès |
| 4 | Pedro Gómez Fernández (1961)      | <b>1h36'25"</b> | 1h36'25" | 1h37'43" | 17/10/2021 | Barcelona            |

|    |                                   |                 |          |          |            |                       |
|----|-----------------------------------|-----------------|----------|----------|------------|-----------------------|
| 5  | José Castro Notario (1956)        | <b>1h37'11"</b> | 1h37'11" | 1h41'19" | 04/02/2018 | Granollers            |
| 6  | Francisco Pozo Martínez (1953)    | <b>1h37'28"</b> |          | 1h37'28" | 20/05/2018 | Alicante (C.EUR)      |
| 7  | Josep Casas Porras (1963)         | <b>1h38'33"</b> | 1h38'33" | 1h38'33" | 15/02/2026 | Barcelona             |
| 8  | Albert Artigas Lloret (1955)      | <b>1h40'05"</b> |          | 1h40'05" | 04/08/2015 | Lyon (França) (C.MON) |
| 9  | Manuel Iribarren Hernández (1953) | <b>1h41'03"</b> | 1h41'03" | 1h41'47" | 17/04/2016 | Calella               |
| 10 | Francesc Garcia Alvarado (1954)   | <b>1h42'35"</b> | 1h42'35" | 1h48'03" | 02/02/2014 | Granollers            |
| 11 | Antonio Prados Jiménez (1943)     | <b>1h52'15"</b> |          | 1h52'15" | 17/04/2005 | Olot                  |
| 12 | Lluís Llaquet Altemir (1959)      | <b>1h54'28"</b> | 1h54'28" | 1h54'31" | 03/04/2022 | Barcelona             |
| 13 | Domingo Sáez Chacón (1951)        | <b>2h01'13"</b> |          | 2h01'13" | 23/02/2020 | Nàpols (Itàlia)       |
| 14 | Juan Sánchez Rodríguez (1951)     | <b>2h01'14"</b> |          | 2h01'14" | 23/02/2020 | Nàpols (Itàlia)       |
| 15 | Alfred Torrents Font (1955)       | <b>2h01'16"</b> | 2h01'16" | 2h02'46" | 06/12/2015 | Mataró                |

### (R) Marató

M60

|   | MARCA TR                     | T_Real          | T_Ofic   |          |                      |
|---|------------------------------|-----------------|----------|----------|----------------------|
| 1 | Pedro Gómez Fernández (1961) | <b>3h16'36"</b> | 3h16'36" | 3h16'59" | 07/11/2021 Barcelona |
| 2 | Josep Casas Porras (1963)    | <b>3h30'29"</b> | 3h30'29" | 3h31'50" | 03/12/2023 Valencia  |
| 3 | Alfred Torrents Font (1955)  | <b>5h00'38"</b> | 5h00'38" | 5h01'05" | 19/03/2023 Barcelona |

## MÀSTER M55

### (R) Milla Urbana

M55

|    | MARCA TR                         | T_Real         | T_Ofic |         |  |
|----|----------------------------------|----------------|--------|---------|--|
| 1  | Joaquín Joyas Albertus (1958)    | <b>05:00,0</b> |        | 05:00,0 | 09/06/2019 Montcada i Reixac             |
| 2  | Ferran Rey Roncero (1967)        | <b>05:19,0</b> |        | 05:19,0 | 08/06/2025 Montcada i Reixac (C.CAT)     |
| 3  | Francisco Molina Rubio (1963)    | <b>05:42,0</b> |        | 05:42,0 | 09/06/2019 Montcada i Reixac             |
| 4  | Nabi Abdelkader (1970)           | <b>05:43,0</b> |        | 05:43,0 | 29/06/2025 Palau - Solità i Plegamans    |
| 5  | Juan Pedro Sanz Coca (1967)      | <b>06:02,0</b> |        | 06:02,0 | 02/07/2023 Palau - Solità i Plegamans (C |
| 6  | Jordi Villalba Vera (1962)       | <b>06:05,0</b> |        | 06:05,0 | 05/06/2022 Montcada i Reixac             |
| 7  | José Povedano Arribas (1958)     | <b>06:15,0</b> |        | 06:15,0 | 30/06/2019 Palau - Solità i Plegamans    |
| 8  | Francisco Pozo Martínez (1953)   | <b>06:22,0</b> |        | 06:22,0 | 02/07/2023 Palau - Solità i Plegamans (C |
| 9  | Prudencio Pérez Hernández (1947) | <b>07:10,0</b> |        | 07:10,0 | 01/07/2018 Palau - Solità i Plegamans    |
| 10 | Albert Artigas Lloret (1955)     | <b>07:12,0</b> |        | 07:12,0 | 04/06/2023 Montcada i Reixac             |
| 11 | Alfred Torrents Font (1955)      | <b>07:16,0</b> |        | 07:16,0 | 08/06/2025 Montcada i Reixac (C.CAT)     |

### (R) 5 km

M55

|   | MARCA TR                            | T_Real        | T_Ofic |        |   |
|---|-------------------------------------|---------------|--------|--------|---|
| 1 | Alfred Redrado Gil (1967)           | <b>17'24"</b> | 17'24" | 17'28" | 11/12/2022 Viladecans (C.CAT)           |
| 2 | Joaquín Joyas Albertus (1958)       | <b>17'32"</b> | 17'32" | 17'36" | 13/12/2015 Viladecans (C.CAT)           |
| 3 | Ferran Rey Roncero (1967)           | <b>17'34"</b> | 17'34" | 17'35" | 18/05/2025 Vilanova i la Geltrú (C.CAT) |
| 4 | Nabi Abdelkader (1970)              | <b>19'23"</b> | 19'23" | 19'24" | 07/12/2025 Viladecans                   |
| 5 | Francisco Molina Rubio (1963)       | <b>20'01"</b> | 20'01" | 20'05" | 11/12/2022 Viladecans (C.CAT)           |
| 6 | José Povedano Arribas (1958)        | <b>20'26"</b> | 20'26" | 21'27" | 13/12/2015 Viladecans (C.CAT)           |
| 7 | Juan Pedro Sanz Coca (1967)         | <b>20'31"</b> | 20'31" | 20'33" | 19/11/2023 Martorell (C.CAT)            |
| 8 | Jordi Villalba Vera (1962)          | <b>20'40"</b> | 20'40" | 20'43" | 11/12/2022 Viladecans (C.CAT)           |
| 9 | Joan Miquel Coromina Castell (1967) | <b>20'41"</b> | 20'41" | 20'51" | 10/12/2023 Viladecans                   |

|    |                                  |               |        |        |            |                    |
|----|----------------------------------|---------------|--------|--------|------------|--------------------|
| 10 | Francisco Pozo Martínez (1953)   | <b>21'19"</b> | 21'19" | 21'30" | 10/12/2023 | Viladecans         |
| 11 | Prudencio Pérez Hernández (1947) | <b>21'49"</b> | 21'49" | 22'24" | 13/12/2015 | Viladecans (C.CAT) |
| 12 | Albert Artigas Lloret (1955)     | <b>22'05"</b> | 22'05" | 22'09" | 08/12/2019 | Viladecans         |
| 13 | Francesc Moreno Millán (1967)    | <b>23'02"</b> | 23'02" | 27'03" | 26/12/2023 | El Masnou          |
| 14 | Alfred Torrents Font (1955)      | <b>23'53"</b> | 23'53" | 25'00" | 13/12/2015 | Viladecans (C.CAT) |
| 15 | Diego Palma Jiménez (1953)       | <b>23'58"</b> | 23'58" | 24'03" | 19/12/2010 | Lloret de Mar      |
| 16 | Josep Casas Porras (1963)        | <b>25'47"</b> | 25'47" | 33'46" | 26/12/2023 | El Masnou          |
| 17 | Enrique Sánchez Zapata (1967)    | <b>27'09"</b> | 27'09" | 27'37" | 26/12/2022 | El Masnou          |

**(R) 10 km**

M55

|    |   | MARCA TR        | T_Real   | T_Ofic   |            |                           |
|----|---|-----------------|----------|----------|------------|---------------------------|
| 1  | Ferran Rey Roncero (1967)               | <b>35'07"</b>   | 35'07"   | 35'12"   | 31/12/2022 | Barcelona                 |
| 2  | Alfred Redrado Gil (1967)               | <b>35'40"</b>   | 35'40"   | 35'40"   | 27/11/2022 | Barcelona                 |
| 3  | José Castro Notario (1956)              | <b>41'17"</b>   | 41'17"   | 41'48"   | 31/12/2012 | Barcelona                 |
| 4  | Alfonso Ciller Abril (1949)             | <b>41'19"</b>   | 41'19"   | 41'49"   | 31/12/2005 | Barcelona                 |
| 5  | Prudencio Pérez Hernández (1947)        | <b>42'07"</b>   | 42'07"   | 42'10"   | 31/03/2012 | Grao de Castellón         |
| 6  | Manuel Iribarren Hernández (1953)       | <b>42'13"</b>   | 42'13"   | 43'03"   | 31/12/2009 | Barcelona                 |
| 7  | Juan Pedro Sanz Coca (1967)             | <b>42'22"</b>   | 42'22"   | 42'27"   | 26/01/2025 | Barcelona (C.CAT)         |
| 8  | Francisco Molina Rubio (1963)           | <b>42'26"</b>   | 42'26"   | 42'45"   | 29/10/2022 | Canovelles                |
| 9  | José Povedano Arribas (1958)            | <b>42'41"</b>   |          | 42'41"   | 15/04/2018 | Iurreta (Biscaia) (C.ESP) |
| 10 | Francesc Garcia Alvarado (1954)         | <b>42'51"</b>   |          | 42'51"   | 05/04/2009 | Barcelona                 |
| 11 | Joan Miquel Coromina Castell (1967)     | <b>43'13"</b>   | 43'13"   | 43'15"   | 25/02/2024 | Castelló de la Plana      |
| 12 | José Luis Martín López (1962)           | <b>43'59"</b>   | 43'59"   | 45'11"   | 31/12/2018 | Barcelona                 |
| 13 | Francisco Pozo Martínez (1953)          | <b>44'18"</b>   | 44'18"   | 44'19"   | 25/02/2024 | Castelló de la Plana      |
| 14 | Pedro Gómez Fernández (1961)            | <b>45'12"</b>   | 45'12"   | 49'23"   | 01/12/2019 | Barcelona                 |
| 15 | Antonio Rosal Rodríguez (1968)          | <b>45'19"</b>   | 45'19"   | 47'30"   | 26/11/2023 | Barcelona                 |
| 16 | Diego Palma Jiménez (1953)              | <b>45'51"</b>   |          | 45'51"   | 04/05/2008 | Montmeló                  |
| 17 | Albert Artigas Lloret (1955)            | <b>45'56"</b>   |          | 45'56"   | 17/10/2010 | Sabadell                  |
| 18 | Francisco Lancho Borreguero (1945)      | <b>46'08"</b>   |          | 46'08"   | 09/04/2006 | Barcelona                 |
| 19 | Victoriano Valcárcel Rosas (1953)       | <b>47'07"</b>   | 47'07"   | 47'08"   | 05/04/2009 | Barcelona                 |
| 20 | Alfred Torrents Font (1955)             | <b>47'14"</b>   |          | 47'14"   | 03/04/2011 | Girona                    |
| 21 | Francisco Manuel Martínez Cortés (1956) | <b>48'26"</b>   | 48'26"   | 49'05"   | 31/12/2011 | Barcelona                 |
| 22 | Francesc Moreno Millán (1967)           | <b>48'43"</b>   | 48'43"   | 53'32"   | 26/11/2023 | Barcelona                 |
| 23 | Pablo Alfimof González (1968)           | <b>50'04"</b>   | 50'04"   | 58'08"   | 31/12/2023 | Barcelona                 |
| 24 | Juan José Pérez Vera (1956)             | <b>51'12"</b>   | 51'12"   | 52'26"   | 01/04/2012 | La Llagosta               |
| 25 | José Gómez Munuera (1959)               | <b>53'00"</b>   | 53'00"   | 54'01"   | 12/07/2015 | Barcelona (C.CAT)         |
| 26 | Pedro Martínez Carrasco (1952)          | <b>53'39"</b>   |          | 53'39"   | 05/04/2009 | Barcelona                 |
| 27 | Manuel Molina García (1961)             | <b>56'32"</b>   | 56'32"   | 1h01'56" | 17/09/2017 | Barcelona                 |
| 28 | Ramon Colomer Besalú (1945)             | <b>1h04'59"</b> | 1h04'59" | 1h05'15" | 18/05/2019 | Mataró                    |

**(R) Mitja maratón**

M55

|   |                                   | MARCA TR        | T_Real   | T_Ofic   |            |                      |
|---|-----------------------------------|-----------------|----------|----------|------------|----------------------|
| 1 | Ferran Rey Roncero (1967)         | <b>1h21'05"</b> | 1h21'05" | 1h21'07" | 18/01/2026 | Granollers (C.CAT)   |
| 2 | Alfred Redrado Gil (1967)         | <b>1h22'17"</b> |          | 1h22'17" | 19/06/2022 | Paterna (C.ESP)      |
| 3 | Juan Antonio Sabán Carmona (1947) | <b>1h28'56"</b> | 1h28'56" | 1h28'58" | 06/12/2009 | Mataró               |
| 4 | Alfonso Ciller Abril (1949)       | <b>1h29'53"</b> |          | 1h29'53" | 25/03/2007 | Montornés del Vallès |

|    |                                       |                 |          |          |            |                              |
|----|---------------------------------------|-----------------|----------|----------|------------|------------------------------|
| 5  | Pedro Gómez Fernández (1961)          | <b>1h30'54"</b> | 1h30'54" | 1h31'01" | 18/05/2019 | Mataró                       |
| 6  | Prudencio Pérez Hernández (1947)      | <b>1h32'59"</b> | 1h32'59" | 1h33'18" | 12/12/2004 | Mataró                       |
| 7  | Juan Pedro Sanz Coca (1967)           | <b>1h33'16"</b> |          | 1h33'16" | 14/05/2023 | Santander (C.ESP)            |
| 8  | José Povedano Arribas (1958)          | <b>1h33'22"</b> |          | 1h33'22" | 20/05/2018 | Alicante (C.EUR)             |
| 9  | Francisco Lancho Borreguero (1945)    | <b>1h33'56"</b> |          | 1h33'56" | 06/05/2001 | Mataró                       |
| 10 | Ángel Cáceres Prieto (1955)           | <b>1h34'38"</b> |          | 1h34'38" | 27/03/2011 | Montornés del Vallès         |
| 11 | José Castro Notario (1956)            | <b>1h34'39"</b> | 1h34'39" | 1h35'11" | 01/12/2013 | Mataró                       |
| 12 | Antonio López Trillo (1940)           | <b>1h37'05"</b> |          | 1h37'05" | 18/01/1998 | Granollers                   |
| 13 | Manuel Iribarren Hernández (1953)     | <b>1h37'07"</b> | 1h37'07" | 1h37'31" | 05/12/2010 | Mataró                       |
| 14 | Joan Miquel Coromina Castell (1967)   | <b>1h37'15"</b> | 1h37'15" | 1h37'18" | 06/04/2025 | Montornés del Vallès (C.CAT) |
| 15 | Francisco Pozo Martínez (1953)        | <b>1h37'28"</b> |          | 1h37'28" | 20/05/2018 | Alicante (C.EUR)             |
| 16 | Francesc Garcia Alvarado (1954)       | <b>1h37'59"</b> |          | 1h37'59" | 01/02/2009 | Granollers                   |
| 17 | Josep Casas Porras (1963)             | <b>1h38'30"</b> | 1h38'30" | 1h38'43" | 19/09/2021 | Calella                      |
| 18 | José Antonio Ballesta Ballesta (1962) | <b>1h39'17"</b> |          | 1h39'17" | 20/05/2018 | Alicante (C.EUR)             |
| 19 | Antonio Rosal Rodríguez (1968)        | <b>1h39'30"</b> | 1h39'30" | 1h39'41" | 05/11/2023 | Sant Cugat del Vallès        |
| 20 | Tomás Coria Moreno (1943)             | <b>1h43'24"</b> |          | 1h43'24" | 18/01/1998 | Granollers                   |
| 21 | Francesc Moreno Millán (1967)         | <b>1h43'52"</b> | 1h43'52" | 1h49'33" | 05/02/2023 | Granollers                   |
| 22 | Josep Valero Lara (1968)              | <b>1h43'58"</b> | 1h43'58" | 1h44'31" | 27/10/2024 | Valencia                     |
| 23 | Diego Palma Jiménez (1953)            | <b>1h44'00"</b> |          | 1h44'00" | 12/10/2008 | Reus                         |
| 24 | Mariano Ruiz Gallardo (1960)          | <b>1h47'15"</b> | 1h47'15" | 1h48'05" | 23/04/2017 | Montornés del Vallès         |
| 25 | Alfred Torrents Font (1955)           | <b>1h47'52"</b> | 1h47'52" | 1h48'23" | 30/01/2011 | Barcelona                    |
| 26 | Manuel Molina García (1961)           | <b>1h47'53"</b> | 1h47'53" | 1h52'09" | 04/02/2018 | Granollers                   |
| 27 | Antonio Prados Jiménez (1943)         | <b>1h52'15"</b> |          | 1h52'15" | 17/04/2005 | Olot                         |
| 28 | Lluís Llaquet Altemir (1959)          | <b>1h54'28"</b> | 1h54'28" | 1h54'31" | 03/04/2022 | Barcelona                    |
| 29 | Domingo Sáez Chacón (1951)            | <b>2h01'13"</b> |          | 2h01'13" | 23/02/2020 | Nàpols (Itàlia)              |
| 30 | Juan Sánchez Rodríguez (1951)         | <b>2h01'14"</b> |          | 2h01'14" | 23/02/2020 | Nàpols (Itàlia)              |
| 31 | José Gómez Munuera (1959)             | <b>2h03'24"</b> | 2h03'24" | 2h10'28" | 14/02/2016 | Barcelona                    |

### (R) Marató

M55

|    |                                    | MARCA TR        | T_Real   | T_Ofic   |            |               |
|----|------------------------------------|-----------------|----------|----------|------------|---------------|
| 1  | Jaume Itchart Boté (1940)          | <b>3h07'</b>    |          | 3h07'    | 04/02/1996 | Valencia      |
| 2  | Alfonso Ciller Abril (1949)        | <b>3h16'13"</b> |          | 3h16'13" | 28/11/2004 | San Sebastián |
| 3  | Pedro Gómez Fernández (1961)       | <b>3h16'36"</b> | 3h16'36" | 3h16'59" | 07/11/2021 | Barcelona     |
| 4  | Antonio Rosal Rodríguez (1968)     | <b>3h25'20"</b> | 3h25'20" | 3h25'30" | 03/12/2023 | Valencia      |
| 5  | Prudencio Pérez Hernández (1947)   | <b>3h30'11"</b> |          | 3h30'11" | 29/02/2004 | Sevilla       |
| 6  | Josep Casas Porras (1963)          | <b>3h30'29"</b> | 3h30'29" | 3h31'50" | 03/12/2023 | Valencia      |
| 7  | Mariano Ruiz Gallardo (1960)       | <b>3h35'29"</b> | 3h35'29" | 3h36'33" | 02/12/2018 | Valencia      |
| 8  | Francesc Garcia Alvarado (1954)    | <b>3h44'07"</b> | 3h44'07" | 3h51'22" | 06/03/2011 | Barcelona     |
| 9  | Francesc Moreno Millán (1967)      | <b>3h46'39"</b> | 3h46'39" | 3h51'33" | 05/03/2023 | Tokyo (Japó)  |
| 10 | Alfred Torrents Font (1955)        | <b>4h02'32"</b> | 4h02'32" | 4h05'34" | 06/03/2011 | Barcelona     |
| 11 | Fernando Quintana Rodríguez (1970) | <b>4h18'37"</b> | 4h18'37" | 4h19'47" | 15/02/2026 | Sevilla       |

## MÀSTER M50

**(R) Milla Urbana**

M50

|    |                                  | MARCA TR       | T_Real | T_Ofic  |            |                               |
|----|----------------------------------|----------------|--------|---------|------------|-------------------------------|
| 1  | Joaquín Joyas Albertus (1958)    | <b>04:52,0</b> |        | 04:52,0 | 25/04/2010 | Barcelona                     |
| 2  | Albert López Font (1970)         | <b>04:56,0</b> |        | 04:56,0 | 05/06/2022 | Montcada i Reixac             |
| 3  | Ferran Rey Roncero (1967)        | <b>05:11,0</b> |        | 05:11,0 | 24/10/2021 | Canet de Mar (C.CAT)          |
| 4  | Sergi Martín García (1975)       | <b>05:23,0</b> |        | 05:23,0 | 08/06/2025 | Montcada i Reixac             |
| 5  | Benjamín Mallo Molina (1972)     | <b>05:29,0</b> |        | 05:29,0 | 08/06/2025 | Montcada i Reixac (C.CAT)     |
| 6  | Francisco Molina Rubio (1963)    | <b>05:42,0</b> |        | 05:42,0 | 09/06/2019 | Montcada i Reixac             |
| 7  | Nabi Abdelkader (1970)           | <b>05:43,0</b> |        | 05:43,0 | 29/06/2025 | Palau - Solità i Plegamans    |
| 8  | Juan Pedro Sanz Coca (1967)      | <b>05:48,0</b> |        | 05:48,0 | 01/07/2018 | Palau - Solità i Plegamans    |
| 9  | Jordi Villalba Vera (1962)       | <b>06:05,0</b> |        | 06:05,0 | 05/06/2022 | Montcada i Reixac             |
| 10 | José Povedano Arribas (1958)     | <b>06:15,0</b> |        | 06:15,0 | 30/06/2019 | Palau - Solità i Plegamans    |
| 11 | José Luis Martín López (1962)    | <b>06:19,0</b> |        | 06:19,0 | 26/04/2015 | Barcelona                     |
| 12 | Francisco Pozo Martínez (1953)   | <b>06:22,0</b> |        | 06:22,0 | 02/07/2023 | Palau - Solità i Plegamans (C |
| 13 | Prudencio Pérez Hernández (1947) | <b>07:10,0</b> |        | 07:10,0 | 01/07/2018 | Palau - Solità i Plegamans    |
| 14 | Albert Artigas Lloret (1955)     | <b>07:12,0</b> |        | 07:12,0 | 04/06/2023 | Montcada i Reixac             |
| 15 | Alfred Torrents Font (1955)      | <b>07:16,0</b> |        | 07:16,0 | 08/06/2025 | Montcada i Reixac (C.CAT)     |

**(R) 5 km**

M50

|    |                                     | MARCA TR      | T_Real | T_Ofic |            |                       |
|----|-------------------------------------|---------------|--------|--------|------------|-----------------------|
| 1  | Albert López Font (1970)            | <b>16'35"</b> |        | 16'35" | 09/05/2021 | El Prat del Llobregat |
| 2  | Ferran Rey Roncero (1967)           | <b>16'42"</b> | 16'42" | 16'43" | 12/12/2021 | Viladecans (C.CAT)    |
| 3  | Joaquín Joyas Albertus (1958)       | <b>16'59"</b> |        | 16'59" | 27/12/2009 | Lloret de Mar         |
| 4  | Alfred Redrado Gil (1967)           | <b>17'24"</b> | 17'24" | 17'28" | 11/12/2022 | Viladecans (C.CAT)    |
| 5  | Albert Roselló Castañares (1971)    | <b>17'53"</b> | 17'53" | 17'54" | 26/12/2024 | El Masnou             |
| 6  | Nabi Abdelkader (1970)              | <b>18'14"</b> | 18'14" | 18'16" | 26/12/2021 | El Masnou             |
| 7  | Jaume Planas Roy (1971)             | <b>18'25"</b> | 18'25" | 18'31" | 26/12/2022 | El Masnou             |
| 8  | Benjamín Mallo Molina (1972)        | <b>19'05"</b> | 19'05" | 19'13" | 25/01/2026 | Barcelona (C.CAT)     |
| 9  | Juan Pedro Sanz Coca (1967)         | <b>19'24"</b> | 19'24" | 19'27" | 27/01/2019 | Terrassa (C.CAT)      |
| 10 | Ernesto Fletas Pablos (1972)        | <b>19'32"</b> | 19'32" | 19'44" | 25/01/2026 | Barcelona             |
| 11 | Mariano Ruiz Gallardo (1960)        | <b>19'45"</b> | 19'45" | 19'51" | 19/12/2010 | Lloret de Mar         |
| 12 | Salva Carrillo Domínguez (1973)     | <b>19'46"</b> | 19'46" | 25'03" | 26/12/2024 | El Masnou             |
| 13 | Francisco Molina Rubio (1963)       | <b>20'01"</b> | 20'01" | 20'05" | 11/12/2022 | Viladecans (C.CAT)    |
| 14 | Antonio Rosal Rodríguez (1968)      | <b>20'17"</b> | 20'17" | 21'03" | 26/12/2022 | El Masnou             |
| 15 | José Povedano Arribas (1958)        | <b>20'26"</b> | 20'26" | 21'27" | 13/12/2015 | Viladecans (C.CAT)    |
| 16 | Jordi Villalba Vera (1962)          | <b>20'40"</b> | 20'40" | 20'43" | 11/12/2022 | Viladecans (C.CAT)    |
| 17 | Joan Miquel Coromina Castell (1967) | <b>20'41"</b> | 20'41" | 20'51" | 10/12/2023 | Viladecans            |
| 18 | Francisco Pozo Martínez (1953)      | <b>21'19"</b> | 21'19" | 21'30" | 10/12/2023 | Viladecans            |
| 19 | Ángel Cáceres Prieto (1955)         | <b>21'47"</b> | 21'47" | 22'12" | 19/12/2010 | Lloret de Mar         |
| 20 | Prudencio Pérez Hernández (1947)    | <b>21'49"</b> | 21'49" | 22'24" | 13/12/2015 | Viladecans (C.CAT)    |
| 21 | Albert Artigas Lloret (1955)        | <b>22'05"</b> | 22'05" | 22'09" | 08/12/2019 | Viladecans            |
| 22 | Sergi Solanas Almarcha (1972)       | <b>22'43"</b> | 22'43" | 26'44" | 26/12/2023 | El Masnou             |
| 23 | Francesc Moreno Millán (1967)       | <b>23'02"</b> | 23'02" | 27'03" | 26/12/2023 | El Masnou             |
| 24 | Alfred Torrents Font (1955)         | <b>23'53"</b> | 23'53" | 25'00" | 13/12/2015 | Viladecans (C.CAT)    |
| 25 | Diego Palma Jiménez (1953)          | <b>23'58"</b> | 23'58" | 24'03" | 19/12/2010 | Lloret de Mar         |

|    |                                  |               |        |        |            |                      |
|----|----------------------------------|---------------|--------|--------|------------|----------------------|
| 26 | Miguel Ángel Gámez García (1971) | <b>24'07"</b> | 24'07" | 24'39" | 12/12/2021 | Viladecans           |
| 27 | Juan José Pérez Vera (1956)      | <b>24'57"</b> | 24'57" | 25'01" | 28/12/2008 | Lloret de Mar        |
| 28 | Josep Casas Porras (1963)        | <b>25'47"</b> | 25'47" | 33'46" | 26/12/2023 | El Masnou            |
| 29 | Manuel Molina García (1961)      | <b>27'48"</b> | 27'48" | 28'08" | 21/02/2015 | Vilanova i la Geltrú |

**(R) 10 km**

**M50**

|    |   | MARCA TR      | T_Real | T_Ofic |            |                             |
|----|---|---------------|--------|--------|------------|-----------------------------|
| 1  | Miguel Ángel Molina Porcel (1974)       | <b>33'50"</b> | 33'50" | 33'54" | 31/12/2025 | Barcelona                   |
| 2  | Ferran Rey Roncero (1967)               | <b>34'25"</b> | 34'25" | 34'28" | 31/12/2019 | Barcelona                   |
| 3  | Joaquín Joyas Albertus (1958)           | <b>34'39"</b> | 34'39" | 34'46" | 17/04/2011 | La Llagosta                 |
| 4  | Alfred Redrado Gil (1967)               | <b>35'39"</b> | 35'39" | 35'44" | 31/12/2019 | Barcelona                   |
| 5  | Albert Roselló Castañares (1971)        | <b>35'43"</b> | 35'43" | 35'47" | 31/12/2023 | Barcelona                   |
| 6  | Albert López Font (1970)                | <b>36'24"</b> | 36'24" | 36'27" | 20/06/2021 | Olesa de Montserrat (C.CAT) |
| 7  | Nabi Abdelkader (1970)                  | <b>37'19"</b> | 37'19" |        | 31/12/2021 | Badalona                    |
| 8  | Sergi Martín García (1975)              | <b>38'01"</b> | 38'01" | 38'11" | 21/09/2025 | Barcelona                   |
| 9  | Jaume Planas Roy (1971)                 | <b>38'20"</b> | 38'20" | 38'28" | 31/12/2022 | Barcelona                   |
| 10 | Francisco Chaves Mejías (1956)          | <b>38'29"</b> | 38'29" | 38'31" | 31/05/2008 | Pineda de Mar               |
| 11 | Juan Pedro Sanz Coca (1967)             | <b>39'29"</b> | 39'29" | 39'38" | 21/01/2018 | Barcelona (C.CAT)           |
| 12 | Benjamín Mallo Molina (1972)            | <b>39'49"</b> | 39'49" | 39'49" | 11/05/2025 | El Prat del Llobregat       |
| 13 | José Castro Notario (1956)              | <b>39'54"</b> | 39'54" | 40'20" | 31/12/2006 | Barcelona                   |
| 14 | Francisco Molina Rubio (1963)           | <b>40'00"</b> |        | 40'00" | 15/04/2018 | Iurreta (Biscaia) (C.ESP)   |
| 15 | Mariano Ruiz Gallardo (1960)            | <b>40'36"</b> | 40'36" | 42'04" | 10/06/2012 | Pineda de Mar               |
| 16 | Salva Carrillo Domínguez (1973)         | <b>41'04"</b> | 41'04" | 41'32" | 26/01/2025 | Barcelona (C.CAT)           |
| 17 | Alfonso Ciller Abril (1949)             | <b>41'05"</b> |        | 41'05" | 21/10/2001 | Sabadell                    |
| 18 | Alfred Torrents Font (1955)             | <b>41'14"</b> | 41'14" | 41'24" | 31/12/2006 | Barcelona                   |
| 19 | Francesc Garcia Alvarado (1954)         | <b>41'47"</b> | 41'47" | 41'52" | 18/04/2004 | Barcelona                   |
| 20 | Ernesto Fletas Pablos (1972)            | <b>42'14"</b> | 42'14" | 42'16" | 31/12/2025 | Barcelona                   |
| 21 | Albert Artigas Lloret (1955)            | <b>42'35"</b> |        | 42'35" | 01/04/2007 | Barcelona                   |
| 22 | Manuel Iribarren Hernández (1953)       | <b>42'39"</b> |        | 42'39" | 31/12/2003 | Barcelona                   |
| 23 | José Povedano Arribas (1958)            | <b>42'41"</b> |        | 42'41" | 15/04/2018 | Iurreta (Biscaia) (C.ESP)   |
| 24 | Prudencio Pérez Hernández (1947)        | <b>43'07"</b> | 43'07" | 43'18" | 05/06/2011 | Pineda de Mar               |
| 25 | Joan Miquel Coromina Castell (1967)     | <b>43'13"</b> | 43'13" | 43'15" | 25/02/2024 | Castelló de la Plana        |
| 26 | José Luis Martín López (1962)           | <b>43'14"</b> | 43'14" | 44'13" | 31/12/2016 | Barcelona                   |
| 27 | Jordi Pelegrí Altarriba (1956)          | <b>43'43"</b> |        | 43'43" | 01/04/2007 | Barcelona                   |
| 28 | Vicente Vázquez Moreno (1955)           | <b>44'10"</b> | 44'10" | 44'49" | 04/06/2006 | Pineda de Mar               |
| 29 | Francisco Pozo Martínez (1953)          | <b>44'18"</b> | 44'18" | 44'19" | 25/02/2024 | Castelló de la Plana        |
| 30 | Ángel Cáceres Prieto (1955)             | <b>44'35"</b> | 44'35" | 48'32" | 21/09/2008 | Barcelona                   |
| 31 | Tomás Santiago Sierra (1953)            | <b>44'49"</b> | 44'49" | 46'05" | 31/12/2003 | Barcelona                   |
| 32 | Manuel Molina García (1961)             | <b>44'52"</b> | 44'52" | 44'54" | 31/05/2015 | El Prat del Llobregat       |
| 33 | Diego Palma Jiménez (1953)              | <b>45'13"</b> |        | 45'13" | 01/04/2007 | Barcelona                   |
| 34 | Antonio Rosal Rodríguez (1968)          | <b>45'19"</b> | 45'19" | 47'30" | 26/11/2023 | Barcelona                   |
| 35 | José Antonio Ballesta Ballesta (1962)   | <b>45'22"</b> | 45'22" | 45'24" | 31/05/2015 | El Prat del Llobregat       |
| 36 | Francisco Manuel Martínez Cortés (1956) | <b>45'40"</b> | 45'40" | 46'05" | 31/12/2006 | Barcelona                   |
| 37 | Francisco Lancho Borreguero (1945)      | <b>46'08"</b> |        | 46'08" | 09/04/2006 | Barcelona                   |
| 38 | David Martínez González (1968)          | <b>46'18"</b> | 46'18" | 51'05" | 31/12/2018 | Barcelona                   |

|    |                                   |                 |          |          |            |                   |
|----|-----------------------------------|-----------------|----------|----------|------------|-------------------|
| 39 | Francesc Moreno Millán (1967)     | <b>46'27"</b>   |          | 46'27"   | 09/06/2019 | Tudela (C.ESP)    |
| 40 | Ángel Prats Palencia (1948)       | <b>46'53"</b>   |          | 46'53"   | 21/10/2001 | Sabadell          |
| 41 | Juan Antonio López Rojano (1960)  | <b>46'56"</b>   | 46'56"   | 47'02"   | 01/05/2011 | Parets del Vallès |
| 42 | Victoriano Valcárcel Rosas (1953) | <b>47'07"</b>   | 47'07"   | 47'08"   | 05/04/2009 | Barcelona         |
| 43 | Juan José Pérez Vera (1956)       | <b>47'11"</b>   |          | 47'11"   | 22/04/2007 | Montmeló          |
| 44 | Josep Ramírez García (1962)       | <b>47'16"</b>   | 47'16"   | 50'06"   | 24/11/2013 | Barcelona         |
| 45 | Enrique Sánchez Zapata (1967)     | <b>47'28"</b>   | 47'28"   | 48'55"   | 31/12/2017 | Barcelona         |
| 46 | Nicolás Morón Carande (1972)      | <b>48'44"</b>   | 48'44"   | 49'59"   | 29/09/2024 | Barcelona         |
| 47 | Pablo Alfimof González (1968)     | <b>48'48"</b>   | 48'48"   | 54'39"   | 31/12/2022 | Barcelona         |
| 48 | Toni Perona Robles (1974)         | <b>49'09"</b>   | 49'09"   | 56'44"   | 31/12/2025 | Barcelona         |
| 49 | Josep Fuentes Gómez (1973)        | <b>49'56"</b>   | 49'56"   | 57'59"   | 31/12/2023 | Barcelona         |
| 50 | José Gómez Munuera (1959)         | <b>53'00"</b>   | 53'00"   | 54'01"   | 12/07/2015 | Barcelona (C.CAT) |
| 51 | Antoni Bonjoch Turell (1958)      | <b>53'10"</b>   | 53'10"   | 53'38"   | 25/04/2010 | La Llagosta       |
| 52 | Pedro Martínez Carrasco (1952)    | <b>53'39"</b>   |          | 53'39"   | 05/04/2009 | Barcelona         |
| 53 | Sergi Solanas Almarcha (1972)     | <b>53'59"</b>   |          | 53'59"   | 13/09/2025 | Helsinki          |
| 54 | Miguel Ángel Gámez García (1971)  | <b>54'15"</b>   | 54'15"   | 57'59"   | 26/11/2023 | Barcelona         |
| 55 | Emilio Sánchez Rumi (1964)        | <b>58'58"</b>   | 58'58"   | 1h10'10" | 29/09/2019 | Barcelona         |
| 56 | Ramon Colomer Besalú (1945)       | <b>1h04'59"</b> | 1h04'59" | 1h05'15" | 18/05/2019 | Mataró            |
| 57 | David Sans Quer (1966)            | <b>1h09'41"</b> | 1h09'41" | 1h09'57" | 05/06/2016 | Pineda de Mar     |

### (R) 20 km

M50

|    |                                   | MARCA TR        | T_Real | T_Ofic   |            |               |
|----|-----------------------------------|-----------------|--------|----------|------------|---------------|
| 1  | Hilario Adalid Olmo (1940)        | <b>1h16'34"</b> |        | 1h16'34" | 24/11/1991 | Ripoll        |
| 2  | Jaume Itchart Boté (1940)         | <b>1h16'39"</b> |        | 1h16'39" | 25/11/1990 | Ripoll        |
| 3  | Ginés Abril Fernández (1938)      | <b>1h27'27"</b> |        | 1h27'27" | 24/11/1991 | Ripoll        |
| 4  | Albert Artigas Lloret (1955)      | <b>1h29'47"</b> |        | 1h29'47" | 11/11/2007 | San Sebastián |
| 5  | Ángel Cáceres Prieto (1955)       | <b>1h32'56"</b> |        | 1h32'56" | 09/11/2008 | San Sebastián |
| 6  | Josep Vizcaíno Mora (1942)        | <b>1h33'54"</b> |        | 1h33'54" | 29/11/1992 | Ripoll        |
| 7  | Francesc Garcia Alvarado (1954)   | <b>1h39'22"</b> |        | 1h39'22" | 09/11/2008 | San Sebastián |
| 8  | Prudencio Pérez Hernández (1947)  | <b>1h39'30"</b> |        | 1h39'30" | 17/09/2000 | Ceret         |
| 9  | José Dionisio Serrano Soto (1940) | <b>1h42'</b>    |        | 1h42'    | 29/11/1992 | Ripoll        |
| 10 | David Martínez González (1968)    | <b>1h47'11"</b> |        | 1h47'11" | 11/11/2018 | Behobia       |

### (R) Mitja maratón

M50

|    |                                   | MARCA TR        | T_Real   | T_Ofic   |            |                      |
|----|-----------------------------------|-----------------|----------|----------|------------|----------------------|
| 1  | Miguel Ángel Molina Porcel (1974) | <b>1h14'04"</b> | 1h14'04" | 1h14'31" | 16/02/2025 | Barcelona            |
| 2  | Ferran Rey Roncero (1967)         | <b>1h17'58"</b> | 1h17'58" | 1h18'07" | 11/02/2018 | Barcelona            |
| 3  | Hilario Adalid Olmo (1940)        | <b>1h18'30"</b> |          | 1h18'30" | 20/01/1991 | Granollers           |
| 4  | Albert Roselló Castañares (1971)  | <b>1h18'57"</b> | 1h18'57" | 1h18'57" | 18/09/2022 | Calella              |
| 5  | Alfred Redrado Gil (1967)         | <b>1h21'50"</b> | 1h21'50" |          | 03/12/2017 | Mataró               |
| 6  | Alfonso Ciller Abril (1949)       | <b>1h22'09"</b> |          | 1h22'09" | 27/02/2000 | Montornés del Vallès |
| 7  | Albert Vilaseca Llinés (1972)     | <b>1h23'14"</b> | 1h23'14" | 1h23'20" | 26/04/2026 | Gavà                 |
| 8  | Jaume Planas Roy (1971)           | <b>1h23'50"</b> | 1h23'50" | 1h24'08" | 19/02/2023 | Barcelona            |
| 9  | Anastasi Codosal Jato (1944)      | <b>1h25'30"</b> |          | 1h25'30" | 21/01/1996 | Granollers           |
| 10 | Juan Pedro Sanz Coca (1967)       | <b>1h25'56"</b> | 1h25'56" | 1h26'26" | 10/02/2019 | Barcelona            |
| 11 | Salva Carrillo Domínguez (1973)   | <b>1h26'00"</b> | 1h26'00" | 1h26'33" | 28/01/2024 | Sevilla              |

|    |   |                 |          |          |            |                              |
|----|---|-----------------|----------|----------|------------|------------------------------|
| 12 | Francisco Chaves Mejías (1956)          | <b>1h26'30"</b> |          | 1h26'30" | 03/02/2008 | Granollers                   |
| 13 | Manuel Iribarren Hernández (1953)       | <b>1h28'15"</b> |          | 1h28'15" | 01/02/2004 | Granollers                   |
| 14 | Benjamín Mallo Molina (1972)            | <b>1h28'32"</b> | 1h28'32" | 1h30'21" | 02/03/2025 | Granollers                   |
| 15 | José Castro Notario (1956)              | <b>1h28'43"</b> |          | 1h28'43" | 04/02/2007 | Granollers                   |
| 16 | Juan Antonio Sabán Carmona (1947)       | <b>1h28'56"</b> | 1h28'56" | 1h28'58" | 06/12/2009 | Mataró                       |
| 17 | Andrés Valenzuela Carmona (1956)        | <b>1h29'08"</b> | 1h29'08" | 1h29'22" | 06/12/2009 | Mataró                       |
| 18 | Jacinto Rodríguez Sánchez (1958)        | <b>1h29'14"</b> |          | 1h29'14" | 01/02/2009 | Granollers                   |
| 19 | Mariano Ruiz Gallardo (1960)            | <b>1h29'57"</b> | 1h29'57" | 1h30'06" | 27/03/2011 | Montornés del Vallès         |
| 20 | Pedro Gómez Fernández (1961)            | <b>1h30'54"</b> | 1h30'54" | 1h31'01" | 18/05/2019 | Mataró                       |
| 21 | Alfred Torrents Font (1955)             | <b>1h31'13"</b> |          | 1h31'13" | 04/02/2007 | Granollers                   |
| 22 | Xavier Fernández Medialdea (1974)       | <b>1h31'13"</b> | 1h31'13" | 1h33'02" | 02/03/2025 | Granollers                   |
| 23 | Francisco Lancho Borreguero (1945)      | <b>1h31'14"</b> |          | 1h31'14" | 28/02/1999 | Montornés del Vallès         |
| 24 | Jacinto Lozano Gamito (1947)            | <b>1h31'24"</b> | 1h31'24" | 1h31'28" | 09/05/1999 | Mataró                       |
| 25 | Francisco Molina Rubio (1963)           | <b>1h31'24"</b> |          | 1h31'24" | 20/05/2018 | Alicante (C.EUR)             |
| 26 | Oriol Berengueres Llordes (1975)        | <b>1h32'29"</b> | 1h32'29" | 1h32'39" | 18/01/2026 | Granollers                   |
| 27 | Francesc Garcia Alvarado (1954)         | <b>1h32'53"</b> |          | 1h32'53" | 29/02/2004 | Montornés del Vallès         |
| 28 | Prudencio Pérez Hernández (1947)        | <b>1h32'59"</b> | 1h32'59" | 1h33'18" | 12/12/2004 | Mataró                       |
| 29 | José Povedano Arribas (1958)            | <b>1h33'22"</b> |          | 1h33'22" | 20/05/2018 | Alicante (C.EUR)             |
| 30 | Antonio Rosal Rodríguez (1968)          | <b>1h34'00"</b> | 1h34'00" | 1h34'16" | 19/02/2023 | Barcelona                    |
| 31 | Joan Antoni Martínez Giménez (1961)     | <b>1h34'02"</b> | 1h34'02" | 1h34'49" | 04/03/2012 | Calella                      |
| 32 | Ángel Cáceres Prieto (1955)             | <b>1h34'38"</b> |          | 1h34'38" | 27/03/2011 | Montornés del Vallès         |
| 33 | Vicente Vázquez Moreno (1955)           | <b>1h34'45"</b> |          | 1h34'45" | 25/03/2007 | Montornés del Vallès         |
| 34 | Ginés Abril Fernández (1938)            | <b>1h34'47"</b> |          | 1h34'47" | 22/02/1991 | Roda de Ter                  |
| 35 | Ángel Prats Palencia (1948)             | <b>1h35'25"</b> |          | 1h35'25" | 24/01/1999 | Granollers                   |
| 36 | Antonio López Trillo (1940)             | <b>1h37'05"</b> |          | 1h37'05" | 18/01/1998 | Granollers                   |
| 37 | José Antonio Ballesta Ballesta (1962)   | <b>1h37'14"</b> | 1h37'14" | 1h37'57" | 04/03/2012 | Calella                      |
| 38 | José Antonio Ballesta Ballesta (1962)   | <b>1h37'14"</b> | 1h37'14" | 1h38'14" | 08/03/2015 | Montornés del Vallès         |
| 39 | Joan Miquel Coromina Castell (1967)     | <b>1h37'15"</b> | 1h37'15" | 1h37'18" | 06/04/2025 | Montornés del Vallès (C.CAT) |
| 40 | Francisco Pozo Martínez (1953)          | <b>1h37'28"</b> |          | 1h37'28" | 20/05/2018 | Alicante (C.EUR)             |
| 41 | Albert Artigas Lloret (1955)            | <b>1h37'38"</b> |          | 1h37'38" | 07/05/2006 | Olot                         |
| 42 | Jordi Pelegrí Altarriba (1956)          | <b>1h37'57"</b> |          | 1h37'57" | 03/02/2008 | Granollers                   |
| 43 | Josep Vizcaíno Mora (1942)              | <b>1h38'14"</b> |          | 1h38'14" | 19/01/1992 | Granollers                   |
| 44 | Eduardo Reboredo Zweiger (1959)         | <b>1h38'23"</b> | 1h38'23" | 1h39'12" | 05/12/2010 | Mataró                       |
| 45 | Josep Casas Porras (1963)               | <b>1h38'30"</b> | 1h38'30" | 1h38'43" | 19/09/2021 | Calella                      |
| 46 | Sebastián Espartero Caballero (1949)    | <b>1h38'43"</b> |          | 1h38'43" | 07/02/1999 | Barcelona                    |
| 47 | Tomás Santiago Sierra (1953)            | <b>1h38'51"</b> |          | 1h38'51" | 01/02/2004 | Granollers                   |
| 48 | Francisco Manuel Martínez Cortés (1956) | <b>1h41'29"</b> |          | 1h41'29" | 04/02/2007 | Granollers                   |
| 49 | José Luis Martín López (1962)           | <b>1h41'36"</b> | 1h41'36" | 1h57'35" | 01/02/2015 | Granollers                   |
| 50 | Antonio Prados Jiménez (1943)           | <b>1h41'39"</b> |          | 1h41'39" | 18/01/1998 | Granollers                   |
| 51 | Diego Palma Jiménez (1953)              | <b>1h42'01"</b> |          | 1h42'01" | 14/01/2007 | Sitges                       |
| 52 | Manuel Molina García (1961)             | <b>1h42'11"</b> | 1h42'11" | 1h51'38" | 07/02/2016 | Granollers                   |
| 53 | Óscar Ibáñez Aranda (1968)              | <b>1h42'26"</b> |          | 1h42'26" | 28/10/2018 | Castelldefels                |
| 54 | Josep Ramírez García (1962)             | <b>1h43'09"</b> | 1h43'09" | 1h44'13" | 01/12/2013 | Mataró                       |
| 55 | Tomás Coria Moreno (1943)               | <b>1h43'24"</b> |          | 1h43'24" | 18/01/1998 | Granollers                   |
| 56 | Nicolás Morón Carande (1972)            | <b>1h43'32"</b> | 1h43'32" | 1h43'56" | 18/01/2026 | Granollers                   |

|    |                                    |                 |          |          |            |                      |
|----|------------------------------------|-----------------|----------|----------|------------|----------------------|
| 57 | David Galeote Godàs (1973)         | <b>1h43'57"</b> | 1h43'57" | 1h44'52" | 27/10/2024 | Valencia             |
| 58 | Josep Valero Lara (1968)           | <b>1h43'58"</b> | 1h43'58" | 1h44'31" | 27/10/2024 | Valencia             |
| 59 | Francesc Moreno Millán (1967)      | <b>1h44'00"</b> | 1h44'00" | 1h45'18" | 12/01/2020 | Sitges               |
| 60 | Emilio Sánchez Rumi (1964)         | <b>1h44'15"</b> | 1h44'15" |          | 03/12/2017 | Mataró               |
| 61 | Isidro Prados Jiménez (1958)       | <b>1h44'37"</b> | 1h44'37" | 1h45'47" | 05/12/2010 | Mataró               |
| 62 | Sergi Solanas Almarcha (1972)      | <b>1h44'49"</b> | 1h44'49" | 1h47'49" | 28/01/2024 | Sevilla              |
| 63 | Ernesto Fletas Pablos (1972)       | <b>1h45'08"</b> | 1h45'08" | 1h46'59" | 02/03/2025 | Granollers           |
| 64 | David Martínez González (1968)     | <b>1h46'42"</b> | 1h46'42" | 1h47'50" | 02/02/2020 | Granollers           |
| 65 | Juan Antonio López Rojano (1960)   | <b>1h47'12"</b> | 1h47'12" | 1h47'52" | 27/03/2011 | Montornés del Vallès |
| 66 | Pablo Alfimof González (1968)      | <b>1h47'41"</b> |          | 1h47'41" | 16/09/2018 | Málaga (C.MON)       |
| 67 | Juan José Pérez Vera (1956)        | <b>1h49'14"</b> | 1h49'14" | 1h50'13" | 03/12/2006 | Mataró               |
| 68 | Toni Perona Robles (1974)          | <b>1h50'13"</b> | 1h50'13" | 1h51'10" | 15/02/2026 | Barcelona            |
| 69 | Fernando Quintana Rodríguez (1970) | <b>1h52'39"</b> | 1h52'39" | 1h53'12" | 17/09/2023 | Calella              |
| 70 | Lluís Llaquet Altemir (1959)       | <b>1h54'28"</b> | 1h54'28" | 1h54'31" | 03/04/2022 | Barcelona            |
| 71 | Domingo Sáez Chacón (1951)         | <b>2h01'13"</b> |          | 2h01'13" | 23/02/2020 | Nàpols (Itàlia)      |
| 72 | Juan Sánchez Rodríguez (1951)      | <b>2h01'14"</b> |          | 2h01'14" | 23/02/2020 | Nàpols (Itàlia)      |
| 73 | José Dionisio Serrano Soto (1940)  | <b>2h02'20"</b> |          | 2h02'20" | 25/10/1992 | Seva                 |
| 74 | José Gómez Munuera (1959)          | <b>2h03'24"</b> | 2h03'24" | 2h10'28" | 14/02/2016 | Barcelona            |
| 75 | Miguel López Parra (1949)          | <b>2h18'08"</b> |          | 2h18'08" | 09/05/1999 | Mataró               |
| 76 | Joan Tubella Tarridas (1934)       | <b>2h18'28"</b> |          | 2h18'28" | 02/04/1989 | Mataró               |

### **(R) 30 km**

**M50**

|   |                            | MARCA TR        | T_Real | T_Ofic   |            |            |
|---|----------------------------|-----------------|--------|----------|------------|------------|
| 1 | Josep Vizcaíno Mora (1942) | <b>2h36'37"</b> |        | 2h36'37" | 31/01/1993 | Viladecans |

### **(R) Marató**

**M50**

|    |                                    | MARCA TR        | T_Real   | T_Ofic   |            |                   |
|----|------------------------------------|-----------------|----------|----------|------------|-------------------|
| 1  | Miguel Ángel Molina Porcel (1974)  | <b>2h33'10"</b> | 2h33'10" | 2h33'16" | 16/03/2025 | Barcelona (C.CAT) |
| 2  | Ferran Rey Roncero (1967)          | <b>2h44'31"</b> | 2h44'31" | 2h44'45" | 01/12/2019 | Valencia          |
| 3  | Albert Roselló Castañares (1971)   | <b>2h47'47"</b> | 2h47'47" | 2h47'51" | 27/11/2022 | San Sebastián     |
| 4  | Sergi Martín García (1975)         | <b>2h48'44"</b> | 2h48'44" | 2h49'11" | 16/03/2025 | Barcelona         |
| 5  | Hilario Adalid Olmo (1940)         | <b>2h52'42"</b> |          | 2h52'42" | 03/11/1991 | New York          |
| 6  | Francisco Lancho Borreguero (1945) | <b>2h56'22"</b> |          | 2h56'22" | 01/01/1996 | Lisboa            |
| 7  | Jaume Itchart Boté (1940)          | <b>2h56'26"</b> |          | 2h56'26" | 04/02/1992 | Valencia          |
| 8  | Albert Vilaseca Llinés (1972)      | <b>2h58'02"</b> | 2h58'02" | 2h58'09" | 15/02/2026 | Sevilla           |
| 9  | Salva Carrillo Domínguez (1973)    | <b>3h01'12"</b> | 3h01'12" | 3h02'07" | 03/12/2023 | Valencia          |
| 10 | Jaume Planas Roy (1971)            | <b>3h01'14"</b> | 3h01'14" | 3h01'25" | 19/03/2023 | Barcelona         |
| 11 | Alfonso Ciller Abril (1949)        | <b>3h03'14"</b> |          | 3h03'14" | 19/03/2000 | Barcelona         |
| 12 | Jacinto Lozano Gamito (1947)       | <b>3h05'</b>    |          | 3h05'    | 07/12/1997 | Calvià            |
| 13 | Pedro Gómez Fernández (1961)       | <b>3h16'36"</b> | 3h16'36" | 3h16'59" | 07/11/2021 | Barcelona         |
| 14 | Agustí Bartrés Gallart (1968)      | <b>3h17'41"</b> | 3h17'41" | 3h20'42" | 11/03/2018 | Barcelona         |
| 15 | Mariano Ruiz Gallardo (1960)       | <b>3h22'00"</b> | 3h22'00" | 3h23'34" | 17/04/2011 | Madrid            |
| 16 | Ginés Abril Fernández (1938)       | <b>3h24'00"</b> |          | 3h24'00" | 08/12/1991 | Calvià            |
| 17 | Antonio Rosal Rodríguez (1968)     | <b>3h25'20"</b> | 3h25'20" | 3h25'30" | 03/12/2023 | Valencia          |
| 18 | Alfred Torrents Font (1955)        | <b>3h28'53"</b> | 3h28'53" | 3h30'16" | 04/03/2007 | Barcelona         |
| 19 | Óscar Ibáñez Aranda (1968)         | <b>3h29'51"</b> | 3h29'51" | 3h35'06" | 02/12/2018 | Valencia          |

|    |                                       |                 |          |          |            |           |
|----|---------------------------------------|-----------------|----------|----------|------------|-----------|
| 20 | Prudencio Pérez Hernández (1947)      | <b>3h30'11"</b> |          | 3h30'11" | 29/02/2004 | Sevilla   |
| 21 | Josep Casas Porras (1963)             | <b>3h30'29"</b> | 3h30'29" | 3h31'50" | 03/12/2023 | Valencia  |
| 22 | Francesc Moreno Millán (1967)         | <b>3h30'56"</b> | 3h30'56" | 3h40'54" | 07/11/2021 | Barcelona |
| 23 | Francesc Garcia Alvarado (1954)       | <b>3h31'11"</b> | 3h31'11" | 3h33'07" | 02/03/2008 | Barcelona |
| 24 | Pablo Alfimof González (1968)         | <b>3h36'17"</b> | 3h36'17" | 3h41'38" | 02/12/2018 | Valencia  |
| 25 | José Antonio Ballesta Ballesta (1962) | <b>3h37'12"</b> | 3h37'12" | 3h37'56" | 18/03/2012 | Roma      |
| 26 | José Luis Martín López (1962)         | <b>3h41'21"</b> | 3h41'21" | 3h42'52" | 15/03/2015 | Barcelona |
| 27 | Joan Antoni Martínez Giménez (1961)   | <b>3h42'07"</b> | 3h42'07" | 3h53'58" | 25/03/2012 | Barcelona |
| 28 | David Martínez González (1968)        | <b>3h44'04"</b> | 3h44'04" | 3h49'23" | 02/12/2018 | Valencia  |
| 29 | Josep Vizcaíno Mora (1942)            | <b>3h45'22"</b> |          | 3h45'22" | 15/03/1992 | Barcelona |
| 30 | Sergi Solanas Almarcha (1972)         | <b>4h08'01"</b> |          | 4h08'01" | 19/03/2023 | Roma      |
| 31 | Ernesto Fletas Pablos (1972)          | <b>4h14'16"</b> | 4h14'16" | 4h15'15" | 14/04/2024 | Zaragoza  |
| 32 | José Dionisio Serrano Soto (1940)     | <b>4h37'23"</b> |          | 4h37'23" | 03/11/1991 | New York  |

## MÀSTER M45

### (R) Milla Urbana

M45

|    | MARCA TR                          | T_Real         | T_Ofic  |            |                               |
|----|-----------------------------------|----------------|---------|------------|-------------------------------|
| 1  | Joaquín Joyas Albertus (1958)     | <b>04:52,0</b> | 04:52,0 | 25/04/2010 | Barcelona                     |
| 2  | Albert López Font (1970)          | <b>04:52,0</b> | 04:52,0 | 24/04/2016 | Barcelona                     |
| 3  | Abdelhamed El Harrak (1978)       | <b>04:53,0</b> | 04:53,0 | 02/07/2023 | Palau - Solità i Plegamans (C |
| 4  | Joan Navarro Rodríguez (1977)     | <b>05:06,0</b> | 05:06,0 | 30/06/2024 | Palau - Solità i Plegamans (C |
| 5  | Miguel Ángel Molina Porcel (1974) | <b>05:18,0</b> | 05:18,0 | 25/04/2021 | Canet de Mar (C.CAT)          |
| 6  | Sergi Martín García (1975)        | <b>05:23,0</b> | 05:23,0 | 08/06/2025 | Montcada i Reixac             |
| 7  | Benjamín Mallo Molina (1972)      | <b>05:29,0</b> | 05:29,0 | 08/06/2025 | Montcada i Reixac (C.CAT)     |
| 8  | Jordi Martí Pañella (1973)        | <b>05:33,0</b> | 05:33,0 | 09/06/2019 | Montcada i Reixac             |
| 9  | Francisco Molina Rubio (1963)     | <b>05:42,0</b> | 05:42,0 | 09/06/2019 | Montcada i Reixac             |
| 10 | Nabi Abdelkader (1970)            | <b>05:43,0</b> | 05:43,0 | 29/06/2025 | Palau - Solità i Plegamans    |
| 11 | Juan Pedro Sanz Coca (1967)       | <b>05:48,0</b> | 05:48,0 | 01/07/2018 | Palau - Solità i Plegamans    |
| 12 | Oriol Berengueres Llordes (1975)  | <b>05:48,0</b> | 05:48,0 | 03/07/2022 | Palau - Solità i Plegamans    |
| 13 | Oriol Berengueres Llordes (1975)  | <b>05:48,0</b> | 05:48,0 | 29/06/2025 | Palau - Solità i Plegamans    |
| 14 | Jordi Villalba Vera (1962)        | <b>06:05,0</b> | 06:05,0 | 05/06/2022 | Montcada i Reixac             |
| 15 | Juan José Ruiz Aguilera (1978)    | <b>06:06,0</b> | 06:06,0 | 30/06/2024 | Palau - Solità i Plegamans    |
| 16 | José Povedano Arribas (1958)      | <b>06:15,0</b> | 06:15,0 | 30/06/2019 | Palau - Solità i Plegamans    |
| 17 | José Luis Martín López (1962)     | <b>06:19,0</b> | 06:19,0 | 26/04/2015 | Barcelona                     |
| 18 | Miguel Ángel Gámez García (1971)  | <b>06:22,0</b> | 06:22,0 | 04/06/2017 | Montcada i Reixac             |
| 19 | Francisco Pozo Martínez (1953)    | <b>06:22,0</b> | 06:22,0 | 02/07/2023 | Palau - Solità i Plegamans (C |
| 20 | Prudencio Pérez Hernández (1947)  | <b>07:10,0</b> | 07:10,0 | 01/07/2018 | Palau - Solità i Plegamans    |
| 21 | Albert Artigas Lloret (1955)      | <b>07:12,0</b> | 07:12,0 | 04/06/2023 | Montcada i Reixac             |
| 22 | Alfred Torrents Font (1955)       | <b>07:16,0</b> | 07:16,0 | 08/06/2025 | Montcada i Reixac (C.CAT)     |

### (R) 5 km

M45

|   | MARCA TR                 | T_Real        | T_Ofic |            |                    |
|---|--------------------------|---------------|--------|------------|--------------------|
| 1 | Albert López Font (1970) | <b>16'01"</b> | 16'01" | 11/12/2016 | Viladecans (C.CAT) |

|    |                                     |        |        |        |            |                              |
|----|-------------------------------------|--------|--------|--------|------------|------------------------------|
| 2  | Abdelhamed El Harrak (1978)         | 16'41" | 16'41" | 16'42" | 18/05/2025 | Vilanova i la Geltrú (C.CAT) |
| 3  | Ferran Rey Roncero (1967)           | 16'42" | 16'42" | 16'43" | 12/12/2021 | Viladecans (C.CAT)           |
| 4  | Joan Navarro Rodríguez (1977)       | 16'45" | 16'45" | 16'59" | 08/12/2024 | Viladecans (C.CAT)           |
| 5  | Joaquín Joyas Albertus (1958)       | 16'59" |        | 16'59" | 27/12/2009 | Lloret de Mar                |
| 6  | Nabi Abdelkader (1970)              | 17'12" | 17'12" | 17'12" | 13/12/2015 | Viladecans (C.CAT)           |
| 7  | Miguel Ángel Molina Porcel (1974)   | 17'12" |        | 17'12" | 09/05/2021 | El Prat del Llobregat        |
| 8  | Alfred Redrado Gil (1967)           | 17'24" | 17'24" | 17'28" | 11/12/2022 | Viladecans (C.CAT)           |
| 9  | Albert Roselló Castañares (1971)    | 17'53" | 17'53" | 17'54" | 26/12/2024 | El Masnou                    |
| 10 | Sergi Martín García (1975)          | 18'18" | 18'18" | 18'24" | 26/12/2023 | El Masnou                    |
| 11 | Sergi Riera Duran (1978)            | 18'23" | 18'23" | 18'29" | 26/12/2023 | El Masnou                    |
| 12 | Jaume Planas Roy (1971)             | 18'25" | 18'25" | 18'31" | 26/12/2022 | El Masnou                    |
| 13 | Juan José Ruiz Aguilera (1978)      | 18'51" | 18'51" | 19'00" | 25/01/2026 | Barcelona (C.CAT)            |
| 14 | Benjamín Mallo Molina (1972)        | 19'05" | 19'05" | 19'13" | 25/01/2026 | Barcelona (C.CAT)            |
| 15 | Juan Pedro Sanz Coca (1967)         | 19'24" | 19'24" | 19'27" | 27/01/2019 | Terrassa (C.CAT)             |
| 16 | Ernesto Fletas Pablos (1972)        | 19'32" | 19'32" | 19'44" | 25/01/2026 | Barcelona                    |
| 17 | Mariano Ruiz Gallardo (1960)        | 19'45" | 19'45" | 19'51" | 19/12/2010 | Lloret de Mar                |
| 18 | Salva Carrillo Domínguez (1973)     | 19'46" | 19'46" | 25'03" | 26/12/2024 | El Masnou                    |
| 19 | Francisco Molina Rubio (1963)       | 20'01" | 20'01" | 20'05" | 11/12/2022 | Viladecans (C.CAT)           |
| 20 | Antonio Rosal Rodríguez (1968)      | 20'17" | 20'17" | 21'03" | 26/12/2022 | El Masnou                    |
| 21 | José Povedano Arribas (1958)        | 20'26" | 20'26" | 21'27" | 13/12/2015 | Viladecans (C.CAT)           |
| 22 | Jordi Villalba Vera (1962)          | 20'40" | 20'40" | 20'43" | 11/12/2022 | Viladecans (C.CAT)           |
| 23 | Joan Miquel Coromina Castell (1967) | 20'41" | 20'41" | 20'51" | 10/12/2023 | Viladecans                   |
| 24 | Oriol Berengueres Llordes (1975)    | 21'10" | 21'10" | 21'28" | 26/12/2022 | El Masnou                    |
| 25 | Francisco Pozo Martínez (1953)      | 21'19" | 21'19" | 21'30" | 10/12/2023 | Viladecans                   |
| 26 | Toni Perona Robles (1974)           | 21'45" | 21'45" | 22'38" | 26/12/2021 | El Masnou                    |
| 27 | Ángel Cáceres Prieto (1955)         | 21'47" | 21'47" | 22'12" | 19/12/2010 | Lloret de Mar                |
| 28 | Prudencio Pérez Hernández (1947)    | 21'49" | 21'49" | 22'24" | 13/12/2015 | Viladecans (C.CAT)           |
| 29 | Miguel Ángel Gámez García (1971)    | 22'02" | 22'02" | 22'08" | 04/12/2016 | l' Hospitalet                |
| 30 | Albert Artigas Lloret (1955)        | 22'05" | 22'05" | 22'09" | 08/12/2019 | Viladecans                   |
| 31 | Juan Martínez López (1965)          | 22'33" | 22'33" | 22'57" | 19/12/2010 | Lloret de Mar                |
| 32 | Sergi Solanas Almarha (1972)        | 22'43" | 22'43" | 26'44" | 26/12/2023 | El Masnou                    |
| 33 | Josep Ramírez García (1962)         | 22'45" |        | 22'45" | 19/12/2010 | Lloret de Mar                |
| 34 | Ismael Martínez Guerrero (1973)     | 22'45" | 22'45" | 23'12" | 26/12/2022 | El Masnou                    |
| 35 | Francesc Moreno Millán (1967)       | 23'02" | 23'02" | 27'03" | 26/12/2023 | El Masnou                    |
| 36 | Alfred Torrents Font (1955)         | 23'53" | 23'53" | 25'00" | 13/12/2015 | Viladecans (C.CAT)           |
| 37 | Diego Palma Jiménez (1953)          | 23'58" | 23'58" | 24'03" | 19/12/2010 | Lloret de Mar                |
| 38 | Juan José Pérez Vera (1956)         | 24'57" | 24'57" | 25'01" | 28/12/2008 | Lloret de Mar                |
| 39 | Josep Casas Porras (1963)           | 25'47" | 25'47" | 33'46" | 26/12/2023 | El Masnou                    |
| 40 | David Galeote Godàs (1973)          | 26'46" |        | 26'46" | 09/10/2022 | Chicago (USA)                |
| 41 | Manuel Molina García (1961)         | 27'48" | 27'48" | 28'08" | 21/02/2015 | Vilanova i la Geltrú         |
| 42 | Jordi Fernández Villena (1968)      | 29'34" | 29'34" | 31'04" | 02/10/2016 | Barcelona                    |

**(R) 10 km**

***Mínima 47'***

**M45**

MARCA TR

T\_Real

T\_Ofic

|   |                             |        |        |        |            |           |
|---|-----------------------------|--------|--------|--------|------------|-----------|
| 1 | Abdelhamed El Harrak (1978) | 33'30" | 33'30" | 33'32" | 31/12/2024 | Barcelona |
|---|-----------------------------|--------|--------|--------|------------|-----------|

|    |                                       |               |        |        |            |                           |
|----|---------------------------------------|---------------|--------|--------|------------|---------------------------|
| 2  | Albert López Font (1970)              | <b>33'34"</b> | 33'34" | 33'34" | 22/01/2017 | Barcelona                 |
| 3  | Miguel Ángel Molina Porcel (1974)     | <b>33'50"</b> | 33'50" | 33'54" | 31/12/2025 | Barcelona                 |
| 4  | Albert Roselló Castañares (1971)      | <b>34'06"</b> | 34'06" | 34'08" | 31/12/2018 | Barcelona                 |
| 5  | Manuel Vázquez Tundidor (1967)        | <b>34'25"</b> | 34'25" | 34'26" | 31/12/2012 | Barcelona                 |
| 6  | Ferran Rey Roncero (1967)             | <b>34'25"</b> | 34'25" | 34'28" | 31/12/2019 | Barcelona                 |
| 7  | Joaquín Joyas Albertus (1958)         | <b>34'39"</b> | 34'39" | 34'46" | 17/04/2011 | La Llagosta               |
| 8  | Joan Navarro Rodríguez (1977)         | <b>35'02"</b> | 35'02" | 35'02" | 26/01/2025 | Barcelona (C.CAT)         |
| 9  | José Luis Nieto Rodríguez (1962)      | <b>35'06"</b> | 35'06" | 35'10" | 31/12/2007 | Barcelona                 |
| 10 | Nabi Abdelkader (1970)                | <b>35'15"</b> | 35'15" | 35'16" | 17/01/2016 | Barcelona                 |
| 11 | Francisco Javier Avilés Alejos (1968) | <b>35'26"</b> | 35'26" | 35'27" | 21/09/2013 | Ribadesella               |
| 12 | Aleix Aznar Tornamorell (1971)        | <b>35'38"</b> | 35'38" | 35'56" | 31/12/2017 | Barcelona                 |
| 13 | Jaume Itchart Boté (1940)             | <b>35'43"</b> |        | 35'43" | 01/09/1985 | Vilanova i la Geltrú      |
| 14 | Román Adalid Casado (1965)            | <b>35'50"</b> |        | 35'50" | 13/05/2011 | Thionville (Fra)          |
| 15 | Alfred Redrado Gil (1967)             | <b>36'23"</b> | 36'23" | 36'23" | 18/05/2019 | Mataró                    |
| 16 | Sergi Martín García (1975)            | <b>36'33"</b> | 36'33" | 36'38" | 31/12/2024 | Barcelona                 |
| 17 | Josep Oriol Bruguera Domínguez (1978) | <b>36'47"</b> | 36'47" | 36'53" | 31/12/2024 | Barcelona                 |
| 18 | Jordi Fernández Villena (1968)        | <b>37'16"</b> | 37'16" | 37'20" | 17/01/2016 | Barcelona                 |
| 19 | Juan José García Anguita (1965)       | <b>37'19"</b> |        | 37'19" | 17/10/2010 | Sabadell                  |
| 20 | Jacinto Rodríguez Sánchez (1958)      | <b>37'31"</b> |        | 37'31" | 09/04/2006 | Barcelona                 |
| 21 | Sergi Riera Duran (1978)              | <b>37'43"</b> | 37'43" | 37'53" | 31/12/2023 | Barcelona                 |
| 22 | Tomás Santiago Sierra (1953)          | <b>37'44"</b> | 37'44" | 39'43" | 22/10/2000 | Sabadell                  |
| 23 | Agustí Bartrés Gallart (1968)         | <b>37'54"</b> | 37'54" | 37'56" | 31/12/2014 | Sant Cugat del Vallès     |
| 24 | Isidro Prados Jiménez (1958)          | <b>38'03"</b> | 38'03" | 38'03" | 31/12/2003 | Barcelona                 |
| 25 | Jaume Planas Roy (1971)               | <b>38'20"</b> | 38'20" | 38'28" | 31/12/2022 | Barcelona                 |
| 26 | Francisco Chaves Mejías (1956)        | <b>38'29"</b> | 38'29" | 38'31" | 01/06/2008 | Pineda de Mar             |
| 27 | Francisco Coria Benítez (1973)        | <b>38'32"</b> | 38'32" | 38'38" | 12/12/2021 | Viladecans                |
| 28 | Vicente Vázquez Moreno (1955)         | <b>38'37"</b> | 38'37" | 38'39" | 31/12/2003 | Barcelona                 |
| 29 | Daniel Espartero Aranda (1977)        | <b>39'23"</b> | 39'23" | 39'51" | 31/12/2022 | Barcelona                 |
| 30 | Alfred Torrents Font (1955)           | <b>39'27"</b> |        | 39'27" | 10/06/2001 | Manresa                   |
| 31 | Juan Pedro Sanz Coca (1967)           | <b>39'29"</b> | 39'29" | 39'38" | 21/01/2018 | Barcelona (C.CAT)         |
| 32 | Juan José Ruiz Aguilera (1978)        | <b>39'30"</b> | 39'30" | 39'54" | 31/12/2025 | Barcelona                 |
| 33 | Benjamín Mallo Molina (1972)          | <b>39'49"</b> | 39'49" | 39'49" | 11/05/2025 | El Prat del Llobregat     |
| 34 | Albert Marquet Amargant (1973)        | <b>39'50"</b> | 39'50" | 40'28" | 31/12/2018 | Barcelona                 |
| 35 | Francisco Molina Rubio (1963)         | <b>40'00"</b> |        | 40'00" | 15/04/2018 | Iurreta (Biscaia) (C.ESP) |
| 36 | Manuel Joyas Maturana (1960)          | <b>40'11"</b> | 40'11" | 40'34" | 31/12/2006 | Barcelona                 |
| 37 | Mariano Ruiz Gallardo (1960)          | <b>40'36"</b> | 40'36" | 41'44" | 06/04/2009 | Barcelona                 |
| 38 | Salva Carrillo Domínguez (1973)       | <b>41'04"</b> | 41'04" | 41'32" | 26/01/2025 | Barcelona (C.CAT)         |
| 39 | Francesc Garcia Alvarado (1954)       | <b>41'05"</b> |        | 41'05" | 22/10/2000 | Sabadell                  |
| 40 | Alfonso Ciller Abril (1949)           | <b>41'05"</b> |        | 41'05" | 21/10/2001 | Sabadell                  |
| 41 | Francisco José González Romero (1968) | <b>41'18"</b> | 41'18" | 41'22" | 05/06/2016 | Pineda de Mar             |
| 42 | Albert Artigas Lloret (1955)          | <b>41'25"</b> |        | 41'25" | 22/10/2000 | Sabadell                  |
| 43 | Juan Martínez López (1965)            | <b>41'39"</b> | 41'39" | 42'36" | 31/12/2012 | Barcelona                 |
| 44 | Raúl López Torrubiano (1969)          | <b>41'42"</b> | 41'42" | 43'17" | 31/12/2014 | Barcelona                 |
| 45 | Ernesto Fletas Pablos (1972)          | <b>42'14"</b> | 42'14" | 42'16" | 31/12/2025 | Barcelona                 |
| 46 | Carlos Rodríguez Pérez (1971)         | <b>42'16"</b> | 42'16" | 46'19" | 31/12/2018 | Barcelona                 |

|    |   |               |        |        |            |                           |
|----|---|---------------|--------|--------|------------|---------------------------|
| 47 | Francisco Jiménez Ramos (1955)          | <b>42'26"</b> |        | 42'26" | 07/06/2003 | El Prat del Llobregat     |
| 48 | Carles Correa Filbà (1960)              | <b>42'29"</b> |        | 42'29" | 01/04/2007 | Barcelona                 |
| 49 | José Antonio Ballesta Ballesta (1962)   | <b>42'40"</b> | 42'40" | 43'15" | 31/12/2011 | Barcelona                 |
| 50 | José Povedano Arribas (1958)            | <b>42'41"</b> |        | 42'41" | 15/04/2018 | Iurreta (Biscaia) (C.ESP) |
| 51 | Antonio Blanco Soriano (1955)           | <b>43'04"</b> | 43'04" | 43'25" | 18/04/2004 | Barcelona                 |
| 52 | Prudencio Pérez Hernández (1947)        | <b>43'07"</b> | 43'07" | 43'18" | 05/06/2011 | Pineda de Mar             |
| 53 | Joan Miquel Coromina Castell (1967)     | <b>43'13"</b> | 43'13" | 43'15" | 25/02/2024 | Castelló de la Plana      |
| 54 | José Luis Martín López (1962)           | <b>43'14"</b> | 43'14" | 44'13" | 31/12/2016 | Barcelona                 |
| 55 | Diego Palma Jiménez (1953)              | <b>43'29"</b> |        | 43'29" | 22/10/2000 | Sabadell                  |
| 56 | Francisco Manuel Martínez Cortés (1956) | <b>43'29"</b> | 43'29" | 44'03" | 09/04/2006 | Barcelona                 |
| 57 | Jordi Pelegrí Altarriba (1956)          | <b>43'33"</b> |        | 43'33" | 19/10/2003 | Sabadell                  |
| 58 | Manuel Martínez Maestre (1961)          | <b>43'37"</b> |        | 43'37" | 31/12/2009 | Barcelona                 |
| 59 | Pedro Martínez Carrasco (1952)          | <b>43'41"</b> |        | 43'41" | 22/10/2000 | Sabadell                  |
| 60 | Josep Ramírez García (1962)             | <b>43'47"</b> |        | 43'47" | 05/04/2009 | Barcelona                 |
| 61 | Dídac Coll Serra (1976)                 | <b>44'11"</b> | 44'11" | 44'41" | 27/11/2022 | Barcelona                 |
| 62 | Francisco Pozo Martínez (1953)          | <b>44'18"</b> | 44'18" | 44'19" | 25/02/2024 | Castelló de la Plana      |
| 63 | Toni Larraga Figueras ( )               | <b>44'45"</b> | 44'45" | 45'25" | 16/06/2019 | Barcelona                 |
| 64 | Francesc Moreno Millán (1967)           | <b>44'48"</b> | 44'48" | 44'51" | 05/06/2016 | Pineda de Mar             |
| 65 | Manuel Molina García (1961)             | <b>44'52"</b> | 44'52" | 44'54" | 31/05/2015 | El Prat del Llobregat     |
| 66 | Fernando Solanes Prieto (1968)          | <b>45'04"</b> | 45'04" | 45'04" | 31/05/2014 | Mataró                    |
| 67 | Pablo Alfimof González (1968)           | <b>45'11"</b> | 45'11" | 46'48" | 31/12/2014 | Barcelona                 |
| 68 | Lorenzo Buitrago García (1968)          | <b>45'58"</b> | 45'58" |        | 27/06/2013 | s/d                       |
| 69 | Antoni Bonjoch Turell (1958)            | <b>46'01"</b> | 46'01" | 46'46" | 18/04/2004 | Barcelona                 |
| 70 | Francisco Lancho Borreguero (1945)      | <b>46'08"</b> |        | 46'08" | 09/04/2006 | Barcelona                 |
| 71 | David Martínez González (1968)          | <b>46'39"</b> | 46'39" | 46'50" | 28/05/2017 | El Prat del Llobregat     |

### **(R) 20 km**

***Mínima 1h 34'***

**M45**

|    |                                    | MARCA TR        | T_Real | T_Ofic   |            |               |
|----|------------------------------------|-----------------|--------|----------|------------|---------------|
| 1  | Hilario Adalid Olmo (1940)         | <b>1h16'34"</b> |        | 1h16'34" | 24/11/1991 | Ripoll        |
| 2  | Jaume Itchart Boté (1940)          | <b>1h16'39"</b> |        | 1h16'39" | 25/11/1990 | Ripoll        |
| 3  | Anastasi Codosal Jato (1944)       | <b>1h18'44"</b> |        | 1h18'44" | 25/11/1990 | Ripoll        |
| 4  | Jacinto Lozano Gamito (1947)       | <b>1h24'08"</b> |        | 1h24'08" | 15/09/1996 | Ceret         |
| 5  | Francisco Lancho Borreguero (1945) | <b>1h24'23"</b> |        | 1h24'23" | 24/11/1991 | Ripoll        |
| 6  | Antonio Blánquez Fernández (1945)  | <b>1h25'26"</b> |        | 1h25'26" | 25/11/1989 | Ripoll        |
| 7  | Ginés Abril Fernández (1938)       | <b>1h29'47"</b> |        | 1h29'47" | 24/11/1991 | Ripoll        |
| 8  | Albert Artigas Lloret (1955)       | <b>1h29'47"</b> |        | 1h29'47" | 11/11/2007 | San Sebastián |
| 9  | Josep Vizcaíno Mora (1942)         | <b>1h30'23"</b> |        | 1h30'23" | 26/11/1989 | Ripoll        |
| 10 | Tomás Santiago Sierra (1953)       | <b>1h30'45"</b> |        | 1h30'45" | 17/09/2000 | Ceret         |
| 11 | Francesc Garcia Alvarado (1954)    | <b>1h30'45"</b> |        | 1h30'45" | 17/09/2000 | Ceret         |
| 12 | Ángel Cáceres Prieto (1955)        | <b>1h32'56"</b> |        | 1h32'56" | 09/11/2008 | San Sebastián |

### **(R) Mitja maratón**

***Mínima 1h 36'***

**M45**

|   |                                   | MARCA TR        | T_Real   | T_Ofic   |            |           |
|---|-----------------------------------|-----------------|----------|----------|------------|-----------|
| 1 | Miguel Ángel Molina Porcel (1974) | <b>1h14'04"</b> | 1h14'04" | 1h14'31" | 16/02/2025 | Barcelona |
| 2 | Albert Roselló Castañares (1971)  | <b>1h14'39"</b> | 1h14'39" | 1h14'52" | 10/02/2019 | Barcelona |
| 3 | Hilario Adalid Olmo (1940)        | <b>1h17'</b>    |          | 1h17'    | 10/01/1988 | Sitges    |

|    |                                       |                 |          |          |            |                      |
|----|---------------------------------------|-----------------|----------|----------|------------|----------------------|
| 4  | Nabi Abdelkader (1970)                | <b>1h17'44"</b> | 1h17'44" | 1h17'46" | 14/02/2016 | Barcelona            |
| 5  | Ferran Rey Roncero (1967)             | <b>1h17'58"</b> | 1h17'58" | 1h18'07" | 11/02/2018 | Barcelona            |
| 6  | Manuel Vázquez Tundidor (1967)        | <b>1h18'25"</b> | 1h18'25" | 1h18'25" | 01/12/2013 | Mataró               |
| 7  | José Luis Nieto Rodríguez (1962)      | <b>1h18'33"</b> | 1h18'33" | 1h18'33" | 21/03/2010 | Calella              |
| 8  | Jaume Itchart Boté (1940)             | <b>1h18'37"</b> |          | 1h18'37" | 25/02/1990 | Roda de Ter          |
| 9  | Joaquín Joyas Albertus (1958)         | <b>1h19'46"</b> |          | 1h19'46" | 03/02/2008 | Granollers           |
| 10 | Anastasi Codosal Jato (1944)          | <b>1h19'50"</b> |          | 1h19'50" | 20/01/1991 | Granollers           |
| 11 | Sergi Martín García (1975)            | <b>1h20'55"</b> | 1h20'55" | 1h21'50" | 16/02/2025 | Barcelona            |
| 12 | Román Adalid Casado (1965)            | <b>1h21'19"</b> | 1h21'19" | 1h21'19" | 20/03/2011 | Calella              |
| 13 | Alfonso Ciller Abril (1949)           | <b>1h22'09"</b> |          | 1h22'09" | 27/02/2000 | Montornés del Vallès |
| 14 | Joan Navarro Rodríguez (1977)         | <b>1h22'09"</b> | 1h22'09" | 1h22'15" | 27/04/2025 | Gavà                 |
| 15 | Francesc Garcia Alvarado (1954)       | <b>1h22'50"</b> |          | 1h22'50" | 28/03/1999 | Calella              |
| 16 | Francisco Javier Avilés Alejos (1968) | <b>1h22'51"</b> | 1h22'51" | 1h23'43" | 11/01/2015 | Sitges               |
| 17 | Albert Vilaseca Llinés (1972)         | <b>1h23'14"</b> | 1h23'14" | 1h23'20" | 26/04/2026 | Gavà                 |
| 18 | Isidro Prados Jiménez (1958)          | <b>1h23'29"</b> |          | 1h23'29" | 02/02/2003 | Granollers           |
| 19 | Jaume Planas Roy (1971)               | <b>1h23'38"</b> | 1h23'38" | 1h23'49" | 12/02/2017 | Barcelona            |
| 20 | Jacinto Lozano Gamito (1947)          | <b>1h23'50"</b> |          | 1h23'50" | 22/01/1995 | Granollers           |
| 21 | Sergi Riera Duran (1978)              | <b>1h23'57"</b> | 1h23'57" | 1h24'42" | 11/02/2024 | Barcelona            |
| 22 | Tomás Santiago Sierra (1953)          | <b>1h24'02"</b> |          | 1h24'02" | 07/02/1999 | Barcelona            |
| 23 | Juan José García Anguita (1965)       | <b>1h24'16"</b> | 1h24'16" | 1h24'31" | 05/12/2010 | Mataró               |
| 24 | Manuel Iribarren Hernández (1953)     | <b>1h24'35"</b> |          | 1h24'35" | 02/02/2003 | Granollers           |
| 25 | Vicente Vázquez Moreno (1955)         | <b>1h24'43"</b> |          | 1h24'43" | 07/01/2001 | Sitges               |
| 26 | Agustí Bartrés Gallart (1968)         | <b>1h25'38"</b> | 1h25'38" | 1h25'47" | 15/02/2015 | Barcelona            |
| 27 | Alberto Cánovas González (1979)       | <b>1h25'44"</b> | 1h25'44" | 1h27'33" | 02/03/2025 | Granollers           |
| 28 | Juan Pedro Sanz Coca (1967)           | <b>1h25'56"</b> | 1h25'56" | 1h26'26" | 10/02/2019 | Barcelona            |
| 29 | Salva Carrillo Domínguez (1973)       | <b>1h26'00"</b> | 1h26'00" | 1h26'33" | 28/01/2024 | Sevilla              |
| 30 | Francisco Lancho Borreguero (1945)    | <b>1h26'25"</b> |          | 1h26'25" | 19/01/1992 | Granollers           |
| 31 | Francisco Chaves Mejías (1956)        | <b>1h26'30"</b> |          | 1h26'30" | 03/02/2008 | Granollers           |
| 32 | Manuel Joyas Maturana (1960)          | <b>1h26'38"</b> |          | 1h26'38" | 25/03/2007 | Montornés del Vallès |
| 33 | Antonio Blanco Soriano (1955)         | <b>1h27'18"</b> |          | 1h27'18" | 18/02/2001 | Barcelona            |
| 34 | Francisco José González Romero (1968) | <b>1h27'27"</b> | 1h27'27" | 1h27'51" | 15/01/2017 | Sitges               |
| 35 | Albert Artigas Lloret (1955)          | <b>1h27'36"</b> |          | 1h27'36" | 21/01/2001 | Granollers           |
| 36 | Manuel García Rodríguez (1971)        | <b>1h27'49"</b> | 1h27'49" | 1h28'15" | 02/02/2020 | Granollers           |
| 37 | Román Millán Agudo (1979)             | <b>1h28'07"</b> | 1h28'07" | 1h28'41" | 15/02/2026 | Barcelona            |
| 38 | Álex Pereira Machuca (1979)           | <b>1h28'07"</b> | 1h28'07" | 1h28'48" | 15/02/2026 | Barcelona            |
| 39 | Andrés Valenzuela Carmona (1956)      | <b>1h28'27"</b> |          | 1h28'27" | 10/02/2002 | Granollers           |
| 40 | Pedro Martínez Carrasco (1952)        | <b>1h28'39"</b> |          | 1h28'39" | 06/02/2000 | Barcelona            |
| 41 | José Castro Notario (1956)            | <b>1h28'43"</b> |          | 1h28'43" | 04/02/2007 | Granollers           |
| 42 | Benjamín Mallo Molina (1972)          | <b>1h28'54"</b> | 1h28'54" | 1h30'05" | 11/02/2024 | Barcelona            |
| 43 | Juan Antonio Sabán Carmona (1947)     | <b>1h28'56"</b> | 1h28'56" | 1h28'58" | 06/12/2009 | Mataró               |
| 44 | Jacinto Rodríguez Sánchez (1958)      | <b>1h29'08"</b> | 1h29'08" | 1h29'59" | 19/02/2007 | Gavà                 |
| 45 | Juan José Ruiz Aguilera (1978)        | <b>1h29'22"</b> | 1h29'22" | 1h29'37" | 16/02/2025 | Barcelona            |
| 46 | Alfred Torrents Font (1955)           | <b>1h29'26"</b> |          | 1h29'26" | 10/02/2002 | Granollers           |
| 47 | Albert Marquet Amargant (1973)        | <b>1h29'31"</b> | 1h29'31" | 1h29'35" | 16/12/2018 | Vilanova i la Geltrú |
| 48 | Xavier Fernández Medialdea (1974)     | <b>1h29'33"</b> | 1h29'33" | 1h30'45" | 11/02/2024 | Barcelona            |

|    |   |                 |          |            |            |                      |
|----|---|-----------------|----------|------------|------------|----------------------|
| 49 | Antonio Blázquez Fernández (1945)       | <b>1h29'42"</b> | 1h29'42" | 01/04/1990 | Mataró     |                      |
| 50 | Mariano Ruiz Gallardo (1960)            | <b>1h29'57"</b> | 1h29'57" | 1h30'06"   | 27/03/2011 | Montornés del Vallès |
| 51 | Jordi Pelegrí Altarriba (1956)          | <b>1h30'00"</b> | 1h30'00" | 1h30'03"   | 05/05/2002 | Mataró               |
| 52 | Dionisio Gómez Parra (1959)             | <b>1h30'53"</b> |          | 1h30'53"   | 06/02/2005 | Granollers           |
| 53 | Pedro Gómez Fernández (1961)            | <b>1h30'54"</b> | 1h30'54" | 1h31'01"   | 18/05/2019 | Mataró               |
| 54 | Toni Sayago Rodríguez (1972)            | <b>1h31'15"</b> | 1h31'15" | 1h31'59"   | 02/02/2020 | Granollers           |
| 55 | José Antonio Ballesta Ballesta (1962)   | <b>1h31'17"</b> | 1h31'17" | 1h31'28"   | 07/12/2008 | Mataró               |
| 56 | Francisco Molina Rubio (1963)           | <b>1h31'24"</b> |          | 1h31'24"   | 20/05/2018 | Alicante (C.EUR)     |
| 57 | José Dionisio Serrano Soto (1940)       | <b>1h31'59"</b> |          | 1h31'59"   | 22/02/1987 | Roda de Ter          |
| 58 | Josep Vizcaíno Mora (1942)              | <b>1h32'00"</b> |          | 1h32'00"   | 22/02/1987 | Roda de Ter          |
| 59 | Oriol Berengueres Llordes (1975)        | <b>1h32'29"</b> | 1h32'29" | 1h32'39"   | 18/01/2026 | Granollers           |
| 60 | Alonso Pozo Rebollo (1952)              | <b>1h32'35"</b> | 1h32'35" | 1h32'54"   | 05/05/2002 | Mataró               |
| 61 | Francisco Jiménez Ramos (1955)          | <b>1h32'38"</b> |          | 1h32'38"   | 06/05/2001 | Mataró               |
| 62 | Francisco Manuel Martínez Cortés (1956) | <b>1h32'57"</b> |          | 1h32'57"   | 10/02/2002 | Granollers           |
| 63 | Prudencio Pérez Hernández (1947)        | <b>1h32'59"</b> | 1h32'59" | 1h33'18"   | 12/12/2004 | Mataró               |
| 64 | Manuel Martínez Maestre (1961)          | <b>1h33'18"</b> | 1h33'18" | 1h33'33"   | 03/12/2006 | Mataró               |
| 65 | José Povedano Arribas (1958)            | <b>1h33'22"</b> |          | 1h33'22"   | 20/05/2018 | Alicante (C.EUR)     |
| 66 | Antonio Rosal Rodríguez (1968)          | <b>1h34'00"</b> | 1h34'00" | 1h34'16"   | 19/02/2023 | Barcelona            |
| 67 | Joan Antoni Martínez Giménez (1961)     | <b>1h34'02"</b> | 1h34'02" | 1h34'49"   | 04/03/2012 | Calella              |
| 68 | Pedro Cocera Martínez (1964)            | <b>1h34'17"</b> | 1h34'17" | 1h34'35"   | 09/06/2013 | Albacete             |
| 69 | Ismael Martínez Guerrero (1973)         | <b>1h34'28"</b> |          | 1h34'28"   | 28/10/2018 | Castelldefels        |
| 70 | Josep Ramírez García (1962)             | <b>1h34'35"</b> |          | 1h34'35"   | 03/02/2008 | Granollers           |
| 71 | Ángel Cáceres Prieto (1955)             | <b>1h34'38"</b> |          | 1h34'38"   | 27/03/2011 | Montornés del Vallès |
| 72 | Ginés Abril Fernández (1938)            | <b>1h34'47"</b> |          | 1h34'47"   | 22/02/1991 | Roda de Ter          |
| 73 | Nicolás Morón Carande (1972)            | <b>1h34'48"</b> | 1h34'48" | 1h35'30"   | 02/02/2020 | Granollers           |
| 74 | Fernando Quintana Rodríguez (1970)      | <b>1h35'12"</b> | 1h35'12" | 1h35'36"   | 15/01/2017 | Sitges               |
| 75 | Carlos Navarro Vegas (1975)             | <b>1h36'33"</b> | 1h36'33" |            | 05/06/2021 | Granollers           |
| 76 | Toni Perona Robles (1974)               | <b>1h41'24"</b> | 1h41'24" |            | 05/06/2021 | Granollers           |
| 77 | Fernando Solanes Prieto (1968)          | <b>1h43'58"</b> | 1h43'58" |            | 03/12/2017 | Mataró               |
| 78 | Pablo Alfimof González (1968)           | <b>1h44'15"</b> | 1h44'15" |            | 03/12/2017 | Mataró               |
| 79 | David Martínez González (1968)          | <b>1h44'25"</b> | 1h44'25" |            | 03/12/2017 | Mataró               |

### **(R) 30 km**

**M45**

|   | MARCA TR                     | T_Real          | T_Ofic   |            |            |
|---|------------------------------|-----------------|----------|------------|------------|
| 1 | Jacinto Lozano Gamito (1947) | <b>2h11'03"</b> | 2h11'03" | 31/01/1993 | Viladecans |
| 2 | Josep Vizcaíno Mora (1942)   | <b>2h36'37"</b> | 2h36'37" | 31/01/1993 | Viladecans |

### **(R) Marató**

**M45**

|   | MARCA TR                           | T_Real          | T_Ofic   |          |            |                   |
|---|------------------------------------|-----------------|----------|----------|------------|-------------------|
| 1 | Miguel Ángel Molina Porcel (1974)  | <b>2h33'10"</b> | 2h33'10" | 2h33'16" | 16/03/2025 | Barcelona (C.CAT) |
| 2 | Albert Roselló Castañares (1971)   | <b>2h41'05"</b> | 2h41'05" | 2h41'09" | 26/11/2017 | San Sebastián     |
| 3 | Ferran Rey Roncero (1967)          | <b>2h44'31"</b> | 2h44'31" | 2h44'45" | 01/12/2019 | Valencia          |
| 4 | Hilario Adalid Olmo (1940)         | <b>2h44'33"</b> |          | 2h44'33" | 16/03/1986 | Barcelona         |
| 5 | José Luis Nieto Rodríguez (1962)   | <b>2h48'10"</b> |          | 2h48'10" | 21/02/2010 | Valencia          |
| 6 | Jaume Itchart Boté (1940)          | <b>2h51'32"</b> |          | 2h51'32" | 30/04/1989 | Madrid            |
| 7 | Francisco Lancho Borreguero (1945) | <b>2h53'42"</b> |          | 2h53'42" | 31/10/1993 | San Sebastián     |

|    |   |                 |          |          |            |           |
|----|---|-----------------|----------|----------|------------|-----------|
| 8  | Alfonso Ciller Abril (1949)             | <b>2h56'27"</b> | 2h56'27" | 2h56'34" | 14/03/1999 | Barcelona |
| 9  | Albert Vilaseca Llinés (1972)           | <b>2h58'02"</b> | 2h58'02" | 2h58'09" | 15/02/2026 | Sevilla   |
| 10 | Jacinto Lozano Gamito (1947)            | <b>2h58'37"</b> |          | 2h58'37" | 14/03/1993 | Barcelona |
| 11 | Salva Carrillo Domínguez (1973)         | <b>3h01'12"</b> | 3h01'12" | 3h02'07" | 03/12/2023 | Valencia  |
| 12 | Jaume Planas Roy (1971)                 | <b>3h01'14"</b> | 3h01'14" | 3h01'25" | 19/03/2023 | Barcelona |
| 13 | Román Millán Agudo (1979)               | <b>3h01'33"</b> | 3h01'33" | 3h01'44" | 15/03/2026 | Barcelona |
| 14 | Antonio Blanco Soriano (1955)           | <b>3h03'37"</b> |          | 3h03'37" | 18/03/2001 | Barcelona |
| 15 | Vicente Vázquez Moreno (1955)           | <b>3h05'27"</b> |          | 3h05'27" | 21/03/2004 | Barcelona |
| 16 | Tomás Santiago Sierra (1953)            | <b>3h05'43"</b> |          | 3h05'43" | 14/03/1999 | Barcelona |
| 17 | Nabi Abdelkader (1970)                  | <b>3h06'06"</b> | 3h06'06" | 3h06'49" | 10/03/2019 | Barcelona |
| 18 | Anastasi Codosal Jato (1944)            | <b>3h06'45"</b> |          | 3h06'45" | 09/12/1990 | Calvià    |
| 19 | Francisco José González Romero (1968)   | <b>3h06'54"</b> | 3h06'54" | 3h07'52" | 19/02/2017 | Sevilla   |
| 20 | Francesc Garcia Alvarado (1954)         | <b>3h06'55"</b> |          | 3h06'55" | 25/04/1999 | Vic       |
| 21 | Álex Pereira Machuca (1979)             | <b>3h09'30"</b> | 3h09'30" | 3h09'49" | 15/03/2026 | Barcelona |
| 22 | José Álvarez Guillén (1947)             | <b>3h10'56"</b> |          | 3h10'56" | 13/03/1994 | Barcelona |
| 23 | Agustí Bartrés Gallart (1968)           | <b>3h13'04"</b> | 3h13'04" | 3h13'42" | 16/03/2014 | Barcelona |
| 24 | Josep Vizcaíno Mora (1942)              | <b>3h13'17"</b> |          | 3h13'17" | 13/03/1989 | Barcelona |
| 25 | Pedro Martínez Carrasco (1952)          | <b>3h15'25"</b> |          | 3h15'25" | 19/03/2000 | Barcelona |
| 26 | Manuel García Rodríguez (1971)          | <b>3h16'26"</b> | 3h16'26" | 3h20'43" | 10/03/2019 | Barcelona |
| 27 | Pedro Gómez Fernández (1961)            | <b>3h16'36"</b> | 3h16'36" | 3h16'59" | 07/11/2021 | Barcelona |
| 28 | Ismael Martínez Guerrero (1973)         | <b>3h17'07"</b> | 3h17'07" | 3h18'05" | 16/03/2014 | Barcelona |
| 29 | Alfred Torrents Font (1955)             | <b>3h17'24"</b> |          | 3h17'24" | 16/03/2003 | Barcelona |
| 30 | Antonio Blánquez Fernández (1945)       | <b>3h19'57"</b> |          | 3h19'57" | 15/03/1992 | Barcelona |
| 31 | Mariano Ruiz Gallardo (1960)            | <b>3h22'00"</b> | 3h22'00" | 3h23'34" | 24/02/2008 | Sevilla   |
| 32 | Ginés Abril Fernández (1938)            | <b>3h24'00"</b> |          | 3h24'00" | 08/12/1991 | Calvià    |
| 33 | Antonio Rosal Rodríguez (1968)          | <b>3h25'20"</b> | 3h25'20" | 3h25'30" | 03/12/2023 | Valencia  |
| 34 | Benjamín Mallo Molina (1972)            | <b>3h25'32"</b> | 3h25'32" | 3h34'12" | 12/03/2017 | Barcelona |
| 35 | Albert Marquet Amargant (1973)          | <b>3h25'40"</b> | 3h25'40" | 3h27'05" | 11/03/2018 | Barcelona |
| 36 | José Dionisio Serrano Soto (1940)       | <b>3h25'45"</b> |          | 3h25'45" | 15/03/1987 | Barcelona |
| 37 | Abdón Arévalo Álvarez (1947)            | <b>3h28'00"</b> |          | 3h28'00" | 15/03/1992 | Barcelona |
| 38 | Óscar Ibáñez Aranda (1968)              | <b>3h29'51"</b> | 3h29'51" | 3h35'06" | 02/12/2018 | Valencia  |
| 39 | Prudencio Pérez Hernández (1947)        | <b>3h30'11"</b> |          | 3h30'11" | 29/02/2004 | Sevilla   |
| 40 | Josep Casas Porras (1963)               | <b>3h30'29"</b> | 3h30'29" | 3h31'50" | 03/12/2023 | Valencia  |
| 41 | Dídac Coll Serra (1976)                 | <b>3h30'53"</b> | 3h30'53" | 3h32'18" | 16/03/2025 | Barcelona |
| 42 | Fernando Quintana Rodríguez (1970)      | <b>3h31'13"</b> | 3h31'13" | 3h32'22" | 19/02/2017 | Sevilla   |
| 43 | Francisco Manuel Martínez Cortés (1956) | <b>3h31'26"</b> |          | 3h31'26" | 26/02/2006 | Sevilla   |
| 44 | Toni Perona Robles (1974)               | <b>3h32'49"</b> | 3h32'49" | 3h33'48" | 07/11/2021 | Barcelona |
| 45 | Nicolás Morón Carande (1972)            | <b>3h32'50"</b> | 3h32'50" | 3h33'48" | 07/11/2021 | Barcelona |
| 46 | Francesc Moreno Millán (1967)           | <b>3h32'51"</b> |          | 3h32'51" | 24/04/2016 | Londres   |
| 47 | David Martínez González (1968)          | <b>3h33'28"</b> | 3h33'28" | 3h42'06" | 12/03/2017 | Barcelona |
| 48 | José Antonio Ballesta Ballesta (1962)   | <b>3h35'06"</b> | 3h35'06" | 3h37'43" | 17/04/2011 | Madrid    |
| 49 | Pablo Alfimof González (1968)           | <b>3h36'17"</b> | 3h36'17" | 3h41'38" | 02/12/2018 | Valencia  |
| 50 | Raúl López Torrubiano (1969)            | <b>3h38'36"</b> | 3h38'36" | 3h48'10" | 15/03/2015 | Barcelona |
| 51 | Fernando Solanes Prieto (1968)          | <b>3h41'17"</b> | 3h41'17" | 3h52'14" | 11/03/2018 | Barcelona |
| 52 | José Luis Martín López (1962)           | <b>3h41'21"</b> | 3h41'21" | 3h42'52" | 15/03/2015 | Barcelona |

|    |                                      |                 |          |          |            |               |
|----|--------------------------------------|-----------------|----------|----------|------------|---------------|
| 53 | Joan Antoni Martínez Giménez (1961)  | <b>3h42'07"</b> | 3h42'07" | 3h53'58" | 25/03/2012 | Barcelona     |
| 54 | David Galeote Godàs (1973)           | <b>3h42'49"</b> | 3h42'49" |          | 28/04/2019 | Londres       |
| 55 | Juan Pedro Sanz Coca (1967)          | <b>3h43'04"</b> | 3h43'04" | 3h54'23" | 17/03/2013 | Barcelona     |
| 56 | Tomás Coria Moreno (1943)            | <b>3h44'</b>    |          | 3h44'    | 01/11/1992 | New York      |
| 57 | Sebastián Espartero Caballero (1949) | <b>3h50'</b>    |          | 3h50'    | 10/10/1999 | Carpi         |
| 58 | Miguel López Parra (1949)            | <b>3h51'31"</b> |          | 3h51'31" | 15/09/1996 | Perpignan     |
| 59 | Jacinto Rodríguez Sánchez (1958)     | <b>3h52'11"</b> | 3h52'11" | 3h57'04" | 04/03/2007 | Barcelona     |
| 60 | Sergi Solanas Almarcha (1972)        | <b>3h57'51"</b> | 3h57'51" |          | 07/10/2018 | Chicago (USA) |
| 61 | Josep Vilella Vilageliu (1933)       | <b>4h06'55"</b> |          | 4h06'55" | 01/01/1980 | New York      |

### (R) 5 km marxa

M45

|   | MARCA TR                   | T_Real        | T_Ofic |        |                       |
|---|----------------------------|---------------|--------|--------|-----------------------|
| 1 | Manuel Castro Núñez (1956) | <b>33'09"</b> |        | 33'09" | 13/02/2005 Viladecans |

## MÀSTER M40

### (R) Milla Urbana

M40

|    | MARCA TR                             | T_Real         | T_Ofic |         |  |
|----|--------------------------------------|----------------|--------|---------|--|
| 1  | Albert López Font (1970)             | <b>04:46,0</b> |        | 04:46,0 | 30/05/2010 Terrassa                      |
| 2  | Joaquín Joyas Albertus (1958)        | <b>04:52,0</b> |        | 04:52,0 | 25/04/2010 Barcelona                     |
| 3  | Abdelhamed El Harrak (1978)          | <b>04:53,0</b> |        | 04:53,0 | 03/07/2022 Palau - Solità i Plegamans (C |
| 4  | Antonio Antúnez Soria (1980)         | <b>04:57,0</b> |        | 04:57,0 | 03/07/2022 Palau - Solità i Plegamans (C |
| 5  | Joan Martí Ramoneda Sentenach (1982) | <b>04:59,0</b> |        | 04:59,0 | 19/04/2026 Ripollet (C.CAT)              |
| 6  | Pedro José Martínez Carrión (1984)   | <b>05:04,0</b> |        | 05:04,0 | 19/04/2026 Ripollet (C.CAT)              |
| 7  | Joan Navarro Rodríguez (1977)        | <b>05:06,0</b> |        | 05:06,0 | 30/06/2024 Palau - Solità i Plegamans (C |
| 8  | Javier Castro Romero (1983)          | <b>05:06,0</b> |        | 05:06,0 | 08/06/2025 Montcada i Reixac (C.CAT)     |
| 9  | Miguel Ángel Molina Porcel (1974)    | <b>05:18,0</b> |        | 05:18,0 | 25/04/2021 Canet de Mar (C.CAT)          |
| 10 | Sergi Martín García (1975)           | <b>05:23,0</b> |        | 05:23,0 | 08/06/2025 Montcada i Reixac             |
| 11 | Benjamín Mallo Molina (1972)         | <b>05:29,0</b> |        | 05:29,0 | 08/06/2025 Montcada i Reixac (C.CAT)     |
| 12 | Sergi Riera Duran (1978)             | <b>05:30,0</b> |        | 05:30,0 | 25/04/2021 Canet de Mar (C.CAT)          |
| 13 | Jordi Martí Pañella (1973)           | <b>05:32,0</b> |        | 05:32,0 | 12/08/2017 Sant Antoni de Calonge        |
| 14 | Daniel Espartero Aranda (1977)       | <b>05:32,0</b> |        | 05:32,0 | 25/04/2021 Canet de Mar (C.CAT)          |
| 15 | Juan José Ruiz Aguilera (1978)       | <b>05:33,0</b> |        | 05:33,0 | 25/04/2021 Canet de Mar (C.CAT)          |
| 16 | Francisco Molina Rubio (1963)        | <b>05:42,0</b> |        | 05:42,0 | 09/06/2019 Montcada i Reixac             |
| 17 | Oriol Berengueres Llordes (1975)     | <b>05:43,0</b> |        | 05:43,0 | 19/10/2019 Berango                       |
| 18 | Nabi Abdelkader (1970)               | <b>05:43,0</b> |        | 05:43,0 | 29/06/2025 Palau - Solità i Plegamans    |
| 19 | Juan Pedro Sanz Coca (1967)          | <b>05:48,0</b> |        | 05:48,0 | 01/07/2018 Palau - Solità i Plegamans    |
| 20 | Jordi Villalba Vera (1962)           | <b>06:05,0</b> |        | 06:05,0 | 05/06/2022 Montcada i Reixac             |
| 21 | José Povedano Arribas (1958)         | <b>06:15,0</b> |        | 06:15,0 | 30/06/2019 Palau - Solità i Plegamans    |
| 22 | Miguel Ángel Gámez García (1971)     | <b>06:18,0</b> |        | 06:18,0 | 31/05/2015 Montcada i Reixac             |
| 23 | José Luis Martín López (1962)        | <b>06:19,0</b> |        | 06:19,0 | 26/04/2015 Barcelona                     |
| 24 | Francisco Pozo Martínez (1953)       | <b>06:22,0</b> |        | 06:22,0 | 02/07/2023 Palau - Solità i Plegamans (C |
| 25 | Prudencio Pérez Hernández (1947)     | <b>07:10,0</b> |        | 07:10,0 | 01/07/2018 Palau - Solità i Plegamans    |
| 26 | Albert Artigas Lloret (1955)         | <b>07:12,0</b> |        | 07:12,0 | 04/06/2023 Montcada i Reixac             |

|                 |                                      |                |        |         |            |                              |
|-----------------|--------------------------------------|----------------|--------|---------|------------|------------------------------|
| 27              | Alfred Torrents Font (1955)          | <b>07:16,0</b> |        | 07:16,0 | 08/06/2025 | Montcada i Reixac (C.CAT)    |
| <b>(R) 5 km</b> |                                      |                |        |         |            | <b>M40</b>                   |
|                 |                                      | MARCA TR       | T_Real | T_Ofic  |            |                              |
| 1               | Albert López Font (1970)             | <b>15'49"</b>  | 15'49" | 15'49"  | 19/12/2010 | Lloret de Mar                |
| 2               | Abdelhamed El Harrak (1978)          | <b>16'41"</b>  | 16'41" | 16'42"  | 18/05/2025 | Vilanova i la Geltrú (C.CAT) |
| 3               | Ferran Rey Roncero (1967)            | <b>16'42"</b>  | 16'42" | 16'43"  | 12/12/2021 | Viladecans (C.CAT)           |
| 4               | Joan Navarro Rodríguez (1977)        | <b>16'45"</b>  | 16'45" | 16'59"  | 08/12/2024 | Viladecans (C.CAT)           |
| 5               | Manuel Vázquez Tundidor (1967)       | <b>16'52"</b>  |        | 16'52"  | 27/12/2009 | Lloret de Mar                |
| 6               | Joaquín Joyas Albertus (1958)        | <b>16'59"</b>  |        | 16'59"  | 27/12/2009 | Lloret de Mar                |
| 7               | Nabi Abdelkader (1970)               | <b>17'00"</b>  | 17'00" | 17'00"  | 21/12/2014 | Viladecans (C.CAT)           |
| 8               | Joan Martí Ramoneda Sentenach (1982) | <b>17'03"</b>  | 17'03" | 17'03"  | 26/12/2025 | El Masnou                    |
| 9               | Miguel Ángel Molina Porcel (1974)    | <b>17'12"</b>  |        | 17'12"  | 09/05/2021 | El Prat del Llobregat        |
| 10              | Alfred Redrado Gil (1967)            | <b>17'24"</b>  | 17'24" | 17'28"  | 11/12/2022 | Viladecans (C.CAT)           |
| 11              | Pedro José Martínez Carrión (1984)   | <b>17'43"</b>  | 17'43" | 17'43"  | 08/12/2024 | Viladecans (C.CAT)           |
| 12              | Daniel Espartero Aranda (1977)       | <b>17'53"</b>  |        | 17'53"  | 09/05/2021 | El Prat del Llobregat        |
| 13              | Albert Roselló Castañares (1971)     | <b>17'53"</b>  | 17'53" | 17'54"  | 26/12/2024 | El Masnou                    |
| 14              | Sergi Riera Duran (1978)             | <b>17'57"</b>  | 17'57" | 17'58"  | 08/12/2019 | Viladecans                   |
| 15              | Juan José García Anguita (1965)      | <b>18'03"</b>  |        | 18'03"  | 27/12/2009 | Lloret de Mar                |
| 16              | Agustí Bartrés Gallart (1968)        | <b>18'03"</b>  | 18'03" | 18'08"  | 19/12/2010 | Lloret de Mar                |
| 17              | Laureano Tinoco Gómez (1984)         | <b>18'04"</b>  | 18'04" | 18'08"  | 26/12/2024 | El Masnou                    |
| 18              | Javier Castro Romero (1983)          | <b>18'08"</b>  | 18'08" | 18'09"  | 08/12/2024 | Viladecans (C.CAT)           |
| 19              | Jaume Planas Roy (1971)              | <b>18'09"</b>  | 18'09" | 18'12"  | 13/12/2015 | Viladecans (C.CAT)           |
| 20              | Sergi Martín García (1975)           | <b>18'18"</b>  | 18'18" | 18'24"  | 26/12/2023 | El Masnou                    |
| 21              | Abraham Sánchez Lafuente (1979)      | <b>18'58"</b>  | 18'58" | 19'07"  | 26/12/2021 | El Masnou                    |
| 22              | Benjamín Mallo Molina (1972)         | <b>19'05"</b>  | 19'05" | 19'13"  | 25/01/2026 | Barcelona (C.CAT)            |
| 23              | Juan Pedro Sanz Coca (1967)          | <b>19'24"</b>  | 19'24" | 19'27"  | 27/01/2019 | Terrassa (C.CAT)             |
| 24              | Ernesto Fletas Pablos (1972)         | <b>19'32"</b>  | 19'32" | 19'44"  | 25/01/2026 | Barcelona                    |
| 25              | Oriol Berengueres Llordes (1975)     | <b>19'42"</b>  | 19'42" | 19'50"  | 15/12/2019 | Barcelona                    |
| 26              | Mariano Ruiz Gallardo (1960)         | <b>19'45"</b>  | 19'45" | 19'51"  | 19/12/2010 | Lloret de Mar                |
| 27              | Salva Carrillo Domínguez (1973)      | <b>19'46"</b>  | 19'46" | 25'03"  | 26/12/2024 | El Masnou                    |
| 28              | Álex Pereira Machuca (1979)          | <b>19'49"</b>  | 19'49" | 20'33"  | 26/12/2021 | El Masnou                    |
| 29              | Francisco Molina Rubio (1963)        | <b>20'01"</b>  | 20'01" | 20'05"  | 11/12/2022 | Viladecans (C.CAT)           |
| 30              | Antonio Rosal Rodríguez (1968)       | <b>20'17"</b>  | 20'17" | 21'03"  | 26/12/2022 | El Masnou                    |
| 31              | José Povedano Arribas (1958)         | <b>20'26"</b>  | 20'26" | 21'27"  | 13/12/2015 | Viladecans (C.CAT)           |
| 32              | Jordi Villalba Vera (1962)           | <b>20'40"</b>  | 20'40" | 20'43"  | 11/12/2022 | Viladecans (C.CAT)           |
| 33              | Joan Miquel Coromina Castell (1967)  | <b>20'41"</b>  | 20'41" | 20'51"  | 10/12/2023 | Viladecans                   |
| 34              | Francisco Pozo Martínez (1953)       | <b>21'19"</b>  | 21'19" | 21'30"  | 10/12/2023 | Viladecans                   |
| 35              | Ángel Cáceres Prieto (1955)          | <b>21'47"</b>  | 21'47" | 22'12"  | 19/12/2010 | Lloret de Mar                |
| 36              | Prudencio Pérez Hernández (1947)     | <b>21'49"</b>  | 21'49" | 22'24"  | 13/12/2015 | Viladecans (C.CAT)           |
| 37              | Albert Artigas Lloret (1955)         | <b>22'05"</b>  | 22'05" | 22'09"  | 08/12/2019 | Viladecans                   |
| 38              | Miguel Ángel Gámez García (1971)     | <b>22'06"</b>  | 22'06" | 22'16"  | 13/12/2015 | Viladecans (C.CAT)           |
| 39              | Juan José Ruiz Aguilera (1978)       | <b>22'09"</b>  | 22'09" | 30'08"  | 26/12/2021 | El Masnou                    |
| 40              | Juan Martínez López (1965)           | <b>22'33"</b>  | 22'33" | 22'57"  | 19/12/2010 | Lloret de Mar                |
| 41              | Sergi Solanas Almarcha (1972)        | <b>22'43"</b>  | 22'43" | 26'44"  | 26/12/2023 | El Masnou                    |

|    |                                    |               |        |            |                                 |
|----|------------------------------------|---------------|--------|------------|---------------------------------|
| 42 | Josep Ram3rez Garc3a (1962)        | <b>22'45"</b> | 22'45" | 19/12/2010 | Lloret de Mar                   |
| 43 | Ismael Mart3nez Guerrero (1973)    | <b>22'45"</b> | 22'45" | 23'12"     | 26/12/2022 El Masnou            |
| 44 | Fernando Rincones Hern3ndez (1980) | <b>22'45"</b> | 22'45" | 23'12"     | 26/12/2022 El Masnou            |
| 45 | Francesc Moreno Mill3n (1967)      | <b>23'02"</b> | 23'02" | 27'03"     | 26/12/2023 El Masnou            |
| 46 | Toni Perona Robles (1974)          | <b>23'43"</b> | 23'43" | 24'39"     | 26/12/2022 El Masnou            |
| 47 | Alfred Torrents Font (1955)        | <b>23'53"</b> | 23'53" | 25'00"     | 13/12/2015 Viladecans (C.CAT)   |
| 48 | Diego Palma Jim3nez (1953)         | <b>23'58"</b> | 23'58" | 24'03"     | 19/12/2010 Lloret de Mar        |
| 49 | Juan Jos3 P3rez Vera (1956)        | <b>24'57"</b> | 24'57" | 25'01"     | 28/12/2008 Lloret de Mar        |
| 50 | David Cocera Mart3nez (1969)       | <b>25'43"</b> | 25'43" | 25'46"     | 19/12/2010 Lloret de Mar        |
| 51 | Josep Casas Porras (1963)          | <b>25'47"</b> | 25'47" | 33'46"     | 26/12/2023 El Masnou            |
| 52 | Manuel Molina Garc3a (1961)        | <b>27'48"</b> | 27'48" | 28'08"     | 21/02/2015 Vilanova i la Geltr3 |

**(R) 10 km**

***M3nima 45'***

**M40**

|    |                                       | MARCA TR      | T_Real | T_Ofic |            |                      |
|----|---------------------------------------|---------------|--------|--------|------------|----------------------|
| 1  | Abdelhamed El Harrak (1978)           | <b>33'10"</b> | 33'10" | 33'12" | 31/12/2021 | Barcelona            |
| 2  | Albert L3pez Font (1970)              | <b>33'34"</b> | 33'34" | 33'34" | 22/01/2017 | Barcelona            |
| 3  | Manuel V3zquez Tundidor (1967)        | <b>33'42"</b> | 33'42" | 33'42" | 05/06/2011 | Pineda de Mar        |
| 4  | Miguel 3ngel Molina Porcel (1974)     | <b>33'50"</b> | 33'50" | 33'54" | 31/12/2025 | Barcelona            |
| 5  | Antonio Ant3nez Soria (1980)          | <b>33'58"</b> |        | 33'58" | 24/04/2021 | Granollers           |
| 6  | Albert Rosell3 Casta3ares (1971)      | <b>34'06"</b> | 34'06" | 34'08" | 31/12/2018 | Barcelona            |
| 7  | Ferran Rey Roncero (1967)             | <b>34'25"</b> | 34'25" | 34'28" | 31/12/2019 | Barcelona            |
| 8  | Joaqu3n Joyas Albertus (1958)         | <b>34'31"</b> |        | 34'31" | 30/03/2003 | Barcelona            |
| 9  | Nabi Abdelkader (1970)                | <b>34'44"</b> | 34'44" | 34'47" | 10/06/2012 | Pineda de Mar        |
| 10 | Joan Mart3 Ramoneda Sentenach (1982)  | <b>35'02"</b> | 35'02" | 35'05" | 31/12/2025 | Barcelona            |
| 11 | Francisco Javier Avil3s Alejos (1968) | <b>35'04"</b> |        | 35'04" | 31/12/2009 | Barcelona            |
| 12 | Jos3 Luis Nieto Rodr3guez (1962)      | <b>35'06"</b> | 35'06" | 35'10" | 31/12/2007 | Barcelona            |
| 13 | Alberto Viera M3rmol (1982)           | <b>35'22"</b> | 35'22" | 35'30" | 10/11/2024 | Barcelona            |
| 14 | Sergi Mart3n Garc3a (1975)            | <b>35'33"</b> | 35'33" | 35'35" | 31/12/2018 | Barcelona            |
| 15 | Juan Jos3 Garc3a Anguita (1965)       | <b>35'37"</b> |        | 35'37" | 18/04/2010 | Barcelona            |
| 16 | Aleix Aznar Tornamorell (1971)        | <b>35'41"</b> | 35'41" | 35'44" | 26/11/2017 | Barcelona            |
| 17 | Jaume Itchart Bot3 (1940)             | <b>35'43"</b> |        | 35'43" | 01/09/1985 | Vilanova i la Geltr3 |
| 18 | Rom3n Adalid Casado (1965)            | <b>35'50"</b> |        | 35'50" | 13/05/2011 | Thionville (Fra)     |
| 19 | Daniel Fern3ndez Mu3oz (1971)         | <b>35'57"</b> | 35'57" | 35'57" | 31/12/2012 | Barcelona            |
| 20 | Francisco Coria Ben3tez (1973)        | <b>36'20"</b> | 36'20" | 36'20" | 12/10/2017 | Barcelona            |
| 21 | Alfred Redrado Gil (1967)             | <b>36'23"</b> | 36'23" | 36'23" | 18/05/2019 | Matar3               |
| 22 | Agust3 Bartr3s Gallart (1968)         | <b>36'35"</b> | 36'35" | 36'37" | 31/12/2008 | Barcelona            |
| 23 | Pedro Jos3 Mart3nez Carri3n (1984)    | <b>36'36"</b> | 36'36" | 36'41" | 25/01/2026 | Barcelona            |
| 24 | Josep Oriol Bruguera Dom3nguez (1978) | <b>36'47"</b> | 36'47" | 36'53" | 31/12/2024 | Barcelona            |
| 25 | Javier Castro Romero (1983)           | <b>36'52"</b> | 36'52" | 36'56" | 31/12/2024 | Barcelona            |
| 26 | Sergi Riera Duran (1978)              | <b>36'53"</b> | 36'53" | 37'11" | 31/12/2019 | Barcelona            |
| 27 | Joan Navarro Rodr3guez (1977)         | <b>37'07"</b> | 37'07" | 37'10" | 03/11/2024 | Montgat              |
| 28 | Manuel Mart3nez Maestre (1961)        | <b>37'10"</b> |        | 37'10" | 30/03/2003 | Barcelona            |
| 29 | Rafael Jim3nez Reyes (1961)           | <b>37'31"</b> |        | 37'31" | 21/10/2001 | Sabadell             |
| 30 | Jacinto Rodr3guez S3nchez (1958)      | <b>37'31"</b> |        | 37'31" | 09/04/2006 | Barcelona            |
| 31 | Daniel Espartero Aranda (1977)        | <b>37'38"</b> | 37'38" | 37'56" | 31/12/2019 | Barcelona            |

|    |                                       |               |        |        |            |                           |
|----|---------------------------------------|---------------|--------|--------|------------|---------------------------|
| 32 | Javier Plaza Martín (1958)            | <b>37'43"</b> |        | 37'43" | 08/04/2001 | Barcelona                 |
| 33 | Tomás Santiago Sierra (1953)          | <b>37'44"</b> | 37'44" | 39'43" | 22/10/2000 | Sabadell                  |
| 34 | Jaume Planas Roy (1971)               | <b>38'20"</b> | 38'20" | 38'28" | 31/12/2022 | Barcelona                 |
| 35 | Jesús Sánchez Cañadas (1964)          | <b>38'24"</b> | 38'24" | 38'32" | 02/06/2007 | Pineda de Mar             |
| 36 | Francisco Chaves Mejías (1956)        | <b>38'29"</b> | 38'29" | 38'31" | 01/06/2008 | Pineda de Mar             |
| 37 | Vicente Vázquez Moreno (1955)         | <b>38'37"</b> | 38'37" | 38'39" | 31/12/2003 | Barcelona                 |
| 38 | Jordi Martí Pañella (1973)            | <b>39'24"</b> | 39'24" | 39'25" | 08/10/2017 | El Prat del Llobregat     |
| 39 | Pedro Cocera Martínez (1964)          | <b>39'25"</b> |        | 39'25" | 01/06/2008 | Pineda de Mar             |
| 40 | Alfred Torrents Font (1955)           | <b>39'27"</b> |        | 39'27" | 10/06/2001 | Manresa                   |
| 41 | Juan Pedro Sanz Coca (1967)           | <b>39'29"</b> | 39'29" | 39'38" | 21/01/2018 | Barcelona (C.CAT)         |
| 42 | Juan José Ruiz Aguilera (1978)        | <b>39'30"</b> | 39'30" | 39'54" | 31/12/2025 | Barcelona                 |
| 43 | Benjamín Mallo Molina (1972)          | <b>39'49"</b> | 39'49" | 39'49" | 11/05/2025 | El Prat del Llobregat     |
| 44 | José Castro Notario (1956)            | <b>39'54"</b> | 39'54" | 40'20" | 31/12/2006 | Barcelona                 |
| 45 | Francisco Molina Rubio (1963)         | <b>40'00"</b> |        | 40'00" | 15/04/2018 | Iurreta (Biscaia) (C.ESP) |
| 46 | Óscar Ordoyo Gimeno (1975)            | <b>40'07"</b> | 40'07" | 40'17" | 20/05/2018 | Barcelona                 |
| 47 | Albert Marquet Amargant (1973)        | <b>40'19"</b> | 40'19" | 40'23" | 13/05/2018 | Vilanova i la Geltrú      |
| 48 | Jordi Perulero Núñez (1981)           | <b>40'27"</b> |        | 40'27" | 24/04/2021 | Granollers                |
| 49 | Mariano Ruiz Gallardo (1960)          | <b>40'36"</b> | 40'36" | 41'44" | 06/04/2009 | Barcelona                 |
| 50 | Antonio Blanco Soriano (1955)         | <b>40'58"</b> |        | 40'58" | 24/10/1999 | Sabadell                  |
| 51 | Salva Carrillo Domínguez (1973)       | <b>41'04"</b> | 41'04" | 41'32" | 26/01/2025 | Barcelona (C.CAT)         |
| 52 | Francesc Garcia Alvarado (1954)       | <b>41'05"</b> |        | 41'05" | 22/10/2000 | Sabadell                  |
| 53 | Alfonso Ciller Abril (1949)           | <b>41'05"</b> |        | 41'05" | 21/10/2001 | Sabadell                  |
| 54 | Francisco José González Romero (1968) | <b>41'18"</b> | 41'18" | 41'22" | 05/06/2016 | Pineda de Mar             |
| 55 | Albert Artigas Lloret (1955)          | <b>41'25"</b> |        | 41'25" | 22/10/2000 | Sabadell                  |
| 56 | Román Millán Agudo (1979)             | <b>41'30"</b> | 41'30" | 41'36" | 16/10/2022 | Badalona                  |
| 57 | Oriol Berengueres Llordes (1975)      | <b>41'31"</b> | 41'31" | 41'31" | 01/03/2020 | Caldes d' Estrac          |
| 58 | Juan Martínez López (1965)            | <b>41'39"</b> | 41'39" | 42'36" | 31/12/2012 | Barcelona                 |
| 59 | Raúl López Torrubiano (1969)          | <b>41'42"</b> | 41'42" | 43'17" | 31/12/2014 | Barcelona                 |
| 60 | Pedro Postigo Matas (1973)            | <b>41'44"</b> | 41'44" | 41'50" | 31/05/2014 | Mataró                    |
| 61 | Francisco Jiménez Ramos (1955)        | <b>42'26"</b> |        | 42'26" | 07/06/2003 | El Prat del Llobregat     |
| 62 | Carles Correa Filbà (1960)            | <b>42'29"</b> |        | 42'29" | 01/04/2007 | Barcelona                 |
| 63 | José Antonio Ballesta Ballesta (1962) | <b>42'40"</b> | 42'40" | 43'15" | 31/12/2011 | Barcelona                 |
| 64 | José Povedano Arribas (1958)          | <b>42'41"</b> |        | 42'41" | 15/04/2018 | Iurreta (Biscaia) (C.ESP) |
| 65 | Josep Ramírez García (1962)           | <b>43'07"</b> | 43'07" | 43'33" | 31/12/2006 | Barcelona                 |
| 66 | Prudencio Pérez Hernández (1947)      | <b>43'07"</b> | 43'07" | 43'18" | 05/06/2011 | Pineda de Mar             |
| 67 | Joan Miquel Coromina Castell (1967)   | <b>43'13"</b> | 43'13" | 43'15" | 25/02/2024 | Castelló de la Plana      |
| 68 | José Luis Martín López (1962)         | <b>43'14"</b> | 43'14" | 44'13" | 31/12/2016 | Barcelona                 |
| 69 | Carlos Navarro Vegas (1975)           | <b>43'22"</b> | 43'22" | 44'59" | 31/12/2016 | Barcelona                 |
| 70 | Miguel Ángel Gámez García (1971)      | <b>43'25"</b> | 43'25" | 43'32" | 07/08/2011 | Malgrat                   |
| 71 | Diego Palma Jiménez (1953)            | <b>43'29"</b> |        | 43'29" | 22/10/2000 | Sabadell                  |
| 72 | Jordi Pelegrí Altarriba (1956)        | <b>43'33"</b> |        | 43'33" | 19/10/2003 | Sabadell                  |
| 73 | Javier Cid Cano (1969)                | <b>43'37"</b> |        | 43'37" | 18/04/2010 | Barcelona                 |
| 74 | Pedro Martínez Carrasco (1952)        | <b>43'41"</b> |        | 43'41" | 22/10/2000 | Sabadell                  |
| 75 | Francisco Pozo Martínez (1953)        | <b>44'18"</b> | 44'18" | 44'19" | 25/02/2024 | Castelló de la Plana      |
| 76 | Ismael Martínez Guerrero (1973)       | <b>44'20"</b> |        | 44'20" | 24/04/2016 | Alcañiz (C.ESP)           |

|    |                                  |               |        |        |            |                       |
|----|----------------------------------|---------------|--------|--------|------------|-----------------------|
| 77 | Francesc Moreno Millán (1967)    | <b>44'48"</b> | 44'48" | 44'51" | 05/06/2016 | Pineda de Mar         |
| 78 | Manuel Molina García (1961)      | <b>44'52"</b> | 44'52" | 44'54" | 31/05/2015 | El Prat del Llobregat |
| 79 | Eusebio González González (1974) | <b>49'26"</b> | 49'26" |        | 17/11/2019 | Les Franqueses        |

### **(R) 20 km**

***Mínima 1h 25'***

**M40**

|    |                                    | MARCA TR        | T_Real | T_Ofic   |            |         |
|----|------------------------------------|-----------------|--------|----------|------------|---------|
| 1  | Hilario Adalid Olmo (1940)         | <b>1h12'58"</b> |        | 1h12'58" | 09/12/1984 | Ripoll  |
| 2  | Jaume Itchart Boté (1940)          | <b>1h15'14"</b> |        | 1h15'14" | 09/12/1984 | Ripoll  |
| 3  | Sergi Martín García (1975)         | <b>1h15'45"</b> |        | 1h15'45" | 11/11/2018 | Behobia |
| 4  | Baltasar Cadórniga Martínez (1946) | <b>1h18'31"</b> |        | 1h18'31" | 26/11/1989 | Ripoll  |
| 5  | Francesc Garcia Alvarado (1954)    | <b>1h18'43"</b> |        | 1h18'43" | 15/09/1996 | Ceret   |
| 6  | Anastasi Codosal Jato (1944)       | <b>1h18'44"</b> |        | 1h18'44" | 25/11/1990 | Ripoll  |
| 7  | Jacinto Rodríguez Sánchez (1958)   | <b>1h20'58"</b> |        | 1h20'58" | 17/09/2000 | Ceret   |
| 8  | Enric Bachs Taberner (1948)        | <b>1h21'42"</b> |        | 1h21'42" | 24/11/1991 | Ripoll  |
| 9  | Josep Vizcaíno Mora (1942)         | <b>1h22'09"</b> |        | 1h22'09" | 09/12/1984 | Ripoll  |
| 10 | Ramon Colomer Besalú (1945)        | <b>1h22'13"</b> |        | 1h22'13" | 26/11/1989 | Ripoll  |
| 11 | Jacinto Lozano Gamito (1947)       | <b>1h22'13"</b> |        | 1h22'13" | 29/11/1992 | Ripoll  |
| 12 | Juan José Requena Fuentes (1951)   | <b>1h23'30"</b> |        | 1h23'30" | 25/11/1992 | Ripoll  |
| 13 | Antonio Blánquez Fernández (1945)  | <b>1h23'40"</b> |        | 1h23'40" | 26/11/1989 | Ripoll  |
| 14 | Francisco Lancho Borreguero (1945) | <b>1h24'23"</b> |        | 1h24'23" | 24/11/1991 | Ripoll  |

### **(R) Mitja maratón**

***Mínima 1h 27'***

**M40**

|    |  | MARCA TR        | T_Real   | T_Ofic   |            |                      |
|----|--|-----------------|----------|----------|------------|----------------------|
| 1  | Manuel Vázquez Tundidor (1967)           | <b>1h13'53"</b> | 1h13'53" | 1h13'53" | 30/01/2011 | Barcelona            |
| 2  | Miguel Ángel Molina Porcel (1974)        | <b>1h14'04"</b> | 1h14'04" | 1h14'31" | 16/02/2025 | Barcelona            |
| 3  | Albert Roselló Castañares (1971)         | <b>1h14'39"</b> | 1h14'39" | 1h14'52" | 10/02/2019 | Barcelona            |
| 4  | Antonio Antúnez Soria (1980)             | <b>1h14'50"</b> | 1h14'50" | 1h15'01" | 19/02/2023 | Barcelona            |
| 5  | Nabi Abdelkader (1970)                   | <b>1h15'36"</b> | 1h15'36" | 1h15'36" | 15/02/2015 | Barcelona            |
| 6  | Francisco Javier Avilés Alejos (1968)    | <b>1h16'05"</b> | 1h16'05" | 1h16'05" | 28/03/2010 | Montornés del Vallès |
| 7  | Joan Martí Ramoneda Sentenach (1982)     | <b>1h16'24"</b> | 1h16'24" | 1h16'29" | 15/02/2026 | Barcelona            |
| 8  | José Luis Nieto Rodríguez (1962)         | <b>1h16'35"</b> |          | 1h16'35" | 02/02/2003 | Granollers           |
| 9  | Juan Vico Mirón (1946)                   | <b>1h16'42"</b> |          | 1h16'42" | 18/01/1987 | Granollers           |
| 10 | Hilario Adalid Olmo (1940)               | <b>1h17'</b>    |          | 1h17'    | 10/01/1988 | Sitges               |
| 11 | Josep M <sup>a</sup> Molleví Fité (1954) | <b>1h17'35"</b> |          | 1h17'35" | 08/02/1998 | Barcelona            |
| 12 | Tomás Santiago Sierra (1953)             | <b>1h17'43"</b> |          | 1h17'43" | 02/03/1997 | Calella              |
| 13 | Dionisio Gómez Parra (1959)              | <b>1h17'45"</b> |          | 1h17'45" | 10/02/2002 | Granollers           |
| 14 | Ferran Rey Roncero (1967)                | <b>1h17'58"</b> | 1h17'58" | 1h18'07" | 11/02/2018 | Barcelona            |
| 15 | Sergi Martín García (1975)               | <b>1h17'58"</b> | 1h17'58" | 1h18'08" | 11/02/2018 | Barcelona            |
| 16 | Alberto Viera Mármol (1982)              | <b>1h18'18"</b> | 1h18'18" | 1h18'20" | 20/10/2024 | Mollerussa (C.CAT)   |
| 17 | José Luis Díaz Santano (1948)            | <b>1h18'33"</b> |          | 1h18'33" | 19/01/1992 | Granollers           |
| 18 | Jaume Itchart Boté (1940)                | <b>1h18'37"</b> |          | 1h18'37" | 25/02/1990 | Roda de Ter          |
| 19 | Jacinto Rodríguez Sánchez (1958)         | <b>1h18'53"</b> |          | 1h18'53" | 07/02/1999 | Barcelona            |
| 20 | Juan Pérez Muñoz (1959)                  | <b>1h19'14"</b> |          | 1h19'14" | 06/05/2001 | Mataró               |
| 21 | Andrés Valenzuela Carmona (1956)         | <b>1h19'39"</b> |          | 1h19'39" | 27/02/2000 | Montornés del Vallès |
| 22 | Joaquín Joyas Albertus (1958)            | <b>1h19'46"</b> |          | 1h19'46" | 03/02/2008 | Granollers           |
| 23 | Juan José García Anguita (1965)          | <b>1h19'47"</b> | 1h19'47" | 1h19'52" | 28/03/2010 | Montornés del Vallès |

|    |   |                 |          |          |            |                      |
|----|---|-----------------|----------|----------|------------|----------------------|
| 24 | Anastasi Codosal Jato (1944)            | <b>1h19'50"</b> |          | 1h19'50" | 20/01/1991 | Granollers           |
| 25 | Francisco Coria Benítez (1973)          | <b>1h19'51"</b> | 1h19'51" | 1h19'54" | 22/10/2017 | Castelldefels        |
| 26 | Daniel Fernández Muñoz (1971)           | <b>1h20'26"</b> | 1h20'26" | 1h20'29" | 09/06/2013 | Albacete             |
| 27 | Prudencio Pérez Hernández (1947)        | <b>1h20'30"</b> |          | 1h20'30" | 22/02/1987 | Roda de Ter          |
| 28 | Jordi Pelegrí Altarriba (1956)          | <b>1h20'30"</b> |          | 1h20'30" | 02/03/1997 | Calella              |
| 29 | Pedro José Martínez Carrión (1984)      | <b>1h20'46"</b> | 1h20'46" | 1h20'48" | 18/01/2026 | Granollers (C.CAT)   |
| 30 | Román Adalid Casado (1965)              | <b>1h21'19"</b> | 1h21'19" | 1h21'19" | 20/03/2011 | Calella              |
| 31 | Baltasar Cadórniga Martínez (1946)      | <b>1h21'35"</b> |          | 1h21'35" | 01/01/1990 | Sitges               |
| 32 | José Galisteo López (1953)              | <b>1h21'38"</b> |          | 1h21'38" | 22/01/1995 | Granollers           |
| 33 | Josep Oriol Bruguera Domínguez (1978)   | <b>1h21'38"</b> | 1h21'38" | 1h24'13" | 06/02/2022 | Granollers           |
| 34 | Manuel Martínez Maestre (1961)          | <b>1h21'49"</b> | 1h21'49" | 1h21'49" | 11/05/2003 | Mataró               |
| 35 | Alfonso Ciller Abril (1949)             | <b>1h22'09"</b> |          | 1h22'09" | 27/02/2000 | Montornés del Vallès |
| 36 | Jaume Planas Roy (1971)                 | <b>1h22'09"</b> | 1h22'09" | 1h22'21" | 15/02/2015 | Barcelona            |
| 37 | Joan Navarro Rodríguez (1977)           | <b>1h22'09"</b> | 1h22'09" | 1h22'15" | 27/04/2025 | Gavà                 |
| 38 | Francesc Garcia Alvarado (1954)         | <b>1h22'26"</b> |          | 1h22'26" | 11/02/1996 | Barcelona            |
| 39 | Agustí Bartrés Gallart (1968)           | <b>1h22'44"</b> | 1h22'44" | 1h22'54" | 26/02/2012 | Barcelona            |
| 40 | Daniel Espartero Aranda (1977)          | <b>1h22'47"</b> | 1h22'47" |          | 03/12/2017 | Mataró               |
| 41 | Sergi Riera Duran (1978)                | <b>1h22'50"</b> | 1h22'50" | 1h23'54" | 10/02/2019 | Barcelona            |
| 42 | Albert Vilaseca Llinés (1972)           | <b>1h23'14"</b> | 1h23'14" | 1h23'20" | 26/04/2026 | Gavà                 |
| 43 | Jesús Sánchez Cañadas (1964)            | <b>1h23'25"</b> | 1h23'25" | 1h23'39" | 11/02/2007 | Barcelona            |
| 44 | Isidro Prados Jiménez (1958)            | <b>1h23'29"</b> |          | 1h23'29" | 02/02/2003 | Granollers           |
| 45 | Jacinto Lozano Gamito (1947)            | <b>1h23'50"</b> |          | 1h23'50" | 22/01/1995 | Granollers           |
| 46 | Santos González Conde-Ruiz (1947)       | <b>1h24'</b>    |          | 1h24'    | 22/01/1989 | Granollers           |
| 47 | Pedro Gómez Fernández (1961)            | <b>1h24'07"</b> |          | 1h24'07" | 23/02/2003 | Montornés del Vallès |
| 48 | Pedro Martínez Carrasco (1952)          | <b>1h24'19"</b> |          | 1h24'19" | 22/01/1995 | Granollers           |
| 49 | Juan José Ruiz Aguilera (1978)          | <b>1h24'19"</b> |          | 1h24'19" | 28/10/2018 | Castelldefels        |
| 50 | Manuel Iribarren Hernández (1953)       | <b>1h24'35"</b> |          | 1h24'35" | 02/02/2003 | Granollers           |
| 51 | Alberto Cánovas González (1979)         | <b>1h24'41"</b> | 1h24'41" | 1h25'28" | 19/02/2023 | Barcelona            |
| 52 | Vicente Vázquez Moreno (1955)           | <b>1h24'43"</b> |          | 1h24'43" | 07/01/2001 | Sitges               |
| 53 | Ramon Colomer Besalú (1945)             | <b>1h25'44"</b> |          | 1h25'44" | 22/01/1989 | Granollers           |
| 54 | Enric Bachs Taberner (1948)             | <b>1h25'44"</b> |          | 1h25'44" | 19/01/1992 | Granollers           |
| 55 | Juan Pedro Sanz Coca (1967)             | <b>1h25'56"</b> | 1h25'56" | 1h26'26" | 10/02/2019 | Barcelona            |
| 56 | Salva Carrillo Domínguez (1973)         | <b>1h26'00"</b> | 1h26'00" | 1h26'33" | 28/01/2024 | Sevilla              |
| 57 | Miquel Capdevilla Merino (1966)         | <b>1h26'09"</b> | 1h26'09" | 1h26'24" | 02/12/2007 | Mataró               |
| 58 | Rafael Jiménez Reyes (1961)             | <b>1h26'19"</b> | 1h26'19" | 1h26'20" | 05/05/2002 | Mataró               |
| 59 | Javier Plaza Martín (1958)              | <b>1h26'20"</b> |          | 1h26'20" | 18/02/2001 | Barcelona            |
| 60 | Francisco Lancho Borreguero (1945)      | <b>1h26'25"</b> |          | 1h26'25" | 19/01/1992 | Granollers           |
| 61 | Francisco Chaves Mejías (1956)          | <b>1h26'30"</b> |          | 1h26'30" | 03/02/2008 | Granollers           |
| 62 | Manuel Joyas Maturana (1960)            | <b>1h26'38"</b> |          | 1h26'38" | 25/03/2007 | Montornés del Vallès |
| 63 | Francisco Manuel Martínez Cortés (1956) | <b>1h26'48"</b> |          | 1h26'48" | 02/03/1997 | Calella              |
| 64 | Juan José Requena Fuentes (1951)        | <b>1h27'00"</b> |          | 1h27'00" | 01/02/1993 | Roda de Ter          |
| 65 | Álex Pereira Machuca (1979)             | <b>1h29'19"</b> | 1h29'19" |          | 28/04/2024 | Madrid               |
| 66 | Albert Marquet Amargant (1973)          | <b>1h39'57"</b> | 1h39'57" |          | 03/12/2017 | Mataró               |
| 67 | Dídac Coll Serra (1976)                 | <b>1h39'58"</b> | 1h39'58" |          | 05/06/2021 | Granollers           |
| 68 | Jordi Perulero Núñez (1981)             | <b>1h40'59"</b> | 1h40'59" |          | 05/06/2021 | Granollers           |

|    |                                    |                 |          |            |            |
|----|------------------------------------|-----------------|----------|------------|------------|
| 69 | Pedro Millán Agudo (1980)          | <b>1h43'50"</b> | 1h43'50" | 28/04/2024 | Madrid     |
| 70 | Fernando Rincones Hernández (1980) | <b>1h45'05"</b> | 1h45'05" | 28/04/2024 | Madrid     |
| 71 | Óscar López Sorribes (1980)        | <b>1h56'15"</b> | 1h56'15" | 05/06/2021 | Granollers |
| 72 | Sergi Fernández Moratalla (1976)   | <b>1h56'16"</b> | 1h56'16" | 05/06/2021 | Granollers |

### (R) 30 km

M40

|   |                                  | MARCA TR        | T_Real | T_Ofic   |                       |
|---|----------------------------------|-----------------|--------|----------|-----------------------|
| 1 | Jaume Itchart Boté (1940)        | <b>1h54'53"</b> |        | 1h54'53" | 28/04/1985 Figueres   |
| 2 | Enric Bachs Taberner (1948)      | <b>2h10'50"</b> |        | 2h10'50" | 31/01/1993 Viladecans |
| 3 | Juan José Requena Fuentes (1951) | <b>2h11'03"</b> |        | 2h11'03" | 31/01/1993 Viladecans |
| 4 | Jacinto Lozano Gamito (1947)     | <b>2h11'03"</b> |        | 2h11'03" | 31/01/1993 Viladecans |
| 5 | Pedro Martínez Carrasco (1952)   | <b>2h13'31"</b> |        | 2h13'31" | 31/01/1993 Viladecans |
| 6 | Josep Vizcaíno Mora (1942)       | <b>2h36'37"</b> |        | 2h36'37" | 31/01/1993 Viladecans |

### (R) Marató

**Mínima 3h 30'**

M40

|    |  | MARCA TR        | T_Real   | T_Ofic   |                                 |
|----|--|-----------------|----------|----------|---------------------------------|
| 1  | Miguel Ángel Molina Porcel (1974)        | <b>2h33'10"</b> | 2h33'10" | 2h33'16" | 16/03/2025 Barcelona (C.CAT)    |
| 2  | Jordi Fernández Villena (1968)           | <b>2h39'03"</b> | 2h39'03" | 2h39'13" | 02/03/2008 Barcelona            |
| 3  | Manuel Vázquez Tundidor (1967)           | <b>2h39'08"</b> | 2h39'08" | 2h41'13" | 06/03/2011 Barcelona            |
| 4  | Joan Martí Ramoneda Sentenach (1982)     | <b>2h40'49"</b> | 2h40'49" | 2h41'01" | 07/12/2025 Valencia             |
| 5  | Albert Roselló Castañares (1971)         | <b>2h41'05"</b> | 2h41'05" | 2h41'09" | 26/11/2017 San Sebastián        |
| 6  | Sergi Martín García (1975)               | <b>2h42'22"</b> | 2h42'22" | 2h42'40" | 24/09/2017 Berlín (Alemania)    |
| 7  | Juan Vico Mirón (1946)                   | <b>2h43'26"</b> |          | 2h43'26" | 26/04/1987 Madrid               |
| 8  | Sergi Colmenar Orive (1976)              | <b>2h43'41"</b> |          | 2h43'41" | 28/10/2018 Frankfurt (Alemania) |
| 9  | Ferran Rey Roncero (1967)                | <b>2h44'31"</b> | 2h44'31" | 2h44'45" | 01/12/2019 Valencia             |
| 10 | Hilario Adalid Olmo (1940)               | <b>2h44'33"</b> |          | 2h44'33" | 16/03/1986 Barcelona            |
| 11 | Jacinto Rodríguez Sánchez (1958)         | <b>2h46'40"</b> | 2h46'40" | 2h46'45" | 14/03/1999 Barcelona            |
| 12 | José Luis Nieto Rodríguez (1962)         | <b>2h46'46"</b> |          | 2h46'46" | 16/03/2003 Barcelona            |
| 13 | Josep M <sup>a</sup> Molleví Fité (1954) | <b>2h47'34"</b> |          | 2h47'34" | 15/03/1998 Barcelona            |
| 14 | Francisco Coria Benítez (1973)           | <b>2h48'17"</b> | 2h48'17" | 2h48'22" | 26/11/2017 San Sebastián        |
| 15 | Tomás Santiago Sierra (1953)             | <b>2h49'19"</b> |          | 2h49'19" | 15/03/1998 Barcelona            |
| 16 | Francesc Garcia Alvarado (1954)          | <b>2h50'57"</b> |          | 2h50'57" | 16/03/1997 Barcelona            |
| 17 | Jaume Itchart Boté (1940)                | <b>2h51'32"</b> |          | 2h51'32" | 30/04/1989 Madrid               |
| 18 | Prudencio Pérez Hernández (1947)         | <b>2h52'53"</b> |          | 2h52'53" | 15/03/1987 Barcelona            |
| 19 | Francisco Lancho Borreguero (1945)       | <b>2h53'42"</b> |          | 2h53'42" | 31/10/1993 San Sebastián        |
| 20 | Pedro José Martínez Carrión (1984)       | <b>2h55'08"</b> | 2h55'08" | 2h55'18" | 07/12/2025 Valencia             |
| 21 | Alfonso Ciller Abril (1949)              | <b>2h56'27"</b> | 2h56'27" | 2h56'34" | 14/03/1999 Barcelona            |
| 22 | Baltasar Cadórniga Martínez (1946)       | <b>2h56'28"</b> |          | 2h56'28" | 13/03/1989 Barcelona            |
| 23 | Pedro Martínez Carrasco (1952)           | <b>2h56'43"</b> |          | 2h56'43" | 05/02/1995 Valencia             |
| 24 | Pedro Gómez Fernández (1961)             | <b>2h57'17"</b> |          | 2h57'17" | 16/03/2003 Barcelona            |
| 25 | Jordi Pelegrí Altarriba (1956)           | <b>2h57'20"</b> |          | 2h57'20" | 15/03/1998 Barcelona            |
| 26 | Albert Vilaseca Llinés (1972)            | <b>2h58'02"</b> | 2h58'02" | 2h58'09" | 15/02/2026 Sevilla              |
| 27 | José Luis Díaz Santano (1948)            | <b>2h58'24"</b> |          | 2h58'24" | 15/03/1992 Barcelona            |
| 28 | Jacinto Lozano Gamito (1947)             | <b>2h58'37"</b> |          | 2h58'37" | 14/03/1993 Barcelona            |
| 29 | Agustí Bartrés Gallart (1968)            | <b>2h58'39"</b> | 2h58'39" | 2h58'55" | 25/03/2012 Barcelona            |
| 30 | David Sánchez Sánchez (1974)             | <b>2h58'51"</b> | 2h58'51" | 2h59'29" | 13/03/2016 Barcelona            |

|    |   |                 |          |          |            |           |
|----|---|-----------------|----------|----------|------------|-----------|
| 31 | Jaume Planas Roy (1971)                 | <b>2h59'10"</b> | 2h59'10" | 2h59'35" | 15/03/2015 | Barcelona |
| 32 | Jordi Perulero Núñez (1981)             | <b>2h59'37"</b> | 2h59'37" | 2h59'48" | 07/11/2021 | Barcelona |
| 33 | José Galisteo López (1953)              | <b>3h00'58"</b> |          | 3h00'58" | 19/03/1995 | Barcelona |
| 34 | Salva Carrillo Domínguez (1973)         | <b>3h01'12"</b> | 3h01'12" | 3h02'07" | 03/12/2023 | Valencia  |
| 35 | Román Millán Agudo (1979)               | <b>3h01'33"</b> | 3h01'33" | 3h01'44" | 15/03/2026 | Barcelona |
| 36 | Daniel Espartero Aranda (1977)          | <b>3h02'02"</b> | 3h02'02" | 3h03'04" | 02/12/2018 | Valencia  |
| 37 | Antonio Blanco Soriano (1955)           | <b>3h03'37"</b> |          | 3h03'37" | 18/03/2001 | Barcelona |
| 38 | Juan José Requena Fuentes (1951)        | <b>3h04'19"</b> |          | 3h04'19" | 14/03/1993 | Barcelona |
| 39 | Vicente Vázquez Moreno (1955)           | <b>3h05'27"</b> |          | 3h05'27" | 21/03/2004 | Barcelona |
| 40 | Óscar Ordoyo Gimeno (1975)              | <b>3h05'30"</b> | 3h05'30" | 3h06'08" | 13/03/2016 | Barcelona |
| 41 | Alonso Pozo Rebollo (1952)              | <b>3h06'06"</b> |          | 3h06'06" | 14/03/1993 | Barcelona |
| 42 | Nabi Abdelkader (1970)                  | <b>3h06'06"</b> | 3h06'06" | 3h06'49" | 10/03/2019 | Barcelona |
| 43 | Anastasi Codosal Jato (1944)            | <b>3h06'45"</b> |          | 3h06'45" | 09/12/1990 | Calvià    |
| 44 | Francisco José González Romero (1968)   | <b>3h06'54"</b> | 3h06'54" | 3h07'52" | 19/02/2017 | Sevilla   |
| 45 | Enric Bachs Taberner (1948)             | <b>3h08'20"</b> |          | 3h08'20" | 14/03/1993 | Barcelona |
| 46 | Isidro Prados Jiménez (1958)            | <b>3h08'23"</b> |          | 3h08'23" | 14/03/1999 | Barcelona |
| 47 | Álex Pereira Machuca (1979)             | <b>3h09'30"</b> | 3h09'30" | 3h09'49" | 15/03/2026 | Barcelona |
| 48 | José Álvarez Guillén (1947)             | <b>3h10'56"</b> |          | 3h10'56" | 13/03/1994 | Barcelona |
| 49 | Daniel Fernández Muñoz (1971)           | <b>3h11'12"</b> | 3h11'12" | 3h11'14" | 13/03/2016 | Barcelona |
| 50 | Miquel Capdevilla Merino (1966)         | <b>3h11'17"</b> | 3h11'17" | 3h12'48" | 02/03/2008 | Barcelona |
| 51 | Javier Plaza Martín (1958)              | <b>3h12'44"</b> |          | 3h12'44" | 18/03/2001 | Barcelona |
| 52 | Josep Vizcaíno Mora (1942)              | <b>3h13'17"</b> |          | 3h13'17" | 13/03/1989 | Barcelona |
| 53 | Carlos Navarro Vegas (1975)             | <b>3h15'04"</b> | 3h15'04" | 3h20'24" | 02/12/2018 | Valencia  |
| 54 | Alfred Torrents Font (1955)             | <b>3h15'23"</b> |          | 3h15'23" | 14/03/1999 | Barcelona |
| 55 | Manuel García Rodríguez (1971)          | <b>3h16'26"</b> | 3h16'26" | 3h20'43" | 10/03/2019 | Barcelona |
| 56 | Ismael Martínez Guerrero (1973)         | <b>3h17'07"</b> | 3h17'07" | 3h18'05" | 16/03/2014 | Barcelona |
| 57 | Albert Marquet Amargant (1973)          | <b>3h17'22"</b> | 3h17'22" | 3h22'36" | 02/12/2018 | Valencia  |
| 58 | Marc Moragas Garcia (1977)              | <b>3h17'23"</b> | 3h17'23" | 3h22'36" | 02/12/2018 | Valencia  |
| 59 | Andrés Valenzuela Carmona (1956)        | <b>3h18'04"</b> |          | 3h18'04" | 19/03/2000 | Barcelona |
| 60 | Francisco Manuel Martínez Cortés (1956) | <b>3h18'52"</b> |          | 3h18'52" | 15/03/1998 | Barcelona |
| 61 | Antonio Blánquez Fernández (1945)       | <b>3h19'57"</b> |          | 3h19'57" | 15/03/1992 | Barcelona |
| 62 | Alberto Cánovas González (1979)         | <b>3h20'08"</b> | 3h20'08" | 3h21'19" | 19/03/2023 | Barcelona |
| 63 | Joaquín Hermosa Alabarces (1975)        | <b>3h20'19"</b> | 3h20'19" | 3h21'37" | 13/03/2016 | Barcelona |
| 64 | Mariano Ruiz Gallardo (1960)            | <b>3h22'00"</b> | 3h22'00" | 3h23'34" | 17/04/2011 | Madrid    |
| 65 | Josep Gilabert Codina (1948)            | <b>3h22'01"</b> |          | 3h22'01" | 13/03/1989 | Barcelona |
| 66 | Miquel González González (1956)         | <b>3h22'15"</b> |          | 3h22'15" | 19/03/2000 | Barcelona |
| 67 | Ginés Abril Fernández (1938)            | <b>3h24'00"</b> |          | 3h24'00" | 08/12/1991 | Calvià    |
| 68 | Raimon Lozano Canals (1947)             | <b>3h25'00"</b> |          | 3h25'00" | 13/03/1989 | Barcelona |
| 69 | Antonio Rosal Rodríguez (1968)          | <b>3h25'20"</b> | 3h25'20" | 3h25'30" | 03/12/2023 | Valencia  |
| 70 | José Dionisio Serrano Soto (1940)       | <b>3h25'45"</b> |          | 3h25'45" | 15/03/1987 | Barcelona |
| 71 | Abdón Arévalo Álvarez (1947)            | <b>3h28'00"</b> |          | 3h28'00" | 15/03/1992 | Barcelona |
| 72 | José Antonio Ballesta Ballesta (1962)   | <b>3h28'15"</b> |          | 3h28'15" | 21/03/2004 | Barcelona |

**(R) Ironman**

**M40**

MARCA TR

T\_Real

T\_Ofic

|                       |                                   |                  |          |            |            |
|-----------------------|-----------------------------------|------------------|----------|------------|------------|
| 1                     | Miguel Ángel Molina Porcel (1974) | <b>10h26'37"</b> | 0h26'37" | 30/09/2017 | Calella    |
| <b>(R) 5 km marxa</b> |                                   |                  |          |            | <b>M40</b> |
|                       |                                   | MARCA TR         | T_Real   | T_Ofic     |            |
| 1                     | Manuel Castro Núñez (1956)        | <b>33'09"</b>    | 33'09"   | 13/02/2005 | Viladecans |

## MÀSTER M35

|                         |                                      |                |         |            |                               |
|-------------------------|--------------------------------------|----------------|---------|------------|-------------------------------|
| <b>(R) Milla Urbana</b> |                                      |                |         |            | <b>M35</b>                    |
|                         |                                      | MARCA TR       | T_Real  | T_Ofic     |                               |
| 1                       | Albert López Font (1970)             | <b>04:46,0</b> | 04:46,0 | 16/05/2009 | Ripollet                      |
| 2                       | Joaquín Joyas Albertus (1958)        | <b>04:52,0</b> | 04:52,0 | 25/04/2010 | Barcelona                     |
| 3                       | Abdelhamed El Harrak (1978)          | <b>04:53,0</b> | 04:53,0 | 03/07/2022 | Palau - Solità i Plegamans (C |
| 4                       | Antonio Antúnez Soria (1980)         | <b>04:57,0</b> | 04:57,0 | 03/07/2022 | Palau - Solità i Plegamans (C |
| 5                       | Joan Martí Ramoneda Sentenach (1982) | <b>04:59,0</b> | 04:59,0 | 19/04/2026 | Ripollet (C.CAT)              |
| 6                       | Pedro José Martínez Carrión (1984)   | <b>05:04,0</b> | 05:04,0 | 30/06/2024 | Palau - Solità i Plegamans (C |
| 7                       | Joan Navarro Rodríguez (1977)        | <b>05:06,0</b> | 05:06,0 | 30/06/2024 | Palau - Solità i Plegamans (C |
| 8                       | Javier Castro Romero (1983)          | <b>05:06,0</b> | 05:06,0 | 08/06/2025 | Montcada i Reixac (C.CAT)     |
| 9                       | Laureano Tinoco Gómez (1984)         | <b>05:12,0</b> | 05:12,0 | 30/06/2024 | Palau - Solità i Plegamans (C |
| 10                      | Alfred Torrents Casas (1987)         | <b>05:15,0</b> | 05:15,0 | 02/07/2023 | Palau - Solità i Plegamans    |
| 11                      | Jordi Martí Pañella (1973)           | <b>05:17,0</b> | 05:17,0 | 27/05/2012 | Montcada i Reixac             |
| 12                      | Miguel Ángel Molina Porcel (1974)    | <b>05:18,0</b> | 05:18,0 | 25/04/2021 | Canet de Mar (C.CAT)          |
| 13                      | Sergi Martín García (1975)           | <b>05:23,0</b> | 05:23,0 | 08/06/2025 | Montcada i Reixac             |
| 14                      | Benjamín Mallo Molina (1972)         | <b>05:29,0</b> | 05:29,0 | 08/06/2025 | Montcada i Reixac (C.CAT)     |
| 15                      | Sergi Riera Duran (1978)             | <b>05:30,0</b> | 05:30,0 | 25/04/2021 | Canet de Mar (C.CAT)          |
| 16                      | Daniel Espartero Aranda (1977)       | <b>05:32,0</b> | 05:32,0 | 25/04/2021 | Canet de Mar (C.CAT)          |
| 17                      | Juan José Ruiz Aguilera (1978)       | <b>05:33,0</b> | 05:33,0 | 25/04/2021 | Canet de Mar (C.CAT)          |
| 18                      | Francisco Molina Rubio (1963)        | <b>05:42,0</b> | 05:42,0 | 09/06/2019 | Montcada i Reixac             |
| 19                      | Oriol Berengueres Llordes (1975)     | <b>05:43,0</b> | 05:43,0 | 19/10/2019 | Berango                       |
| 20                      | Nabi Abdelkader (1970)               | <b>05:43,0</b> | 05:43,0 | 29/06/2025 | Palau - Solità i Plegamans    |
| 21                      | Juan Pedro Sanz Coca (1967)          | <b>05:48,0</b> | 05:48,0 | 01/07/2018 | Palau - Solità i Plegamans    |
| 22                      | Jordi Villalba Vera (1962)           | <b>06:05,0</b> | 06:05,0 | 05/06/2022 | Montcada i Reixac             |
| 23                      | José Povedano Arribas (1958)         | <b>06:15,0</b> | 06:15,0 | 30/06/2019 | Palau - Solità i Plegamans    |
| 24                      | Miguel Ángel Gámez García (1971)     | <b>06:18,0</b> | 06:18,0 | 31/05/2015 | Montcada i Reixac             |
| 25                      | José Luis Martín López (1962)        | <b>06:19,0</b> | 06:19,0 | 26/04/2015 | Barcelona                     |
| 26                      | Francisco Pozo Martínez (1953)       | <b>06:22,0</b> | 06:22,0 | 02/07/2023 | Palau - Solità i Plegamans (C |
| 27                      | Prudencio Pérez Hernández (1947)     | <b>07:10,0</b> | 07:10,0 | 01/07/2018 | Palau - Solità i Plegamans    |
| 28                      | Albert Artigas Lloret (1955)         | <b>07:12,0</b> | 07:12,0 | 04/06/2023 | Montcada i Reixac             |
| 29                      | Alfred Torrents Font (1955)          | <b>07:16,0</b> | 07:16,0 | 08/06/2025 | Montcada i Reixac (C.CAT)     |

|                 |                               |               |        |        |                   |                    |
|-----------------|-------------------------------|---------------|--------|--------|-------------------|--------------------|
| <b>(R) 5 km</b> |                               |               |        |        | <b>Mínima 23'</b> | <b>M35</b>         |
|                 |                               | MARCA TR      | T_Real | T_Ofic |                   |                    |
| 1               | Albert López Font (1970)      | <b>15'49"</b> | 15'49" | 15'49" | 19/12/2010        | Lloret de Mar      |
| 2               | Ferran Rey Roncero (1967)     | <b>16'42"</b> | 16'42" | 16'43" | 12/12/2021        | Viladecans (C.CAT) |
| 3               | Joan Navarro Rodríguez (1977) | <b>16'45"</b> | 16'45" | 16'59" | 08/12/2024        | Viladecans (C.CAT) |

|    |  |        |        |        |            |                       |
|----|--|--------|--------|--------|------------|-----------------------|
| 4  | Abdelhamed El Harrak (1978)            | 16'49" | 16'49" | 16'50" | 11/12/2022 | Viladecans (C.CAT)    |
| 5  | Manuel Vázquez Tundidor (1967)         | 16'52" |        | 16'52" | 27/12/2009 | Lloret de Mar         |
| 6  | Joaquín Joyas Albertus (1958)          | 16'59" |        | 16'59" | 27/12/2009 | Lloret de Mar         |
| 7  | Nabi Abdelkader (1970)                 | 17'00" | 17'00" | 17'00" | 21/12/2014 | Viladecans (C.CAT)    |
| 8  | Joan Martí Ramoneda Sentenach (1982)   | 17'03" | 17'03" | 17'03" | 26/12/2025 | El Masnou             |
| 9  | Miguel Ángel Molina Porcel (1974)      | 17'12" |        | 17'12" | 09/05/2021 | El Prat del Llobregat |
| 10 | Alfred Redrado Gil (1967)              | 17'24" | 17'24" | 17'28" | 11/12/2022 | Viladecans (C.CAT)    |
| 11 | Pedro José Martínez Carrión (1984)     | 17'43" | 17'43" | 17'43" | 08/12/2024 | Viladecans (C.CAT)    |
| 12 | Daniel Espartero Aranda (1977)         | 17'53" |        | 17'53" | 09/05/2021 | El Prat del Llobregat |
| 13 | Albert Roselló Castañares (1971)       | 17'53" | 17'53" | 17'54" | 26/12/2024 | El Masnou             |
| 14 | Sergi Riera Duran (1978)               | 17'57" | 17'57" | 17'58" | 08/12/2019 | Viladecans            |
| 15 | Juan José García Anguita (1965)        | 18'03" |        | 18'03" | 27/12/2009 | Lloret de Mar         |
| 16 | Agustí Bartrés Gallart (1968)          | 18'03" | 18'03" | 18'08" | 19/12/2010 | Lloret de Mar         |
| 17 | Alfred Torrents Casas (1987)           | 18'04" | 18'04" | 18'30" | 26/12/2022 | El Masnou             |
| 18 | Laureano Tinoco Gómez (1984)           | 18'04" | 18'04" | 18'08" | 26/12/2024 | El Masnou             |
| 19 | Javier Castro Romero (1983)            | 18'08" | 18'08" | 18'09" | 08/12/2024 | Viladecans (C.CAT)    |
| 20 | Jaume Planas Roy (1971)                | 18'09" | 18'09" | 18'12" | 13/12/2015 | Viladecans (C.CAT)    |
| 21 | Sergi Martín García (1975)             | 18'18" | 18'18" | 18'24" | 26/12/2023 | El Masnou             |
| 22 | David Culebras Baidés (1974)           | 18'26" |        | 18'26" | 27/12/2009 | Lloret de Mar         |
| 23 | Benjamín Mallo Molina (1972)           | 19'05" | 19'05" | 19'13" | 25/01/2026 | Barcelona (C.CAT)     |
| 24 | Juan Pedro Sanz Coca (1967)            | 19'24" | 19'24" | 19'27" | 27/01/2019 | Terrassa (C.CAT)      |
| 25 | Rubén Fajardo Cano (1981)              | 19'25" | 19'25" | 19'30" | 17/12/2017 | Barcelona             |
| 26 | Ernesto Fletas Pablos (1972)           | 19'32" | 19'32" | 19'44" | 25/01/2026 | Barcelona             |
| 27 | Oriol Berenguères Llordes (1975)       | 19'42" | 19'42" | 19'50" | 15/12/2019 | Barcelona             |
| 28 | Mariano Ruiz Gallardo (1960)           | 19'45" | 19'45" | 19'51" | 19/12/2010 | Lloret de Mar         |
| 29 | Francisco Molina Rubio (1963)          | 20'01" | 20'01" | 20'05" | 11/12/2022 | Viladecans (C.CAT)    |
| 30 | Antonio Rosal Rodríguez (1968)         | 20'17" | 20'17" | 21'03" | 26/12/2022 | El Masnou             |
| 31 | Miguel Ángel Gámez García (1971)       | 20'18" |        | 20'18" | 27/12/2009 | Lloret de Mar         |
| 32 | José Povedano Arribas (1958)           | 20'26" | 20'26" | 21'27" | 13/12/2015 | Viladecans (C.CAT)    |
| 33 | Jordi Villalba Vera (1962)             | 20'40" | 20'40" | 20'43" | 11/12/2022 | Viladecans (C.CAT)    |
| 34 | Joan Miquel Coromina Castell (1967)    | 20'41" | 20'41" | 20'51" | 10/12/2023 | Viladecans            |
| 35 | Javier Pérez Garrido (1971)            | 21'03" | 21'03" | 21'09" | 19/12/2010 | Lloret de Mar         |
| 36 | Francisco Pozo Martínez (1953)         | 21'19" | 21'19" | 21'30" | 10/12/2023 | Viladecans            |
| 37 | Ángel Cáceres Prieto (1955)            | 21'47" | 21'47" | 22'12" | 19/12/2010 | Lloret de Mar         |
| 38 | Prudencio Pérez Hernández (1947)       | 21'49" | 21'49" | 22'24" | 13/12/2015 | Viladecans (C.CAT)    |
| 39 | Miguel Ángel Sánchez Valdepeñas (1972) | 21'52" | 21'52" | 21'59" | 19/12/2010 | Lloret de Mar         |
| 40 | Albert Artigas Lloret (1955)           | 22'05" | 22'05" | 22'09" | 08/12/2019 | Viladecans            |
| 41 | Juan Martínez López (1965)             | 22'33" | 22'33" | 22'57" | 19/12/2010 | Lloret de Mar         |
| 42 | Josep Ramírez García (1962)            | 22'45" |        | 22'45" | 19/12/2010 | Lloret de Mar         |

**(R) 10 km**

***Mínima 42'30"***

**M35**

|   |                                | MARCA TR | T_Real | T_Ofic |            |               |
|---|--------------------------------|----------|--------|--------|------------|---------------|
| 1 | Abdelhamed El Harrak (1978)    | 33'10"   | 33'10" | 33'12" | 31/12/2021 | Barcelona     |
| 2 | Albert López Font (1970)       | 33'34"   | 33'34" | 33'34" | 22/01/2017 | Barcelona     |
| 3 | Manuel Vázquez Tundidor (1967) | 33'42"   | 33'42" | 33'42" | 05/06/2011 | Pineda de Mar |

|    |                                       |               |        |        |            |                       |
|----|---------------------------------------|---------------|--------|--------|------------|-----------------------|
| 4  | Miguel Ángel Molina Porcel (1974)     | <b>33'50"</b> | 33'50" | 33'54" | 31/12/2025 | Barcelona             |
| 5  | Antonio Antúnez Soria (1980)          | <b>33'58"</b> |        | 33'58" | 24/04/2021 | Granollers            |
| 6  | Albert Roselló Castañares (1971)      | <b>34'06"</b> | 34'06" | 34'08" | 31/12/2018 | Barcelona             |
| 7  | Ferran Rey Roncero (1967)             | <b>34'25"</b> | 34'25" | 34'28" | 31/12/2019 | Barcelona             |
| 8  | Jordi Fernández Villena (1968)        | <b>34'26"</b> | 34'26" | 34'26" | 03/06/2007 | Pineda de Mar         |
| 9  | Joaquín Joyas Albertus (1958)         | <b>34'31"</b> |        | 34'31" | 30/03/2003 | Barcelona             |
| 10 | Agustí Bartrés Gallart (1968)         | <b>34'35"</b> |        | 34'35" | 30/03/2003 | Barcelona             |
| 11 | Nabi Abdelkader (1970)                | <b>34'44"</b> | 34'44" | 34'47" | 10/06/2012 | Pineda de Mar         |
| 12 | Darío Pallarolas Camps (1968)         | <b>34'54"</b> |        | 34'54" | 30/03/2003 | Barcelona             |
| 13 | Sergi Martín García (1975)            | <b>35'01"</b> | 35'01" | 35'02" | 18/01/2015 | Barcelona             |
| 14 | Francisco Javier Avilés Alejos (1968) | <b>35'04"</b> |        | 35'04" | 31/12/2009 | Barcelona             |
| 15 | José Luis Nieto Rodríguez (1962)      | <b>35'06"</b> | 35'06" | 35'10" | 31/12/2007 | Barcelona             |
| 16 | Alberto Viera Mármol (1982)           | <b>35'24"</b> | 35'24" | 35'24" | 29/01/2023 | Vilafranca            |
| 17 | Joan Martí Ramoneda Sentenach (1982)  | <b>35'31"</b> | 35'31" | 35'40" | 31/12/2024 | Barcelona             |
| 18 | Juan José García Anguita (1965)       | <b>35'37"</b> |        | 35'37" | 18/04/2010 | Barcelona             |
| 19 | Manuel Martínez Maestre (1961)        | <b>35'40"</b> |        | 35'40" | 24/10/1999 | Sabadell              |
| 20 | Aleix Aznar Tornamorell (1971)        | <b>35'41"</b> | 35'41" | 35'44" | 26/11/2017 | Barcelona             |
| 21 | Jaume Itchart Boté (1940)             | <b>35'43"</b> |        | 35'43" | 01/09/1985 | Vilanova i la Geltrú  |
| 22 | Román Adalid Casado (1965)            | <b>35'50"</b> |        | 35'50" | 13/05/2011 | Thionville (Fra)      |
| 23 | Daniel Fernández Muñoz (1971)         | <b>35'57"</b> | 35'57" | 35'57" | 31/12/2012 | Barcelona             |
| 24 | Francisco Coria Benítez (1973)        | <b>36'20"</b> | 36'20" | 36'20" | 12/10/2017 | Barcelona             |
| 25 | Alfred Redrado Gil (1967)             | <b>36'23"</b> | 36'23" | 36'23" | 18/05/2019 | Mataró                |
| 26 | Pedro José Martínez Carrión (1984)    | <b>36'36"</b> | 36'36" | 36'41" | 25/01/2026 | Barcelona             |
| 27 | Josep Oriol Bruguera Domínguez (1978) | <b>36'47"</b> | 36'47" | 36'53" | 31/12/2024 | Barcelona             |
| 28 | Javier Castro Romero (1983)           | <b>36'52"</b> | 36'52" | 36'56" | 31/12/2024 | Barcelona             |
| 29 | Sergi Riera Duran (1978)              | <b>36'53"</b> | 36'53" | 37'11" | 31/12/2019 | Barcelona             |
| 30 | Joan Navarro Rodríguez (1977)         | <b>37'07"</b> | 37'07" | 37'10" | 03/11/2024 | Montgat               |
| 31 | Rafael Jiménez Reyes (1961)           | <b>37'31"</b> |        | 37'31" | 21/10/2001 | Sabadell              |
| 32 | Jacinto Rodríguez Sánchez (1958)      | <b>37'31"</b> |        | 37'31" | 09/04/2006 | Barcelona             |
| 33 | Daniel Espartero Aranda (1977)        | <b>37'38"</b> | 37'38" | 37'56" | 31/12/2019 | Barcelona             |
| 34 | Javier Plaza Martín (1958)            | <b>37'43"</b> |        | 37'43" | 08/04/2001 | Barcelona             |
| 35 | Tomás Santiago Sierra (1953)          | <b>37'44"</b> | 37'44" | 39'43" | 22/10/2000 | Sabadell              |
| 36 | David Culebras Baidés (1974)          | <b>37'44"</b> |        | 37'44" | 31/12/2009 | Barcelona             |
| 37 | Jaume Planas Roy (1971)               | <b>38'03"</b> | 38'03" | 38'04" | 14/01/2007 | Barcelona             |
| 38 | Francisco Martínez Rubio (1946)       | <b>38'10"</b> |        | 38'10" | 11/09/1982 | Mataró                |
| 39 | Alfred Torrents Casas (1987)          | <b>38'14"</b> | 38'14" | 38'22" | 29/10/2022 | Canovelles            |
| 40 | Juan José Ruiz Aguilera (1978)        | <b>38'16"</b> | 38'16" | 38'31" | 31/12/2015 | Barcelona             |
| 41 | David Cocera Martínez (1969)          | <b>38'23"</b> |        | 38'23" | 31/12/2005 | Barcelona             |
| 42 | Jesús Sánchez Cañadas (1964)          | <b>38'24"</b> | 38'24" | 38'32" | 02/06/2007 | Pineda de Mar         |
| 43 | Francisco Chaves Mejías (1956)        | <b>38'29"</b> | 38'29" | 38'31" | 01/06/2008 | Pineda de Mar         |
| 44 | Vicente Vázquez Moreno (1955)         | <b>38'37"</b> | 38'37" | 38'39" | 31/12/2003 | Barcelona             |
| 45 | Miguel Ángel Gámez García (1971)      | <b>38'54"</b> | 38'54" | 39'11" | 13/01/2008 | Barcelona             |
| 46 | Fernando Sánchez Correa (1963)        | <b>39'16"</b> |        | 39'16" | 24/10/1999 | Sabadell              |
| 47 | Jordi Martí Pañella (1973)            | <b>39'24"</b> | 39'24" | 39'25" | 08/10/2017 | El Prat del Llobregat |
| 48 | Pedro Cocera Martínez (1964)          | <b>39'25"</b> |        | 39'25" | 01/06/2008 | Pineda de Mar         |

|    |                                       |               |        |        |            |                           |
|----|---------------------------------------|---------------|--------|--------|------------|---------------------------|
| 49 | Alfred Torrents Font (1955)           | <b>39'27"</b> |        | 39'27" | 10/06/2001 | Manresa                   |
| 50 | Juan Pedro Sanz Coca (1967)           | <b>39'29"</b> | 39'29" | 39'38" | 21/01/2018 | Barcelona (C.CAT)         |
| 51 | Benjamín Mallo Molina (1972)          | <b>39'49"</b> | 39'49" | 39'49" | 11/05/2025 | El Prat del Llobregat     |
| 52 | José Manuel Ruiz Verdugo (1971)       | <b>39'53"</b> |        | 39'53" | 18/04/2010 | Barcelona                 |
| 53 | José Castro Notario (1956)            | <b>39'54"</b> | 39'54" | 40'20" | 31/12/2006 | Barcelona                 |
| 54 | Juan Diego Carrillo Fernández (1974)  | <b>39'59"</b> |        | 39'59" | 18/04/2010 | Barcelona                 |
| 55 | Francisco Molina Rubio (1963)         | <b>40'00"</b> |        | 40'00" | 15/04/2018 | Iurreta (Biscaia) (C.ESP) |
| 56 | Rubén Fajardo Cano (1981)             | <b>40'01"</b> | 40'01" | 40'01" | 25/09/2016 | Badalona                  |
| 57 | Rubén Serna Aparicio (1975)           | <b>40'02"</b> | 40'02" | 40'26" | 31/12/2011 | Barcelona                 |
| 58 | Pascual Villalba Robles (1963)        | <b>40'07"</b> |        | 40'07" | 08/04/2001 | Barcelona                 |
| 59 | Óscar Ordoyo Gimeno (1975)            | <b>40'07"</b> | 40'07" | 40'17" | 20/05/2018 | Barcelona                 |
| 60 | Albert Marquet Amargant (1973)        | <b>40'19"</b> | 40'19" | 40'23" | 13/05/2018 | Vilanova i la Geltrú      |
| 61 | Jordi Perulero Núñez (1981)           | <b>40'27"</b> |        | 40'27" | 24/04/2021 | Granollers                |
| 62 | Mariano Ruiz Gallardo (1960)          | <b>40'36"</b> | 40'36" | 41'44" | 06/04/2009 | Barcelona                 |
| 63 | Antonio Blanco Soriano (1955)         | <b>40'58"</b> |        | 40'58" | 24/10/1999 | Sabadell                  |
| 64 | Salva Carrillo Domínguez (1973)       | <b>41'04"</b> | 41'04" | 41'32" | 26/01/2025 | Barcelona (C.CAT)         |
| 65 | Francesc Garcia Alvarado (1954)       | <b>41'05"</b> |        | 41'05" | 22/10/2000 | Sabadell                  |
| 66 | Alfonso Ciller Abril (1949)           | <b>41'05"</b> |        | 41'05" | 21/10/2001 | Sabadell                  |
| 67 | Francisco José González Romero (1968) | <b>41'18"</b> | 41'18" | 41'22" | 05/06/2016 | Pineda de Mar             |
| 68 | Albert Artigas Lloret (1955)          | <b>41'25"</b> |        | 41'25" | 22/10/2000 | Sabadell                  |
| 69 | Martín Gómez Moreno (1969)            | <b>41'30"</b> |        | 41'30" | 09/04/2006 | Barcelona                 |
| 70 | Oriol Berengueres Llordes (1975)      | <b>41'31"</b> | 41'31" | 41'31" | 01/03/2020 | Caldes d' Estrac          |
| 71 | Juan Manuel Magro Suárez (1973)       | <b>41'35"</b> |        | 41'35" | 31/12/2009 | Barcelona                 |

**(R) 20 km**

***Mínima 1h 24'***

**M35**

|    |                                    | MARCA TR        | T_Real | T_Ofic   |            |               |
|----|------------------------------------|-----------------|--------|----------|------------|---------------|
| 1  | Juan Vico Mirón (1946)             | <b>1h11'42"</b> |        | 1h11'42" | 01/01/1984 | s/d           |
| 2  | José Luis Díaz Santano (1948)      | <b>1h11'46"</b> |        | 1h11'46" | 09/12/1984 | Ripoll        |
| 3  | Hilario Adalid Olmo (1940)         | <b>1h12'58"</b> |        | 1h12'58" | 09/12/1984 | Ripoll        |
| 4  | Cándido García García (1957)       | <b>1h13'11"</b> |        | 1h13'11" | 29/11/1992 | Ripoll        |
| 5  | Francisco Martínez Rubio (1946)    | <b>1h15'12"</b> |        | 1h15'12" | 09/12/1984 | Ripoll        |
| 6  | Jaume Itchart Boté (1940)          | <b>1h15'14"</b> |        | 1h15'14" | 09/12/1984 | Ripoll        |
| 7  | Francesc Garcia Alvarado (1954)    | <b>1h15'14"</b> |        | 1h15'14" | 24/11/1991 | Ripoll        |
| 8  | José María García Alvarado (1956)  | <b>1h15'42"</b> |        | 1h15'42" | 24/11/1991 | Ripoll        |
| 9  | Tomás Santiago Sierra (1953)       | <b>1h15'45"</b> |        | 1h15'45" | 24/11/1991 | Ripoll        |
| 10 | Sergi Martín García (1975)         | <b>1h15'45"</b> |        | 1h15'45" | 11/11/2018 | Behobia       |
| 11 | Jordi Fernández Villena (1968)     | <b>1h15'46"</b> |        | 1h15'46" | 11/11/2007 | San Sebastián |
| 12 | Santos González Conde-Ruiz (1947)  | <b>1h15'47"</b> |        | 1h15'47" | 12/12/1982 | Ripoll        |
| 13 | José Galisteo López (1953)         | <b>1h16'29"</b> |        | 1h16'29" | 29/11/1992 | Ripoll        |
| 14 | José Muñoz Molina (1944)           | <b>1h16'41"</b> |        | 1h16'41" | 09/12/1984 | Ripoll        |
| 15 | Jesús Calvache Durán (1951)        | <b>1h16'55"</b> |        | 1h16'55" | 26/11/1989 | Ripoll        |
| 16 | Baltasar Cadórniga Martínez (1946) | <b>1h18'31"</b> |        | 1h18'31" | 26/11/1989 | Ripoll        |
| 17 | Anastasi Codosal Jato (1944)       | <b>1h18'44"</b> |        | 1h18'44" | 25/11/1990 | Ripoll        |
| 18 | José Álvarez Guillén (1947)        | <b>1h19'22"</b> |        | 1h19'22" | 12/12/1982 | Ripoll        |
| 19 | Rubén Serna Aparicio (1975)        | <b>1h19'43"</b> |        | 1h19'43" | 11/11/2012 | San Sebastián |

|    |                                   |                 |          |            |        |
|----|-----------------------------------|-----------------|----------|------------|--------|
| 20 | Manuel Martínez Maestre (1961)    | <b>1h20'56"</b> | 1h20'56" | 17/09/2000 | Ceret  |
| 21 | José Luis Nieto Rodríguez (1962)  | <b>1h20'57"</b> | 1h20'57" | 17/09/2000 | Ceret  |
| 22 | Jacinto Rodríguez Sánchez (1958)  | <b>1h20'58"</b> | 1h20'58" | 17/09/2000 | Ceret  |
| 23 | Enric Bachs Taberner (1948)       | <b>1h21'42"</b> | 1h21'42" | 24/11/1991 | Ripoll |
| 24 | Josep Vizcaíno Mora (1942)        | <b>1h22'09"</b> | 1h22'09" | 09/12/1984 | Ripoll |
| 25 | Ramon Colomer Besalú (1945)       | <b>1h22'13"</b> | 1h22'13" | 26/11/1989 | Ripoll |
| 26 | Jacinto Lozano Gamito (1947)      | <b>1h22'13"</b> | 1h22'13" | 29/11/1992 | Ripoll |
| 27 | Miquel Xena Comas (1952)          | <b>1h23'12"</b> | 1h23'12" | 25/11/1990 | Ripoll |
| 28 | Juan José Requena Fuentes (1951)  | <b>1h23'30"</b> | 1h23'30" | 25/11/1992 | Ripoll |
| 29 | Antonio Blánquez Fernández (1945) | <b>1h23'40"</b> | 1h23'40" | 26/11/1989 | Ripoll |

### **(R) Mitja marató**

***Mínima 1h 26'***

**M35**

|    |  | MARCA TR        | T_Real   | T_Ofic   |            |                      |
|----|--|-----------------|----------|----------|------------|----------------------|
| 1  | Juan Ramón Muñoz López (1965)            | <b>1h08'13"</b> |          | 1h08'13" | 28/09/2002 | Barbastro            |
| 2  | Manuel Martínez Maestre (1961)           | <b>1h12'48"</b> |          | 1h12'48" | 24/01/1999 | Granollers           |
| 3  | Dionisio Gómez Parra (1959)              | <b>1h13'23"</b> |          | 1h13'23" | 19/01/1997 | Granollers           |
| 4  | Manuel Vázquez Tundidor (1967)           | <b>1h13'53"</b> | 1h13'53" | 1h13'53" | 30/01/2011 | Barcelona            |
| 5  | Miguel Ángel Molina Porcel (1974)        | <b>1h14'04"</b> | 1h14'04" | 1h14'31" | 16/02/2025 | Barcelona            |
| 6  | Pedro Cocera Martínez (1964)             | <b>1h14'25"</b> |          | 1h14'25" | 23/01/2000 | Granollers           |
| 7  | Albert Roselló Castañares (1971)         | <b>1h14'39"</b> | 1h14'39" | 1h14'52" | 10/02/2019 | Barcelona            |
| 8  | Jordi Fernández Villena (1968)           | <b>1h14'40"</b> |          | 1h14'40" | 03/02/2008 | Granollers           |
| 9  | Antonio Antúnez Soria (1980)             | <b>1h14'50"</b> | 1h14'50" | 1h15'01" | 19/02/2023 | Barcelona            |
| 10 | Nabi Abdelkader (1970)                   | <b>1h15'36"</b> | 1h15'36" | 1h15'36" | 15/02/2015 | Barcelona            |
| 11 | Juan Vico Mirón (1946)                   | <b>1h15'51"</b> |          | 1h15'51" | 01/01/1984 | s/d                  |
| 12 | Francisco Javier Avilés Alejos (1968)    | <b>1h16'05"</b> | 1h16'05" | 1h16'05" | 28/03/2010 | Montornés del Vallès |
| 13 | Joan Martí Ramoneda Sentenach (1982)     | <b>1h16'24"</b> | 1h16'24" | 1h16'29" | 15/02/2026 | Barcelona            |
| 14 | Sergi Martín García (1975)               | <b>1h16'26"</b> | 1h16'26" | 1h16'29" | 15/02/2015 | Barcelona            |
| 15 | José Luis Nieto Rodríguez (1962)         | <b>1h16'35"</b> |          | 1h16'35" | 02/02/2003 | Granollers           |
| 16 | Agustí Bartrés Gallart (1968)            | <b>1h16'37"</b> |          | 1h16'37" | 01/02/2004 | Granollers           |
| 17 | Hilario Adalid Olmo (1940)               | <b>1h17'</b>    |          | 1h17'    | 10/01/1988 | Sitges               |
| 18 | Josep M <sup>a</sup> Molleví Fité (1954) | <b>1h17'35"</b> |          | 1h17'35" | 08/02/1998 | Barcelona            |
| 19 | Tomás Santiago Sierra (1953)             | <b>1h17'43"</b> |          | 1h17'43" | 02/03/1997 | Calella              |
| 20 | Ferran Rey Roncero (1967)                | <b>1h17'58"</b> | 1h17'58" | 1h18'07" | 11/02/2018 | Barcelona            |
| 21 | Alberto Viera Mármol (1982)              | <b>1h18'18"</b> | 1h18'18" | 1h18'20" | 20/10/2024 | Mollerussa (C.CAT)   |
| 22 | José Luis Díaz Santano (1948)            | <b>1h18'33"</b> |          | 1h18'33" | 19/01/1992 | Granollers           |
| 23 | Jaume Itchart Boté (1940)                | <b>1h18'37"</b> |          | 1h18'37" | 25/02/1990 | Roda de Ter          |
| 24 | Jacinto Rodríguez Sánchez (1958)         | <b>1h18'53"</b> |          | 1h18'53" | 07/02/1999 | Barcelona            |
| 25 | José Galisteo López (1953)               | <b>1h18'58"</b> |          | 1h18'58" | 26/04/1992 | Badalona             |
| 26 | Juan Pérez Muñoz (1959)                  | <b>1h19'14"</b> |          | 1h19'14" | 06/05/2001 | Mataró               |
| 27 | Miquel Capdevilla Merino (1966)          | <b>1h19'17"</b> |          | 1h19'17" | 13/01/2002 | Sitges               |
| 28 | Francesc Garcia Alvarado (1954)          | <b>1h19'31"</b> |          | 1h19'31" | 22/02/1991 | Roda de Ter          |
| 29 | Andrés Valenzuela Carmona (1956)         | <b>1h19'39"</b> |          | 1h19'39" | 27/02/2000 | Montornés del Vallès |
| 30 | Zeus Gallardo Melero (1970)              | <b>1h19'44"</b> |          | 1h19'44" | 04/02/2007 | Granollers           |
| 31 | Alfred Torrents Casas (1987)             | <b>1h19'44"</b> | 1h19'44" | 1h20'16" | 19/02/2023 | Barcelona            |
| 32 | Joaquín Joyas Albertus (1958)            | <b>1h19'46"</b> |          | 1h19'46" | 03/02/2008 | Granollers           |

|    |                                       |                 |          |          |            |                      |
|----|---------------------------------------|-----------------|----------|----------|------------|----------------------|
| 33 | Juan José García Anguita (1965)       | <b>1h19'47"</b> | 1h19'47" | 1h19'52" | 28/03/2010 | Montornés del Vallès |
| 34 | Anastasi Codosal Jato (1944)          | <b>1h19'50"</b> |          | 1h19'50" | 20/01/1991 | Granollers           |
| 35 | Francisco Coria Benítez (1973)        | <b>1h19'51"</b> | 1h19'51" | 1h19'54" | 22/10/2017 | Castelldefels        |
| 36 | Daniel Fernández Muñoz (1971)         | <b>1h20'26"</b> | 1h20'26" | 1h20'29" | 09/06/2013 | Albacete             |
| 37 | Prudencio Pérez Hernández (1947)      | <b>1h20'30"</b> |          | 1h20'30" | 22/02/1987 | Roda de Ter          |
| 38 | Jordi Pelegrí Altarriba (1956)        | <b>1h20'30"</b> |          | 1h20'30" | 02/03/1997 | Calella              |
| 39 | José Antonio Ballesta Ballesta (1962) | <b>1h20'30"</b> |          | 1h20'30" | 02/03/1997 | Calella              |
| 40 | Juan Ferrera Cantero (1964)           | <b>1h20'43"</b> |          | 1h20'43" | 27/02/2000 | Montornés del Vallès |
| 41 | Jesús Calvache Durán (1951)           | <b>1h20'56"</b> |          | 1h20'56" | 24/02/1989 | Roda de Ter          |
| 42 | José María García Alvarado (1956)     | <b>1h21'04"</b> |          | 1h21'04" | 12/01/1992 | Sitges               |
| 43 | Román Adalid Casado (1965)            | <b>1h21'19"</b> | 1h21'19" | 1h21'19" | 20/03/2011 | Calella              |
| 44 | Baltasar Cadórniga Martínez (1946)    | <b>1h21'35"</b> |          | 1h21'35" | 01/01/1990 | Sitges               |
| 45 | Darío Pallarolas Camps (1968)         | <b>1h21'37"</b> |          | 1h21'37" | 30/11/2003 | Tarragona            |
| 46 | Josep Oriol Bruguera Domínguez (1978) | <b>1h21'38"</b> | 1h21'38" | 1h24'13" | 06/02/2022 | Granollers           |
| 47 | David Culebras Baidés (1974)          | <b>1h21'47"</b> | 1h21'47" | 1h22'04" | 14/02/2010 | Barcelona            |
| 48 | Fernando Sánchez Correa (1963)        | <b>1h21'58"</b> |          | 1h21'58" | 07/02/1999 | Barcelona            |
| 49 | Alfonso Ciller Abril (1949)           | <b>1h22'09"</b> |          | 1h22'09" | 27/02/2000 | Montornés del Vallès |
| 50 | Jaume Planas Roy (1971)               | <b>1h22'09"</b> | 1h22'09" | 1h22'21" | 15/02/2015 | Barcelona            |
| 51 | Joan Navarro Rodríguez (1977)         | <b>1h22'09"</b> | 1h22'09" | 1h22'15" | 27/04/2025 | Gavà                 |
| 52 | Pedro José Martínez Carrión (1984)    | <b>1h22'44"</b> | 1h22'44" | 1h22'45" | 01/12/2024 | Figueres             |
| 53 | Sergi Riera Duran (1978)              | <b>1h22'50"</b> | 1h22'50" | 1h23'54" | 10/02/2019 | Barcelona            |
| 54 | Juan José Ruiz Aguilera (1978)        | <b>1h23'14"</b> | 1h23'14" | 1h23'21" | 07/02/2016 | Granollers           |
| 55 | Albert Vilaseca Llinés (1972)         | <b>1h23'14"</b> | 1h23'14" | 1h23'20" | 26/04/2026 | Gavà                 |
| 56 | Jesús Sánchez Cañadas (1964)          | <b>1h23'25"</b> | 1h23'25" | 1h23'39" | 11/02/2007 | Barcelona            |
| 57 | Isidro Prados Jiménez (1958)          | <b>1h23'29"</b> |          | 1h23'29" | 02/02/2003 | Granollers           |
| 58 | Jacinto Lozano Gamito (1947)          | <b>1h23'50"</b> |          | 1h23'50" | 22/01/1995 | Granollers           |
| 59 | David Cocera Martínez (1969)          | <b>1h23'53"</b> |          | 1h23'53" | 05/02/2006 | Granollers           |
| 60 | Pedro Gómez Fernández (1961)          | <b>1h24'07"</b> |          | 1h24'07" | 23/02/2003 | Montornés del Vallès |
| 61 | Pedro Martínez Carrasco (1952)        | <b>1h24'19"</b> |          | 1h24'19" | 22/01/1995 | Granollers           |
| 62 | Manuel Iribarren Hernández (1953)     | <b>1h24'35"</b> |          | 1h24'35" | 02/02/2003 | Granollers           |
| 63 | Alberto Cánovas González (1979)       | <b>1h24'41"</b> | 1h24'41" | 1h25'28" | 19/02/2023 | Barcelona            |
| 64 | Vicente Vázquez Moreno (1955)         | <b>1h24'43"</b> |          | 1h24'43" | 07/01/2001 | Sitges               |
| 65 | Jordi Martí Pañella (1973)            | <b>1h25'19"</b> |          | 1h25'19" | 06/12/2009 | Mataró               |
| 66 | Germán Cabrera Olivencia (1985)       | <b>1h36'01"</b> | 1h36'01" |          | 05/06/2021 | Granollers           |

### (R) 25 km

M35

|   | MARCA TR                       | T_Real          | T_Ofic |          |                      |
|---|--------------------------------|-----------------|--------|----------|----------------------|
| 1 | Manuel Martínez Maestre (1961) | <b>1h42'45"</b> |        | 1h42'45" | 12/05/1996 El Masnou |

### (R) 30 km

M35

|   | MARCA TR                        | T_Real          | T_Ofic   |          |                     |
|---|---------------------------------|-----------------|----------|----------|---------------------|
| 1 | José Luis Díaz Santano (1948)   | <b>1h50'28"</b> |          | 1h50'28" | 28/04/1985 Figueres |
| 2 | Julián Marín Barrera (1945)     | <b>1h52'14"</b> |          | 1h52'14" | 28/04/1985 Figueres |
| 3 | Francisco Martínez Rubio (1946) | <b>1h53'55"</b> |          | 1h53'55" | 28/04/1985 Figueres |
| 4 | Jaume Itchart Boté (1940)       | <b>1h54'53"</b> |          | 1h54'53" | 28/04/1985 Figueres |
| 5 | Sergi Martín García (1975)      | <b>1h55'28"</b> | 1h55'28" | 1h55'35" | 04/03/2012 Calella  |

|    |                                   |                 |          |            |            |
|----|-----------------------------------|-----------------|----------|------------|------------|
| 6  | José Galisteo López (1953)        | <b>2h00'11"</b> | 2h00'11" | 31/01/1993 | Viladecans |
| 7  | Tomás Santiago Sierra (1953)      | <b>2h01'21"</b> | 2h01'21" | 31/01/1993 | Viladecans |
| 8  | Santos González Conde-Ruiz (1947) | <b>2h07'09"</b> | 2h07'09" | 28/04/1985 | Figueres   |
| 9  | Francesc Garcia Alvarado (1954)   | <b>2h09'17"</b> | 2h09'17" | 31/01/1993 | Viladecans |
| 10 | José María García Alvarado (1956) | <b>2h10'50"</b> | 2h10'50" | 31/01/1993 | Viladecans |
| 11 | Enric Bachs Taberner (1948)       | <b>2h10'50"</b> | 2h10'50" | 31/01/1993 | Viladecans |
| 12 | Jacinto Lozano Gamito (1947)      | <b>2h11'03"</b> | 2h11'03" | 31/01/1993 | Viladecans |
| 13 | Juan José Requena Fuentes (1951)  | <b>2h11'03"</b> | 2h11'03" | 31/01/1993 | Viladecans |
| 14 | Pedro Martínez Carrasco (1952)    | <b>2h13'31"</b> | 2h13'31" | 31/01/1993 | Viladecans |

**(R) Marató**

***Mínima 3h 20'***

**M35**

|    |  | MARCA TR        | T_Real   | T_Ofic   |            |                      |
|----|--|-----------------|----------|----------|------------|----------------------|
| 1  | Joan Oriach Serra (1990)                 | <b>2h28'45"</b> | 2h28'45" | 2h28'53" | 15/03/2026 | Barcelona            |
| 2  | Miguel Ángel Molina Porcel (1974)        | <b>2h33'10"</b> | 2h33'10" | 2h33'16" | 16/03/2025 | Barcelona (C.CAT)    |
| 3  | Darío Pallarolas Camps (1968)            | <b>2h36'28"</b> |          | 2h36'28" | 16/03/2003 | Barcelona            |
| 4  | Juan Vico Mirón (1946)                   | <b>2h37'50"</b> |          | 2h37'50" | 01/01/1984 | s/d                  |
| 5  | Jordi Fernández Villena (1968)           | <b>2h39'03"</b> | 2h39'03" | 2h39'13" | 02/03/2008 | Barcelona            |
| 6  | Manuel Vázquez Tundidor (1967)           | <b>2h39'08"</b> | 2h39'08" | 2h41'13" | 06/03/2011 | Barcelona            |
| 7  | Joan Martí Ramoneda Sentenach (1982)     | <b>2h40'49"</b> | 2h40'49" | 2h41'01" | 07/12/2025 | Valencia             |
| 8  | Albert Roselló Castañares (1971)         | <b>2h41'05"</b> | 2h41'05" | 2h41'09" | 26/11/2017 | San Sebastián        |
| 9  | Sergi Martín García (1975)               | <b>2h42'22"</b> | 2h42'22" | 2h42'40" | 24/09/2017 | Berlín (Alemanya)    |
| 10 | Manuel Martínez Maestre (1961)           | <b>2h44'09"</b> |          | 2h44'09" | 16/03/1997 | Barcelona            |
| 11 | Ferran Rey Roncero (1967)                | <b>2h44'31"</b> | 2h44'31" | 2h44'45" | 01/12/2019 | Valencia             |
| 12 | Hilario Adalid Olmo (1940)               | <b>2h44'33"</b> |          | 2h44'33" | 16/03/1986 | Barcelona            |
| 13 | Agustí Bartrés Gallart (1968)            | <b>2h46'27"</b> |          | 2h46'27" | 21/03/2004 | Barcelona            |
| 14 | Francisco Martínez Rubio (1946)          | <b>2h46'31"</b> |          | 2h46'31" | 22/04/1984 | Vilanova i la Geltrú |
| 15 | Jacinto Rodríguez Sánchez (1958)         | <b>2h46'40"</b> | 2h46'40" | 2h46'45" | 14/03/1999 | Barcelona            |
| 16 | José Luis Nieto Rodríguez (1962)         | <b>2h46'46"</b> |          | 2h46'46" | 16/03/2003 | Barcelona            |
| 17 | Josep M <sup>a</sup> Molleví Fité (1954) | <b>2h47'34"</b> |          | 2h47'34" | 15/03/1998 | Barcelona            |
| 18 | Francisco Coria Benítez (1973)           | <b>2h48'17"</b> | 2h48'17" | 2h48'22" | 26/11/2017 | San Sebastián        |
| 19 | Juan Ferrera Cantero (1964)              | <b>2h48'47"</b> | 2h48'47" | 2h48'57" | 19/03/2000 | Barcelona            |
| 20 | Tomás Santiago Sierra (1953)             | <b>2h49'19"</b> |          | 2h49'19" | 15/03/1998 | Barcelona            |
| 21 | Francesc Garcia Alvarado (1954)          | <b>2h50'57"</b> |          | 2h50'57" | 16/03/1997 | Barcelona            |
| 22 | José Luis Díaz Santano (1948)            | <b>2h51'25"</b> |          | 2h51'25" | 10/10/1985 | Figueres             |
| 23 | Jaume Itchart Boté (1940)                | <b>2h51'32"</b> |          | 2h51'32" | 30/04/1989 | Madrid               |
| 24 | Prudencio Pérez Hernández (1947)         | <b>2h52'53"</b> |          | 2h52'53" | 15/03/1987 | Barcelona            |
| 25 | Jesús Calvache Durán (1951)              | <b>2h53'42"</b> |          | 2h53'42" | 10/12/1989 | Calvià               |
| 26 | Francisco Lancho Borreguero (1945)       | <b>2h53'42"</b> |          | 2h53'42" | 31/10/1993 | San Sebastián        |
| 27 | Pedro José Martínez Carrión (1984)       | <b>2h55'07"</b> | 2h55'07" | 2h55'18" | 07/12/2025 | Valencia             |
| 28 | Alfonso Ciller Abril (1949)              | <b>2h56'27"</b> | 2h56'27" | 2h56'34" | 14/03/1999 | Barcelona            |
| 29 | Baltasar Cadórniga Martínez (1946)       | <b>2h56'28"</b> |          | 2h56'28" | 13/03/1989 | Barcelona            |
| 30 | Pedro Martínez Carrasco (1952)           | <b>2h56'43"</b> |          | 2h56'43" | 05/02/1995 | Valencia             |
| 31 | Pedro Gómez Fernández (1961)             | <b>2h57'17"</b> |          | 2h57'17" | 16/03/2003 | Barcelona            |
| 32 | Jordi Pelegrí Altarriba (1956)           | <b>2h57'20"</b> |          | 2h57'20" | 15/03/1998 | Barcelona            |
| 33 | Albert Vilaseca Llinés (1972)            | <b>2h58'02"</b> | 2h58'02" | 2h58'09" | 15/02/2026 | Sevilla              |

|    |   |                 |          |            |            |           |
|----|---|-----------------|----------|------------|------------|-----------|
| 34 | Miquel Capdevilla Merino (1966)         | <b>2h58'14"</b> | 2h58'14" | 24/03/2002 | Barcelona  |           |
| 35 | José Galisteo López (1953)              | <b>2h58'17"</b> | 2h58'17" | 14/03/1993 | Barcelona  |           |
| 36 | Jacinto Lozano Gamito (1947)            | <b>2h58'37"</b> | 2h58'37" | 14/03/1993 | Barcelona  |           |
| 37 | Juan José Ruiz Aguilera (1978)          | <b>2h58'40"</b> | 2h58'40" | 2h59'18"   | 13/03/2016 | Barcelona |
| 38 | David Sánchez Sánchez (1974)            | <b>2h58'51"</b> | 2h58'51" | 2h59'29"   | 13/03/2016 | Barcelona |
| 39 | Jaume Planas Roy (1971)                 | <b>2h59'10"</b> | 2h59'10" | 2h59'35"   | 15/03/2015 | Barcelona |
| 40 | Jordi Perulero Núñez (1981)             | <b>2h59'37"</b> | 2h59'37" | 2h59'48"   | 07/11/2021 | Barcelona |
| 41 | José Antonio Ballesta Ballesta (1962)   | <b>3h01'08"</b> | 3h01'08" | 16/03/1997 | Barcelona  |           |
| 42 | Salva Carrillo Domínguez (1973)         | <b>3h01'12"</b> | 3h01'12" | 3h02'07"   | 03/12/2023 | Valencia  |
| 43 | Román Millán Agudo (1979)               | <b>3h01'33"</b> | 3h01'33" | 3h01'44"   | 15/03/2026 | Barcelona |
| 44 | Alfred Torrents Casas (1987)            | <b>3h01'37"</b> | 3h01'37" | 3h01'55"   | 19/03/2023 | Barcelona |
| 45 | Daniel Espartero Aranda (1977)          | <b>3h02'02"</b> | 3h02'02" | 3h03'04"   | 02/12/2018 | Valencia  |
| 46 | Antonio Blanco Soriano (1955)           | <b>3h03'37"</b> | 3h03'37" | 18/03/2001 | Barcelona  |           |
| 47 | Juan José Requena Fuentes (1951)        | <b>3h04'19"</b> | 3h04'19" | 14/03/1993 | Barcelona  |           |
| 48 | José María García Alvarado (1956)       | <b>3h04'22"</b> | 3h04'22" | 14/03/1993 | Barcelona  |           |
| 49 | Vicente Vázquez Moreno (1955)           | <b>3h05'27"</b> | 3h05'27" | 21/03/2004 | Barcelona  |           |
| 50 | Óscar Ordoyo Gimeno (1975)              | <b>3h05'30"</b> | 3h05'30" | 3h06'08"   | 13/03/2016 | Barcelona |
| 51 | Alonso Pozo Rebollo (1952)              | <b>3h06'06"</b> | 3h06'06" | 14/03/1993 | Barcelona  |           |
| 52 | Nabi Abdelkader (1970)                  | <b>3h06'06"</b> | 3h06'06" | 3h06'49"   | 10/03/2019 | Barcelona |
| 53 | Anastasi Codosal Jato (1944)            | <b>3h06'45"</b> | 3h06'45" | 09/12/1990 | Calvià     |           |
| 54 | Francisco José González Romero (1968)   | <b>3h06'54"</b> | 3h06'54" | 3h07'52"   | 19/02/2017 | Sevilla   |
| 55 | Enric Bachs Taberner (1948)             | <b>3h08'20"</b> | 3h08'20" | 14/03/1993 | Barcelona  |           |
| 56 | Isidro Prados Jiménez (1958)            | <b>3h08'23"</b> | 3h08'23" | 14/03/1999 | Barcelona  |           |
| 57 | Álex Pereira Machuca (1979)             | <b>3h09'30"</b> | 3h09'30" | 3h09'49"   | 15/03/2026 | Barcelona |
| 58 | José Álvarez Guillén (1947)             | <b>3h10'56"</b> | 3h10'56" | 13/03/1994 | Barcelona  |           |
| 59 | Daniel Fernández Muñoz (1971)           | <b>3h11'12"</b> | 3h11'12" | 3h11'14"   | 13/03/2016 | Barcelona |
| 60 | Javier Plaza Martín (1958)              | <b>3h12'44"</b> | 3h12'44" | 18/03/2001 | Barcelona  |           |
| 61 | Josep Vizcaíno Mora (1942)              | <b>3h13'17"</b> | 3h13'17" | 13/03/1989 | Barcelona  |           |
| 62 | Andrés Romanos Escudero (1965)          | <b>3h13'54"</b> | 3h13'54" | 18/03/2001 | Barcelona  |           |
| 63 | Alfred Torrents Font (1955)             | <b>3h15'23"</b> | 3h15'23" | 14/03/1999 | Barcelona  |           |
| 64 | Fernando Sánchez Correa (1963)          | <b>3h15'32"</b> | 3h15'32" | 14/03/1999 | Barcelona  |           |
| 65 | Rubén Serna Aparicio (1975)             | <b>3h17'30"</b> | 3h17'30" | 3h18'33"   | 25/03/2012 | Barcelona |
| 66 | Andrés Valenzuela Carmona (1956)        | <b>3h18'04"</b> | 3h18'04" | 19/03/2000 | Barcelona  |           |
| 67 | Francisco Manuel Martínez Cortés (1956) | <b>3h18'52"</b> | 3h18'52" | 15/03/1998 | Barcelona  |           |
| 68 | Antonio Blánquez Fernández (1945)       | <b>3h19'57"</b> | 3h19'57" | 15/03/1992 | Barcelona  |           |

### **(R) Ironman**

M35

|   | MARCA TR                          | T_Real           | T_Ofic    |            |         |
|---|-----------------------------------|------------------|-----------|------------|---------|
| 1 | Miguel Ángel Molina Porcel (1974) | <b>10h26'37"</b> | 10h26'37" | 30/09/2017 | Calella |

### **(R) 5 km marxa**

M35

|   | MARCA TR                   | T_Real        | T_Ofic |            |            |
|---|----------------------------|---------------|--------|------------|------------|
| 1 | Manuel Castro Núñez (1956) | <b>33'09"</b> | 33'09" | 13/02/2005 | Viladecans |

# SÈNIOR M

## (R) Milla Urbana

SEN

|   |                            | MARCA TR       | T_Real | T_Ofic  |            |                               |
|---|----------------------------|----------------|--------|---------|------------|-------------------------------|
| 1 | Albert Ruz Quadrada (1998) | <b>04:29,0</b> |        | 04:29,0 | 30/06/2024 | Palau - Solità i Plegamans (C |
| 2 | Daniel Campo García (1986) | <b>04:34,0</b> |        | 04:34,0 | 15/05/2016 | Montcada i Reixac             |
| 3 | Joan Oriach Serra (1990)   | <b>04:37,0</b> |        | 04:37,0 | 30/06/2024 | Palau - Solità i Plegamans (C |
| 4 | Jordi Martí Pañella (1973) | <b>05:02,0</b> |        | 05:02,0 | 17/05/2008 | Ripollet                      |
| 5 | David Martín Valero (1995) | <b>05:45,0</b> |        | 05:45,0 | 09/06/2019 | Montcada i Reixac             |

## (R) 5 km

SEN

|    |                                   | MARCA TR      | T_Real | T_Ofic |            |                      |
|----|-----------------------------------|---------------|--------|--------|------------|----------------------|
| 1  | Albert Ruz Quadrada (1998)        | <b>14'57"</b> | 14'57" | 14'58" | 08/12/2024 | Viladecans (C.CAT)   |
| 2  | Aleix Aznar Baidés (2000)         | <b>15'31"</b> | 15'31" | 15'34" | 08/12/2024 | Viladecans (C.CAT)   |
| 3  | Joan Oriach Serra (1990)          | <b>15'42"</b> | 15'42" | 15'43" | 08/12/2024 | Viladecans (C.CAT)   |
| 4  | David Campo García (1988)         | <b>15'57"</b> | 15'57" | 15'57" | 15/05/2016 | Vilanova i la Geltrú |
| 5  | Jordi Fernández Villena (1968)    | <b>19'04"</b> |        | 19'04" | 28/12/2008 | Lloret de Mar        |
| 6  | Sergi Martín García (1975)        | <b>19'13"</b> |        | 19'13" | 28/12/2008 | Lloret de Mar        |
| 7  | Jordi Abarca Esteve (1977)        | <b>19'15"</b> | 19'15" | 19'28" | 19/12/2010 | Lloret de Mar        |
| 8  | Manuel Salido Llorente (1988)     | <b>19'22"</b> | 19'22" | 19'43" | 19/12/2010 | Lloret de Mar        |
| 9  | Pol Romano de Gea (1993)          | <b>21'05"</b> | 21'05" | 21'17" | 19/12/2021 | Barcelona            |
| 10 | Salah Benyazid (1989)             | <b>22'11"</b> | 22'11" | 23'05" | 26/12/2021 | El Masnou            |
| 11 | Alejandro Martínez Carrión (1977) | <b>24'00"</b> | 24'00" | 24'00" | 19/12/2010 | Lloret de Mar        |
| 12 | Marc Barceló Jiménez (1985)       | <b>25'21"</b> |        | 25'21" | 27/12/2009 | Lloret de Mar        |
| 13 | Oussama Blal Lahlimi (2000)       | <b>27'20"</b> | 27'20" | 29'06" | 25/01/2026 | Barcelona            |
| 14 | Daniel Heredia Álvarez (1977)     | <b>37'30"</b> |        | 37'30" | 28/12/2008 | Lloret de Mar        |

## (R) 10 km

SEN

|    |                                | MARCA TR      | T_Real | T_Ofic |            |                       |
|----|--------------------------------|---------------|--------|--------|------------|-----------------------|
| 1  | Albert Ruz Quadrada (1998)     | <b>29'54"</b> | 29'54" | 29'55" | 31/12/2024 | Barcelona             |
| 2  | Juan Ramón Muñoz López (1965)  | <b>30'50"</b> |        | 30'50" | 30/06/2002 | Rubí                  |
| 3  | Joan Oriach Serra (1990)       | <b>31'12"</b> | 31'12" | 31'12" | 26/01/2025 | Barcelona (C.CAT)     |
| 4  | Aleix Aznar Baidés (2000)      | <b>32'01"</b> | 32'01" | 32'05" | 29/09/2024 | Barcelona             |
| 5  | Marc Grajal Martínez (1990)    | <b>32'19"</b> | 32'19" | 32'22" | 31/12/2012 | Barcelona             |
| 6  | David Campo García (1988)      | <b>32'28"</b> | 32'28" | 32'29" | 05/06/2011 | Pineda de Mar         |
| 7  | Francisco Chaves Mejías (1956) | <b>32'55"</b> |        | 32'55" | 11/09/1984 | Mataró                |
| 8  | Antonio Sedano Cruz (1958)     | <b>33'10"</b> |        | 33'10" | 11/09/1984 | Mataró                |
| 9  | Abdelhamed El Harrak (1978)    | <b>33'24"</b> | 33'24" | 33'24" | 31/12/2011 | Barcelona             |
| 10 | Elías Pérez del Valle (1979)   | <b>33'45"</b> | 33'45" | 33'45" | 31/12/2011 | Barcelona             |
| 11 | Nabi Abdelkader (1970)         | <b>33'54"</b> |        | 33'54" | 17/04/2005 | La Llagosta           |
| 12 | Jordi Martí Pañella (1973)     | <b>33'58"</b> |        | 33'58" | 28/06/1999 | El Prat del Llobregat |
| 13 | Agustí Bartrés Gallart (1968)  | <b>34'07"</b> |        | 34'07" | 06/04/2000 | Barcelona             |
| 14 | Jaume Planas Roy (1971)        | <b>34'10"</b> |        | 34'10" | 03/05/1998 | Martorell             |
| 15 | Raimon Garcia ()               | <b>34'27"</b> |        | 34'27" | 11/09/1984 | Mataró                |

|    |   |               |        |        |            |               |
|----|---|---------------|--------|--------|------------|---------------|
| 16 | Josep M <sup>a</sup> Molleví Fité (1954)  | <b>34'36"</b> |        | 34'36" | 11/09/1984 | Mataró        |
| 17 | Juan Pérez Muñoz (1959)                   | <b>34'39"</b> |        | 34'39" | 11/09/1984 | Mataró        |
| 18 | Alfredo Gonzalo Guirao (1955)             | <b>34'53"</b> |        | 34'53" | 11/09/1984 | Mataró        |
| 19 | Antonio Fernando Roldán Gómez (1984)      | <b>34'53"</b> | 34'53" | 34'53" | 31/12/2014 | Barcelona     |
| 20 | Joaquín Calzado Garrido (1960)            | <b>34'58"</b> |        | 34'58" | 11/09/1984 | Mataró        |
| 21 | Ibrahim Ben Fatina (1982)                 | <b>35'31"</b> | 35'31" | 35'31" | 31/12/2002 | Barcelona     |
| 22 | Javier Castro Romero (1983)               | <b>35'55"</b> | 35'55" | 35'58" | 31/12/2012 | Barcelona     |
| 23 | Xavier Carmona Fernández (1995)           | <b>36'08"</b> | 36'08" | 36'10" | 25/01/2026 | Barcelona     |
| 24 | Miguel Ángel Gámez García (1971)          | <b>36'11"</b> |        | 36'11" | 25/04/1999 | Barcelona     |
| 25 | Marc Pruna Solà (1981)                    | <b>36'27"</b> | 36'27" | 36'27" | 31/12/2002 | Barcelona     |
| 26 | Joan Gilabert Codina (1963)               | <b>36'51"</b> |        | 36'51" | 11/09/1982 | Mataró        |
| 27 | Daniel Heredia Álvarez (1977)             | <b>37'10"</b> |        | 37'10" | 01/05/2005 | Martorell     |
| 28 | Isidro Prados Jiménez (1958)              | <b>37'15"</b> | 37'15" | 37'15" | 31/12/2002 | Barcelona     |
| 29 | Rubén Fajardo Cano (1981)                 | <b>37'27"</b> | 37'27" | 37'34" | 31/12/2013 | Barcelona     |
| 30 | Manuel Salido Llorente (1988)             | <b>37'40"</b> | 37'40" | 37'43" | 29/04/2012 | Montmeló      |
| 31 | José Álvarez Guillén (1947)               | <b>37'45"</b> |        | 37'45" | 11/09/1982 | Mataró        |
| 32 | Manuel Iribarren Hernández (1953)         | <b>37'49"</b> |        | 37'49" | 31/12/2002 | Barcelona     |
| 33 | Francesc Blanchart Sabater (1956)         | <b>37'55"</b> |        | 37'55" | 11/09/1982 | Mataró        |
| 34 | Juan José López Jurado (1976)             | <b>38'06"</b> |        | 38'06" | 24/10/1999 | Sabadell      |
| 35 | Ángel Vico Mirón (1949)                   | <b>38'24"</b> | 38'24" | 38'30" | 11/09/1982 | Mataró        |
| 36 | Juan de Dios López Abellán (1976)         | <b>38'33"</b> |        | 38'33" | 11/09/2006 | Mataró        |
| 37 | José Luis Santillana Sánchez (1953)       | <b>38'34"</b> |        | 38'34" | 11/09/1982 | Mataró        |
| 38 | Miquel Xena Comas (1952)                  | <b>38'36"</b> |        | 38'36" | 11/09/1982 | Mataró        |
| 39 | Carlos Ramos Gámez (1983)                 | <b>38'38"</b> | 38'38" | 38'44" | 18/09/2011 | Barcelona     |
| 40 | Ángel Pérez Jabalera (1969)               | <b>39'15"</b> |        | 39'15" | 29/10/2002 | Sabadell      |
| 41 | David Pajuelo Alejo (1979)                | <b>39'23"</b> |        | 39'23" | 01/04/2007 | Barcelona     |
| 42 | Andrés Romanos Escudero (1965)            | <b>39'29"</b> |        | 39'29" | 24/10/1999 | Sabadell      |
| 43 | Juan Espartero Poyato (1978)              | <b>39'36"</b> |        | 39'36" | 17/10/2004 | Sabadell      |
| 44 | David Martín Valero (1995)                | <b>39'41"</b> | 39'41" | 40'07" | 31/12/2017 | Barcelona     |
| 45 | Joan Antoni Ortega Escandón (1950)        | <b>40'05"</b> |        | 40'05" | 11/09/1982 | Mataró        |
| 46 | José M <sup>a</sup> Andrade Ortega (1955) | <b>40'05"</b> |        | 40'05" | 11/09/1982 | Mataró        |
| 47 | Àlex Ortiz Dalmau (1970)                  | <b>40'09"</b> |        | 40'09" | 18/06/2000 | Barcelona     |
| 48 | Jordi Pelegrí Altarriba (1956)            | <b>40'15"</b> |        | 40'15" | 31/12/2002 | Barcelona     |
| 49 | José Manuel García Martín (1987)          | <b>40'24"</b> | 40'24" | 40'32" | 26/10/2014 | Barcelona     |
| 50 | Laureano Tinoco Gómez (1984)              | <b>40'41"</b> | 40'41" | 40'45" | 22/03/2015 | Badalona      |
| 51 | Martín Gómez Moreno (1969)                | <b>40'57"</b> |        | 40'57" | 22/10/2000 | Sabadell      |
| 52 | Raimon Lozano Canals (1947)               | <b>41'30"</b> |        | 41'30" | 11/09/1982 | Mataró        |
| 53 | Javier Plaza Martín (1958)                | <b>42'08"</b> |        | 42'08" | 22/10/2000 | Sabadell      |
| 54 | Manuel Rojas Serran (1968)                | <b>42'46"</b> |        | 42'46" | 18/04/2004 | Barcelona     |
| 55 | Juan José Pérez Vera (1956)               | <b>42'55"</b> | 42'55" | 43'10" | 31/12/2002 | Barcelona     |
| 56 | José Antonio Ballesta Ballesta (1962)     | <b>42'55"</b> | 42'55" | 43'27" | 06/04/2008 | Barcelona     |
| 57 | Fernando Quintana Rodríguez (1970)        | <b>43'25"</b> |        | 43'25" | 03/06/2010 | Pineda de Mar |
| 58 | Pol Romano de Gea (1993)                  | <b>43'28"</b> | 43'28" | 49'32" | 31/12/2021 | Barcelona     |
| 59 | Ismael Báez Fernández (1975)              | <b>43'33"</b> |        | 43'33" | 31/12/2004 | Barcelona     |
| 60 | Josep Fuentes Gómez (1973)                | <b>43'38"</b> | 43'38" | 43'38" | 02/06/2012 | Igualada      |

|    |  |                 |          |          |            |                      |
|----|--|-----------------|----------|----------|------------|----------------------|
| 61 | Javier Pérez Garrido (1971)            | <b>43'38"</b>   | 43'38"   | 43'46"   | 10/06/2012 | Pineda de Mar        |
| 62 | Miguel Ángel Sánchez Valdepeñas (1972) | <b>43'39"</b>   | 43'39"   | 44'39"   | 31/12/2012 | Barcelona            |
| 63 | Salah Benyazid (1989)                  | <b>43'44"</b>   | 43'44"   | 43'52"   | 23/04/2017 | Martorell (C.CAT)    |
| 64 | Albert Herrero Cruz (1980)             | <b>43'50"</b>   | 43'50"   | 44'54"   | 31/12/2011 | Barcelona            |
| 65 | Jesús Martínez Velázquez (1973)        | <b>44'14"</b>   |          | 44'14"   | 18/04/2010 | Barcelona            |
| 66 | Miquel Capdevilla Merino (1966)        | <b>44'16"</b>   |          | 44'16"   | 08/10/2006 | Gavà                 |
| 67 | Juan Antonio López Rojano (1960)       | <b>44'18"</b>   |          | 44'18"   | 19/10/2003 | Sabadell             |
| 68 | José Antonio Barbancho Rodríguez (196) | <b>44'23"</b>   |          | 44'23"   | 18/04/2004 | Barcelona            |
| 69 | Samuel López Martínez (1984)           | <b>44'39"</b>   | 44'39"   | 45'45"   | 01/05/2011 | Parets del Vallès    |
| 70 | Fernando Solanes Prieto (1968)         | <b>44'41"</b>   | 44'41"   | 44'52"   | 09/06/2013 | Pineda de Mar        |
| 71 | Antoni Bonjoch Turell (1958)           | <b>44'47"</b>   |          | 44'47"   | 13/04/2003 | La Llagosta          |
| 72 | José Nogales Sevilla (1961)            | <b>45'22"</b>   |          | 45'22"   | 21/10/2001 | Sabadell             |
| 73 | Joan Saperas Pérez (1976)              | <b>45'32"</b>   | 45'32"   | 51'52"   | 31/12/2013 | Barcelona            |
| 74 | Alejandro Martínez Carrión (1977)      | <b>45'52"</b>   | 45'52"   | 46'49"   | 24/11/2013 | Barcelona            |
| 75 | Enrique Sánchez Zapata (1967)          | <b>46'03"</b>   | 46'03"   | 47'56"   | 18/11/2012 | Barcelona            |
| 76 | Enric Sans Rusiñol (2000)              | <b>46'25"</b>   | 46'25"   | 47'24"   | 17/09/2023 | Barcelona            |
| 77 | David Martínez Velázquez (1974)        | <b>46'53"</b>   |          | 46'53"   | 18/04/2010 | Barcelona            |
| 78 | Fernando Llop Coll (1959)              | <b>47'37"</b>   |          | 47'37"   | 19/10/2003 | Sabadell             |
| 79 | Victoriano Valcárcel Rosas (1953)      | <b>47'47"</b>   |          | 47'47"   | 06/04/2008 | Barcelona            |
| 80 | Richar Fernández Mancha (1978)         | <b>47'47"</b>   | 47'47"   | 48'52"   | 05/07/2014 | Gavà                 |
| 81 | Martyn Baker (1962)                    | <b>47'48"</b>   |          | 47'48"   | 31/12/2009 | Barcelona            |
| 82 | Quico Torrejón Comino (1962)           | <b>47'51"</b>   |          | 47'51"   | 12/03/2006 | Sant Boi             |
| 83 | Pedro Iglesias Carrillo ()             | <b>48'33"</b>   |          | 48'33"   | 08/04/2001 | Barcelona            |
| 84 | Bertomeu Capdevila Solé (1961)         | <b>48'35"</b>   |          | 48'35"   | 28/04/2002 | Barcelona            |
| 85 | José Ángel Rodríguez Rodríguez ()      | <b>49'07"</b>   | 49'07"   | 49'45"   | 05/06/2011 | Pineda de Mar        |
| 86 | Juan José Monago Ferrera (1959)        | <b>49'11"</b>   |          | 49'11"   | 24/10/1999 | Sabadell             |
| 87 | Valentín Monago Ferrera (1960)         | <b>49'11"</b>   |          | 49'11"   | 24/10/1999 | Sabadell             |
| 88 | Bartolomé Ballesta Ballesta (1964)     | <b>49'27"</b>   |          | 49'27"   | 01/06/2008 | Pineda de Mar        |
| 89 | Isidoro Monago Ferrera (1961)          | <b>49'49"</b>   |          | 49'49"   | 24/10/1999 | Sabadell             |
| 90 | Santiago Angulo Cañete ()              | <b>50'32"</b>   |          | 50'32"   | 31/12/2004 | Barcelona            |
| 91 | Jordi Mont Alsina ()                   | <b>51'00"</b>   |          | 51'00"   | 19/10/2008 | Sabadell             |
| 92 | Jordi Piquer Garcia ()                 | <b>51'49"</b>   | 51'49"   | 52'26"   | 03/06/2012 | Vilanova i la Geltrú |
| 93 | Óscar López Sorribes (1980)            | <b>52'32"</b>   | 52'32"   | 53'08"   | 26/04/2015 | Montmeló             |
| 94 | Pedro José Martínez Carrión (1984)     | <b>53'18"</b>   |          | 53'18"   | 05/04/2009 | Barcelona            |
| 95 | César Gómez Guirado (1971)             | <b>59'08"</b>   | 59'08"   | 1h00'19" | 03/07/2011 | Barcelona            |
| 96 | Óscar Pérez Morcillo (1973)            | <b>1h01'08"</b> | 1h01'08" | 1h01'20" | 05/06/2011 | Pineda de Mar        |

**(R) 20 km**

SEN

|   |                                 | MARCA TR        | T_Real | T_Ofic   |            |               |
|---|---------------------------------|-----------------|--------|----------|------------|---------------|
| 1 | Justi García Nicolás (1965)     | <b>1h06'59"</b> |        | 1h06'59" | 15/09/1996 | Ceret         |
| 2 | Antonio Sedano Cruz (1958)      | <b>1h07'55"</b> |        | 1h07'55" | 26/08/1984 | San Sebastián |
| 3 | Francisco Chaves Mejías (1956)  | <b>1h08'56"</b> |        | 1h08'56" | 26/08/1984 | San Sebastián |
| 4 | Miquel Capdevilla Merino (1966) | <b>1h09'44"</b> |        | 1h09'44" | 15/09/1996 | Ceret         |
| 5 | Tomás García García (1969)      | <b>1h12'17"</b> |        | 1h12'17" | 15/09/1996 | Ceret         |
| 6 | Antoni Quiñones Torres (1960)   | <b>1h12'33"</b> |        | 1h12'33" | 09/12/1984 | Ripoll        |

|    |                                    |                 |          |            |         |
|----|------------------------------------|-----------------|----------|------------|---------|
| 7  | Lluís Hilari Rubert (1953)         | <b>1h12'55"</b> | 1h12'55" | 09/12/1984 | Ripoll  |
| 8  | Manuel Joyas Maturana (1960)       | <b>1h14'44"</b> | 1h14'44" | 24/11/1991 | Ripoll  |
| 9  | Emilio Portillo Salomón (1964)     | <b>1h15'05"</b> | 1h15'05" | 01/01/1984 | s/d     |
| 10 | José María García Alvarado (1956)  | <b>1h15'30"</b> | 1h15'30" | 25/11/1990 | Ripoll  |
| 11 | Josep Misser Banchs ()             | <b>1h15'31"</b> | 1h15'31" | 12/12/1982 | Ripoll  |
| 12 | Sergi Martín García (1975)         | <b>1h15'46"</b> | 1h15'46" | 11/11/2007 | Behobia |
| 13 | Lluís Vizcaíno Ponce (1967)        | <b>1h17'00"</b> | 1h17'00" | 25/11/1990 | Ripoll  |
| 14 | Pedro Molina Migueles (1952)       | <b>1h17'14"</b> | 1h17'14" | 09/12/1984 | Ripoll  |
| 15 | Joan Antoni Ortega Escandón (1950) | <b>1h17'50"</b> | 1h17'50" | 12/12/1982 | Ripoll  |

### (R) Mitja marató

|     |
|-----|
| SEN |
|-----|

|    |                                     | MARCA TR        | T_Real   | T_Ofic   |                                 |
|----|-------------------------------------|-----------------|----------|----------|---------------------------------|
| 1  | José Luis Zarco Caballero (1955)    | <b>1h05'</b>    |          | 1h05'    | 13/01/1980 Torroella Montgrí    |
| 2  | Elamin Elkhamlychy (1973)           | <b>1h06'50"</b> |          | 1h06'50" | 09/01/2000 Sitges               |
| 3  | Justi García Nicolás (1965)         | <b>1h07'49"</b> |          | 1h07'49" | 19/02/1995 Roda de Ter          |
| 4  | Albert Ruz Quadrada (1998)          | <b>1h09'22"</b> | 1h09'22" | 1h09'24" | 11/02/2024 Barcelona            |
| 5  | Joan Oriach Serra (1990)            | <b>1h09'46"</b> | 1h09'46" | 1h10'03" | 16/02/2025 Barcelona            |
| 6  | Aleix Aznar Baidés (2000)           | <b>1h10'00"</b> | 1h10'00" | 1h10'03" | 26/10/2025 Gavà                 |
| 7  | Román Adalid Casado (1965)          | <b>1h11'</b>    |          | 1h11'    | 10/01/1988 Sitges               |
| 8  | Francisco Chaves Mejías (1956)      | <b>1h11'24"</b> |          | 1h11'24" | 22/02/1987 Roda de Ter          |
| 9  | Antonio Sedano Cruz (1958)          | <b>1h11'48"</b> |          | 1h11'48" | 08/01/1984 Sitges               |
| 10 | Juan Pérez Muñoz (1959)             | <b>1h12'04"</b> |          | 1h12'04" | 18/01/1987 Granollers           |
| 11 | Jordi Martí Pañella (1973)          | <b>1h13'14"</b> |          | 1h13'14" | 18/02/2001 Barcelona            |
| 12 | Alfredo Gonzalo Guirao (1955)       | <b>1h13'16"</b> |          | 1h13'16" | 01/01/1984 s/d                  |
| 13 | Rafael Jiménez Reyes (1961)         | <b>1h13'31"</b> |          | 1h13'31" | 01/01/1984 s/d                  |
| 14 | Jaume Planas Roy (1971)             | <b>1h13'35"</b> |          | 1h13'35" | 18/01/1998 Granollers           |
| 15 | Elías Pérez del Valle (1979)        | <b>1h13'37"</b> | 1h13'37" | 1h13'37" | 30/01/2011 Barcelona            |
| 16 | Abdelali Afia (1972)                | <b>1h13'38"</b> |          | 1h13'38" | 12/06/2005 Benasque             |
| 17 | Zeus Gallardo Melero (1970)         | <b>1h14'25"</b> |          | 1h14'25" | 16/11/1997 Ripoll               |
| 18 | Darío Pallarolas Camps (1968)       | <b>1h14'29"</b> |          | 1h14'29" | 12/01/2003 Sitges               |
| 19 | Cristian Chaguaceda Galisteo (1990) | <b>1h14'40"</b> | 1h14'40" | 1h14'51" | 16/02/2020 Barcelona            |
| 20 | Agustí Bartrés Gallart (1968)       | <b>1h14'42"</b> |          | 1h14'42" | 21/01/2001 Granollers           |
| 21 | Miquel Capdevilla Merino (1966)     | <b>1h14'46"</b> |          | 1h14'46" | 03/03/1996 Banyoles             |
| 22 | Nabi Abdelkader (1970)              | <b>1h15'16"</b> |          | 1h15'16" | 27/02/2005 Montornés del Vallès |
| 23 | Tomás García García (1969)          | <b>1h15'59"</b> |          | 1h15'59" | 03/03/1996 Banyoles             |
| 24 | Jordi Padrosa Gaset (1968)          | <b>1h16'15"</b> |          | 1h16'15" | 09/02/1992 Mataró               |
| 25 | Abdelhamed El Harrak (1978)         | <b>1h17'42"</b> |          | 1h17'42" | 02/02/2003 Granollers           |
| 26 | Juan José López Jurado (1976)       | <b>1h18'33"</b> |          | 1h18'33" | 10/01/1999 Sitges               |
| 27 | Javier Castro Romero (1983)         | <b>1h18'35"</b> | 1h18'35" | 1h18'35" | 11/03/2012 Montornés del Vallès |
| 28 | Lluís Hilari Rubert (1953)          | <b>1h19'15"</b> |          | 1h19'15" | 01/01/1984 s/d                  |
| 29 | Francesc García Alvarado (1954)     | <b>1h19'18"</b> |          | 1h19'18" | 22/01/1989 Granollers           |
| 30 | Cándido García García (1957)        | <b>1h19'33"</b> |          | 1h19'33" | 25/02/1990 Roda de Ter          |
| 31 | Antonio Logrosán Borrego (1966)     | <b>1h19'44"</b> |          | 1h19'44" | 03/03/1991 Mataró               |
| 32 | José María García Alvarado (1956)   | <b>1h20'17"</b> |          | 1h20'17" | 20/01/1991 Granollers           |
| 33 | Francesc Brusau Alsina (1966)       | <b>1h20'28"</b> |          | 1h20'28" | 27/10/1991 Seva                 |

|    |                                       |                 |          |          |            |                       |
|----|---------------------------------------|-----------------|----------|----------|------------|-----------------------|
| 34 | Antoni Luque Donadeu (1978)           | <b>1h20'34"</b> |          | 1h20'34" | 13/01/2002 | Sitges                |
| 35 | Juli Batlle Leonart (1968)            | <b>1h20'36"</b> |          | 1h20'36" | 03/10/1999 | Vic                   |
| 36 | Manuel Joyas Maturana (1960)          | <b>1h20'40"</b> |          | 1h20'40" | 27/10/1991 | Seva                  |
| 37 | Pedro Molina Migueles (1952)          | <b>1h20'47"</b> |          | 1h20'47" | 22/02/1987 | Roda de Ter           |
| 38 | José Manuel García Martín (1987)      | <b>1h20'49"</b> | 1h20'49" | 1h20'53" | 23/04/2017 | Montornés del Vallès  |
| 39 | Francesc Porràs Cerdà (1957)          | <b>1h21'</b>    |          | 1h21'    | 01/01/1986 | s/d                   |
| 40 | Valentín Monago Ferrera (1960)        | <b>1h21'46"</b> |          | 1h21'46" | 01/02/1993 | Roda de Ter           |
| 41 | Pedro Gómez Fernández (1961)          | <b>1h22'19"</b> |          | 1h22'19" | 06/02/2000 | Barcelona             |
| 42 | Rubén Serna Aparicio (1975)           | <b>1h22'36"</b> | 1h22'36" | 1h22'57" | 02/12/2012 | Mataró                |
| 43 | Antonio López Garro (1970)            | <b>1h22'38"</b> |          | 1h22'38" | 06/02/2000 | Barcelona             |
| 44 | Juan José Pérez Vera (1956)           | <b>1h22'41"</b> |          | 1h22'41" | 01/02/1989 | Roda de Ter           |
| 45 | Alonso Pozo Rebollo (1952)            | <b>1h22'50"</b> |          | 1h22'50" | 01/03/1992 | Montmeló              |
| 46 | Antonio Fernando Roldán Gómez (1984)  | <b>1h22'52"</b> | 1h22'52" | 1h22'53" | 06/03/2016 | Banyoles              |
| 47 | Manuel Rojas Serran (1968)            | <b>1h22'56"</b> |          | 1h22'56" | 13/01/2002 | Sitges                |
| 48 | José Antonio Ricis Saavedra (1964)    | <b>1h23'06"</b> |          | 1h23'06" | 03/02/1991 | Sant Cugat del Vallès |
| 49 | Laureano Delgado Sánchez (1959)       | <b>1h23'16"</b> |          | 1h23'16" | 02/04/1989 | Mataró                |
| 50 | Andrés Romanos Escudero (1965)        | <b>1h23'45"</b> |          | 1h23'45" | 09/01/2000 | Sitges                |
| 51 | Fermín de Martín (1958)               | <b>1h24'</b>    |          | 1h24'    | 10/01/1988 | Sitges                |
| 52 | Xavier Maynou Raimí (1965)            | <b>1h24'09"</b> |          | 1h24'09" | 19/01/1992 | Granollers            |
| 53 | Rubén Fajardo Cano (1981)             | <b>1h24'11"</b> | 1h24'11" | 1h24'17" | 04/10/2015 | Sant Cugat del Vallès |
| 54 | Carles Correa Filbà (1960)            | <b>1h24'40"</b> |          | 1h24'40" | 19/01/1992 | Granollers            |
| 55 | Miguel Ángel Gámez García (1971)      | <b>1h24'42"</b> |          | 1h24'42" | 24/01/1999 | Granollers            |
| 56 | Ismael Martínez Guerrero (1973)       | <b>1h24'51"</b> |          | 1h24'51" | 06/02/2005 | Granollers            |
| 57 | Martín Gómez Moreno (1969)            | <b>1h24'54"</b> |          | 1h24'54" | 07/01/2001 | Sitges                |
| 58 | Ramon Colomer Besalú (1945)           | <b>1h25'</b>    |          | 1h25'    | 22/01/1989 | Granollers            |
| 59 | Manuel Salido Llorente (1988)         | <b>1h25'03"</b> | 1h25'03" | 1h26'51" | 26/02/2012 | Barcelona             |
| 60 | Juan Espartero Poyato (1978)          | <b>1h25'05"</b> |          | 1h25'05" | 18/02/2001 | Barcelona             |
| 61 | Francisco Lezcano Torres (1965)       | <b>1h25'17"</b> |          | 1h25'17" | 18/01/1998 | Granollers            |
| 62 | Antonio Castilla Nieto (1959)         | <b>1h25'30"</b> |          | 1h25'30" | 19/01/1992 | Granollers            |
| 63 | Jordi Abarca Esteve (1977)            | <b>1h25'36"</b> |          | 1h25'36" | 25/03/2007 | Montornés del Vallès  |
| 64 | Rafael Gómez Merino (1969)            | <b>1h26'05"</b> |          | 1h26'05" | 27/02/2000 | Montornés del Vallès  |
| 65 | Àlex Ortiz Dalmau (1970)              | <b>1h26'08"</b> |          | 1h26'08" | 07/02/1999 | Barcelona             |
| 66 | Ángel Pérez Jabalera (1969)           | <b>1h26'15"</b> |          | 1h26'15" | 13/01/2002 | Sitges                |
| 67 | Juan de Dios López Abellán (1976)     | <b>1h26'17"</b> |          | 1h26'17" | 25/03/2007 | Montornés del Vallès  |
| 68 | Miguel Repiso Rico (1959)             | <b>1h26'27"</b> |          | 1h26'27" | 01/03/1992 | Montmeló              |
| 69 | Ángel Campos Espartero (1974)         | <b>1h26'45"</b> |          | 1h26'45" | 06/02/2000 | Barcelona             |
| 70 | Martín Marín Aguilar (1970)           | <b>1h27'06"</b> | 1h27'06" | 1h27'11" | 09/05/1999 | Mataró                |
| 71 | José Castro Notario (1956)            | <b>1h27'12"</b> |          | 1h27'12" | 18/02/2001 | Barcelona             |
| 72 | Pascual Villalba Robles (1963)        | <b>1h27'29"</b> |          | 1h27'29" | 27/02/2000 | Montornés del Vallès  |
| 73 | Juan Víctor Garrido Santamaría (1969) | <b>1h27'31"</b> |          | 1h27'31" | 18/01/1998 | Granollers            |
| 74 | Fred Dwarshuis (1951)                 | <b>1h27'37"</b> |          | 1h27'37" | 02/04/1989 | Mataró                |
| 75 | Rafael Floriach Triadó ()             | <b>1h27'41"</b> | 1h27'41" | 1h27'50" | 03/12/2006 | Mataró                |
| 76 | José Manuel Ruiz Verdugo (1971)       | <b>1h27'57"</b> | 1h27'57" | 1h28'04" | 06/12/2009 | Mataró                |
| 77 | Eugenio Culebras Rodríguez (1949)     | <b>1h28'08"</b> |          | 1h28'08" | 01/02/1993 | Roda de Ter           |
| 78 | José Luis Santillana Sánchez (1953)   | <b>1h28'28"</b> |          | 1h28'28" | 02/04/1989 | Mataró                |

|     |                                       |                 |          |          |            |                      |
|-----|---------------------------------------|-----------------|----------|----------|------------|----------------------|
| 79  | David Pajuelo Alejo (1979)            | <b>1h28'28"</b> |          | 1h28'28" | 04/02/2007 | Granollers           |
| 80  | Josep Maria Francès Raluy (1964)      | <b>1h28'32"</b> |          | 1h28'32" | 21/01/1996 | Granollers           |
| 81  | José Álvarez Guillén (1947)           | <b>1h28'33"</b> |          | 1h28'33" | 01/04/1990 | Mataró               |
| 82  | Juan Diego Carrillo Fernández (1974)  | <b>1h28'53"</b> | 1h28'53" | 1h28'55" | 05/12/2010 | Mataró               |
| 83  | Alfred Torrents Font (1955)           | <b>1h28'59"</b> |          | 1h28'59" | 27/02/2000 | Montornés del Vallès |
| 84  | Antonio Cañadas Cañadas (1948)        | <b>1h29'06"</b> |          | 1h29'06" | 02/04/1989 | Mataró               |
| 85  | Antonio Moreno Ramírez (1960)         | <b>1h29'23"</b> |          | 1h29'23" | 08/02/1998 | Barcelona            |
| 86  | Juan Manuel Magro Suárez (1973)       | <b>1h29'30"</b> |          | 1h29'30" | 29/03/2009 | Montornés del Vallès |
| 87  | José Antonio Barbancho Rodríguez (196 | <b>1h29'44"</b> |          | 1h29'44" | 12/01/2003 | Sitges               |
| 88  | José Luis Gómez Flores ()             | <b>1h29'46"</b> |          | 1h29'46" | 01/03/1998 | Banyoles             |
| 89  | Isidoro Monago Ferrera (1961)         | <b>1h30'44"</b> |          | 1h30'44" | 28/02/1998 | Montornés del Vallès |
| 90  | Francisco José González Romero (1968) | <b>1h30'47"</b> | 1h30'47" | 1h30'54" | 30/03/2014 | Calella              |
| 91  | Luis González Pérez (1979)            | <b>1h31'06"</b> | 1h31'06" | 1h31'34" | 28/03/2010 | Montornés del Vallès |
| 92  | Francisco Martínez Sánchez (1965)     | <b>1h31'18"</b> |          | 1h31'18" | 01/03/1992 | Montmeló             |
| 93  | Josep A. Capdevila Morell ()          | <b>1h31'43"</b> |          | 1h31'43" | 21/01/2001 | Granollers           |
| 94  | Fernando Quintana Rodríguez (1970)    | <b>1h32'21"</b> |          | 1h32'21" | 02/02/2003 | Granollers           |
| 95  | Ramon Canudas León ()                 | <b>1h32'24"</b> | 1h32'24" | 1h32'35" | 12/12/2004 | Mataró               |
| 96  | Diego Palma Jiménez (1953)            | <b>1h32'42"</b> |          | 1h32'42" | 18/01/1998 | Granollers           |
| 97  | Bartolomé Ballesta Ballesta (1964)    | <b>1h32'48"</b> |          | 1h32'48" | 15/06/1997 | Benicarló            |
| 98  | Abdón Arévalo Álvarez (1947)          | <b>1h33'20"</b> |          | 1h33'20" | 27/10/1991 | Seva                 |
| 99  | Emili Martín Huerta (1978)            | <b>1h33'21"</b> | 1h33'21" | 1h33'38" | 03/03/2013 | Montornés del Vallès |
| 100 | Josep Gilabert Codina (1948)          | <b>1h33'32"</b> |          | 1h33'32" | 02/04/1989 | Mataró               |
| 101 | Josep Ramírez García (1962)           | <b>1h34'04"</b> |          | 1h34'04" | 03/12/2006 | Mataró               |
| 102 | Dimas Graupera Fábregas ()            | <b>1h34'12"</b> | 1h34'12" | 1h34'24" | 30/03/2008 | Montornés del Vallès |
| 103 | Josep Fuentes Gómez (1973)            | <b>1h34'14"</b> | 1h34'14" | 1h34'19" | 04/03/2012 | Calella              |
| 104 | Ángel Prats Palencia (1948)           | <b>1h34'16"</b> |          | 1h34'16" | 03/03/1991 | Mataró               |
| 105 | Diyan Krasimirov Kolev (1989)         | <b>1h34'28"</b> | 1h34'28" | 1h43'39" | 07/02/2016 | Granollers           |
| 106 | Juan Antonio López Rojano (1960)      | <b>1h34'35"</b> |          | 1h34'35" | 07/12/1997 | Calvià               |
| 107 | Sebastián Martínez Fernández ()       | <b>1h34'38"</b> |          | 1h34'38" | 06/02/2000 | Barcelona            |
| 108 | Pedro Postigo Matas (1973)            | <b>1h34'39"</b> | 1h34'39" | 1h35'36" | 02/12/2012 | Mataró               |
| 109 | Laureano Tinoco Gómez (1984)          | <b>1h34'46"</b> | 1h34'46" | 1h41'06" | 01/02/2015 | Granollers           |
| 110 | Ignasi López Fernández (1959)         | <b>1h35'00"</b> |          | 1h35'00" | 13/10/1991 | Tona                 |
| 111 | Juan Martínez López (1965)            | <b>1h35'01"</b> | 1h35'01" | 1h35'27" | 02/12/2012 | Mataró               |
| 112 | Manuel Redondo Rodríguez (1955)       | <b>1h35'04"</b> |          | 1h35'04" | 03/03/1991 | Mataró               |
| 113 | Joan Banti Castanyer (1954)           | <b>1h35'06"</b> |          | 1h35'06" | 18/10/1992 | Tona                 |
| 114 | Salah Benyazid (1989)                 | <b>1h35'06"</b> | 1h35'06" | 1h35'06" | 03/04/2016 | Montornés del Vallès |
| 115 | Antoni Bonjoch Turell (1958)          | <b>1h35'22"</b> |          | 1h35'22" | 02/02/2003 | Granollers           |
| 116 | Antonio López Martínez (1963)         | <b>1h35'38"</b> |          | 1h35'38" | 01/04/1990 | Mataró               |
| 117 | Juan Castro Notario (1957)            | <b>1h35'58"</b> |          | 1h35'58" | 06/02/2000 | Barcelona            |
| 118 | Xavier Icardo Paredes (1964)          | <b>1h36'</b>    |          | 1h36'    | 01/11/1990 | Seva                 |
| 119 | Víctor Bravo Valdivia (1989)          | <b>1h36'09"</b> | 1h36'09" | 1h40'39" | 15/02/2015 | Barcelona            |
| 120 | Quico Torrejón Comino (1962)          | <b>1h36'35"</b> |          | 1h36'35" | 27/02/2005 | Montornés del Vallès |
| 121 | Pedro Iglesias Carrillo ()            | <b>1h36'48"</b> |          | 1h36'48" | 07/01/2001 | Sitges               |
| 122 | Andreu Fernández Xivillé (1959)       | <b>1h37'00"</b> |          | 1h37'00" | 01/02/1993 | Roda de Ter          |
| 123 | Luis Guillén González (1958)          | <b>1h37'02"</b> |          | 1h37'02" | 09/02/1992 | Mataró               |

|     |  |                 |          |          |            |                       |
|-----|--|-----------------|----------|----------|------------|-----------------------|
| 124 | Tomás Coria Moreno (1943)                | <b>1h37'10"</b> |          | 1h37'10" | 19/01/1992 | Granollers            |
| 125 | Santi Molla Dragall ()                   | <b>1h37'19"</b> | 1h37'19" | 1h37'58" | 05/05/2002 | Mataró                |
| 126 | Javier Cid Cano (1969)                   | <b>1h37'31"</b> | 1h37'31" | 1h41'01" | 03/02/2013 | Granollers            |
| 127 | Francisco García Ruz (1958)              | <b>1h37'40"</b> |          | 1h37'40" | 25/04/2007 | Montornés del Vallès  |
| 128 | Carlos Guerrero Barceló (1975)           | <b>1h37'40"</b> | 1h37'40" | 1h38'59" | 01/12/2013 | Mataró                |
| 129 | Domingo Martín Cebrián (1965)            | <b>1h37'43"</b> |          | 1h37'43" | 18/01/1998 | Granollers            |
| 130 | Javier Pérez Garrido (1971)              | <b>1h37'50"</b> | 1h37'50" | 1h37'59" | 03/03/2013 | Montornés del Vallès  |
| 131 | Joan Hernández Abril (1960)              | <b>1h37'54"</b> |          | 1h37'54" | 23/01/2000 | Granollers            |
| 132 | Christian Gordi Jardi (1976)             | <b>1h37'54"</b> | 1h37'54" | 1h38'58" | 01/12/2013 | Mataró                |
| 133 | Fernando Llop Coll (1959)                | <b>1h38'08"</b> |          | 1h38'08" | 14/12/2003 | Vilanova i la Geltrú  |
| 134 | Eduardo Reboredo Zweiger (1959)          | <b>1h38'11"</b> |          | 1h38'11" | 29/03/2009 | Montornés del Vallès  |
| 135 | Antoni Lou Martínez (1964)               | <b>1h38'20"</b> |          | 1h38'20" | 09/02/1992 | Mataró                |
| 136 | José Miguel Muñoz Tirado ()              | <b>1h38'22"</b> |          | 1h38'22" | 10/10/2004 | Sant Cugat del Vallès |
| 137 | Samuel López Martínez (1984)             | <b>1h38'38"</b> | 1h38'38" | 1h38'51" | 27/02/2011 | Cambrils              |
| 138 | Miguel Ángel Sánchez Valdepeñas (1972)   | <b>1h39'59"</b> | 1h39'59" | 1h40'15" | 02/12/2012 | Mataró                |
| 139 | Jesús Martínez Velázquez (1973)          | <b>1h40'23"</b> | 1h40'23" | 1h42'03" | 06/12/2009 | Mataró                |
| 140 | Albert Herrero Cruz (1980)               | <b>1h40'29"</b> | 1h40'29" | 1h41'18" | 04/12/2011 | Mataró                |
| 141 | Carlos Morata Núñez (1984)               | <b>1h40'52"</b> | 1h40'52" | 1h53'38" | 01/02/2015 | Granollers            |
| 142 | Jaume Clupés Horta (1947)                | <b>1h40'58"</b> |          | 1h40'58" | 03/03/1991 | Mataró                |
| 143 | Octavio López Muñoz (1967)               | <b>1h41'01"</b> | 1h41'01" | 1h41'11" | 03/03/2013 | Montornés del Vallès  |
| 144 | Julio Orlando Cabada Hernández (1961)    | <b>1h41'15"</b> |          | 1h41'15" | 18/01/1998 | Granollers            |
| 145 | Juan José Monago Ferrera (1959)          | <b>1h41'35"</b> |          | 1h41'35" | 18/01/1998 | Granollers            |
| 146 | Pablo Alfimof González (1968)            | <b>1h41'51"</b> | 1h41'51" | 1h42'58" | 01/12/2013 | Mataró                |
| 147 | Eusebio Matas Bueno (1976)               | <b>1h42'26"</b> | 1h42'26" | 1h44'33" | 03/03/2013 | Montornés del Vallès  |
| 148 | Juan Andrés Piernas del Amor (1969)      | <b>1h42'51"</b> | 1h42'51" | 1h43'02" | 05/05/2002 | Mataró                |
| 149 | Ramón Huete Huete ()                     | <b>1h42'55"</b> |          | 1h42'55" | 25/02/2001 | Montornés del Vallès  |
| 150 | Antonio González Fuentes ()              | <b>1h43'45"</b> |          | 1h43'45" | 06/05/2001 | Mataró                |
| 151 | Josep Valero Lara (1968)                 | <b>1h43'51"</b> | 1h43'51" | 1h45'13" | 17/10/2021 | Barcelona             |
| 152 | Moisés Ortiz Aguilar ()                  | <b>1h44'11"</b> |          | 1h44'11" | 06/05/2001 | Mataró                |
| 153 | Pedro León Torres (1957)                 | <b>1h46'20"</b> |          | 1h46'20" | 01/04/1990 | Mataró                |
| 154 | Manuel Rodríguez Martínez (1946)         | <b>1h46'20"</b> |          | 1h46'20" | 01/04/1990 | Mataró                |
| 155 | Miquel González González (1956)          | <b>1h46'39"</b> | 1h46'39" | 1h46'51" | 07/05/2000 | Mataró                |
| 156 | Eusebio González González (1974)         | <b>1h46'48"</b> |          | 1h46'48" | 18/01/1998 | Granollers            |
| 157 | Germán Cabrera Olivencia (1985)          | <b>1h46'53"</b> | 1h46'53" | 1h51'02" | 04/02/2018 | Granollers            |
| 158 | Germán Serrano (1970)                    | <b>1h47'</b>    |          | 1h47'    | 07/12/1997 | Calvià                |
| 159 | Sergio Rodríguez Benegas (1986)          | <b>1h47'06"</b> | 1h47'06" | 1h53'25" | 01/12/2013 | Mataró                |
| 160 | José Nogales Sevilla (1961)              | <b>1h47'16"</b> |          | 1h47'16" | 02/02/2003 | Granollers            |
| 161 | Miguel Cabrera Robles (1958)             | <b>1h47'20"</b> |          | 1h47'20" | 01/04/1990 | Mataró                |
| 162 | Enrique Sánchez Zapata (1967)            | <b>1h47'24"</b> | 1h47'24" | 1h50'46" | 03/02/2013 | Granollers            |
| 163 | José Medina Roldán (1945)                | <b>1h48'15"</b> |          | 1h48'15" | 25/10/1992 | Seva                  |
| 164 | José M <sup>a</sup> Erenas Romero (1958) | <b>1h48'48"</b> |          | 1h48'48" | 25/10/1992 | Seva                  |
| 165 | Óscar López Sorribes (1980)              | <b>1h48'59"</b> | 1h48'59" | 1h49'25" | 14/12/2014 | Vilanova i la Geltrú  |
| 166 | Lorenzo Buitrago García (1968)           | <b>1h49'13"</b> | 1h49'13" | 1h50'40" | 01/12/2013 | Mataró                |
| 167 | Óscar Carmona Vivar (1980)               | <b>1h49'39"</b> | 1h49'39" | 1h50'08" | 28/03/2010 | Montornés del Vallès  |
| 168 | Miguel López Parra (1949)                | <b>1h50'08"</b> |          | 1h50'08" | 18/01/1998 | Granollers            |

|     |                                       |                 |          |          |            |                      |
|-----|---------------------------------------|-----------------|----------|----------|------------|----------------------|
| 169 | Bertomeu Capdevila Solé (1961)        | <b>1h50'47"</b> |          | 1h50'47" | 06/05/2001 | Mataró               |
| 170 | Joan Saperas Pérez (1976)             | <b>1h50'57"</b> | 1h50'57" | 1h51'59" | 06/12/2009 | Mataró               |
| 171 | Santiago Angulo Cañete ()             | <b>1h52'28"</b> |          | 1h52'28" | 06/02/2005 | Granollers           |
| 172 | Jordi Piquer Garcia ()                | <b>1h53'47"</b> | 1h53'47" | 1h55'28" | 21/02/2010 | Gavà                 |
| 173 | David Martínez Velázquez (1974)       | <b>1h54'07"</b> | 1h54'07" | 1h55'46" | 06/12/2009 | Mataró               |
| 174 | Andrés Lozano Reche ()                | <b>1h54'11"</b> |          | 1h54'11" | 24/02/2002 | Montornés del Vallès |
| 175 | Manuel López Trillo (1943)            | <b>1h54'39"</b> |          | 1h54'39" | 02/04/1989 | Mataró               |
| 176 | José Ángel Rodríguez Rodríguez ()     | <b>1h55'48"</b> |          | 1h55'48" | 17/01/2010 | Terrassa             |
| 177 | Francesc Rivas Farrés (1965)          | <b>1h58'02"</b> |          | 1h58'02" | 08/02/1998 | Barcelona            |
| 178 | Juan Piqué Mendoza (1957)             | <b>1h59'46"</b> |          | 1h59'46" | 02/04/1989 | Mataró               |
| 179 | Juan Lorenzo Carrasco (1953)          | <b>2h00'31"</b> |          | 2h00'31" | 03/03/1991 | Mataró               |
| 180 | Salvador Grabulosa Comas (1962)       | <b>2h01'02"</b> |          | 2h01'02" | 03/03/1991 | Mataró               |
| 181 | Lluís Garcia Jiménez (1975)           | <b>2h01'46"</b> | 2h01'46" | 2h06'42" | 30/01/2011 | Barcelona            |
| 182 | Jaume Sabater Palmer (1946)           | <b>2h02'33"</b> |          | 2h02'33" | 01/04/1990 | Mataró               |
| 183 | Manuel Rodríguez Nuño (1950)          | <b>2h02'38"</b> |          | 2h02'38" | 09/01/2000 | Sitges               |
| 184 | Óscar Pérez Morcillo (1973)           | <b>2h05'10"</b> | 2h05'10" | 2h05'43" | 05/12/2010 | Mataró               |
| 185 | Antonio Joaquín Herrero García (1965) | <b>2h06'16"</b> | 2h06'16" | 2h10'37" | 03/02/2013 | Granollers           |
| 186 | José Muñoz Cejudo (1964)              | <b>2h09'43"</b> | 2h09'43" | 2h10'02" | 12/12/2004 | Mataró               |
| 187 | Juan Carlos Rodríguez Pérez (1968)    | <b>2h15'30"</b> | 2h15'30" | 2h15'54" | 05/05/2002 | Mataró               |
| 188 | Xavier Picazo Doria ()                | <b>2h17'53"</b> |          | 2h17'53" | 07/02/1999 | Barcelona            |

### **(R) 25 km**

SEN

|   |                                  | MARCA TR        | T_Real | T_Ofic   |            |           |
|---|----------------------------------|-----------------|--------|----------|------------|-----------|
| 1 | José Luis Zarco Caballero (1955) | <b>1h27'10"</b> |        | 1h27'10" | 07/05/1987 | El Masnou |
| 2 | Miquel Capdevilla Merino (1966)  | <b>1h33'58"</b> |        | 1h33'58" | 12/05/1996 | El Masnou |
| 3 | Tomás García García (1969)       | <b>1h40'24"</b> |        | 1h40'24" | 12/05/1996 | El Masnou |

### **(R) 30 km**

SEN

|   |                                     | MARCA TR        | T_Real   | T_Ofic   |            |                      |
|---|-------------------------------------|-----------------|----------|----------|------------|----------------------|
| 1 | José Luis Zarco Caballero (1955)    | <b>1h41'05"</b> |          | 1h41'05" | 28/04/1985 | Figueres             |
| 2 | Josep Misser Banchs ()              | <b>1h53'10"</b> |          | 1h53'10" | 02/01/1983 | Santa Coloma Farners |
| 3 | Antonio Sedano Cruz (1958)          | <b>1h53'55"</b> |          | 1h53'55" | 12/02/1984 | Calldetenes          |
| 4 | Lluís Hilari Rubert (1953)          | <b>1h55'23"</b> |          | 1h55'23" | 28/04/1985 | Figueres             |
| 5 | Santos González Conde-Ruiz (1947)   | <b>1h57'34"</b> |          | 1h57'34" | 02/01/1983 | Santa Coloma Farners |
| 6 | Joan Antoni Ortega Escandón (1950)  | <b>1h58'13"</b> |          | 1h58'13" | 02/01/1983 | Santa Coloma Farners |
| 7 | José Luis Santillana Sánchez (1953) | <b>1h59'20"</b> |          | 1h59'20" | 02/01/1983 | Santa Coloma Farners |
| 8 | Rubén Fajardo Cano (1981)           | <b>2h05'53"</b> | 2h05'53" | 2h06'04" | 18/01/2015 | Tarragona            |

### **(R) Marató**

SEN

|   |                                  | MARCA TR        | T_Real   | T_Ofic   |            |               |
|---|----------------------------------|-----------------|----------|----------|------------|---------------|
| 1 | José Luis Zarco Caballero (1955) | <b>2h24'20"</b> |          | 2h24'20" | 09/06/1980 | Laredo        |
| 2 | Justi García Nicolás (1965)      | <b>2h27'58"</b> |          | 2h27'58" | 19/03/1995 | Barcelona     |
| 3 | Francisco Chaves Mejías (1956)   | <b>2h34'47"</b> |          | 2h34'47" | 14/03/1982 | Barcelona     |
| 4 | Agustí Bartrés Gallart (1968)    | <b>2h37'26"</b> | 2h37'26" | 2h37'27" | 14/03/1999 | Barcelona     |
| 5 | Joan Casals Martínez (1949)      | <b>2h38'19"</b> |          | 2h38'19" | 14/03/1983 | Barcelona     |
| 6 | Jordi Fernández Villena (1968)   | <b>2h38'37"</b> |          | 2h38'37" | 24/11/2002 | San Sebastián |

|    |  |                 |          |          |            |                      |
|----|--|-----------------|----------|----------|------------|----------------------|
| 7  | Josep M <sup>a</sup> Molleví Fité (1954) | <b>2h39'15"</b> |          | 2h39'15" | 14/03/1982 | Barcelona            |
| 8  | Gonzalo Rodríguez ()                     | <b>2h42'03"</b> |          | 2h42'03" | 14/03/1982 | Barcelona            |
| 9  | Jordi Martí Pañella (1973)               | <b>2h43'24"</b> | 2h43'24" | 2h43'28" | 19/03/2000 | Barcelona            |
| 10 | Tomás García García (1969)               | <b>2h45'07"</b> |          | 2h45'07" | 05/02/1995 | Valencia             |
| 11 | Zeus Gallardo Melero (1970)              | <b>2h45'50"</b> | 2h45'50" | 2h45'54" | 14/03/1999 | Barcelona            |
| 12 | Josep Misser Banchs ()                   | <b>2h47'19"</b> |          | 2h47'19" | 16/03/1986 | Barcelona            |
| 13 | Manuel López Ureña (1952)                | <b>2h48'45"</b> |          | 2h48'45" | 14/03/1982 | Barcelona            |
| 14 | Miquel Capdevilla Merino (1966)          | <b>2h48'57"</b> |          | 2h48'57" | 15/03/1998 | Barcelona            |
| 15 | Lluís Hilari Rubert (1953)               | <b>2h48'59"</b> |          | 2h48'59" | 22/04/1984 | Vilanova i la Geltrú |
| 16 | Antoni Quiñones Torres (1960)            | <b>2h49'</b>    |          | 2h49'    | 01/01/1980 | s/d                  |
| 17 | Santos González Conde-Ruiz (1947)        | <b>2h50'01"</b> |          | 2h50'01" | 14/03/1982 | Barcelona            |
| 18 | Valentín Monago Ferrera (1960)           | <b>2h51'38"</b> |          | 2h51'38" | 14/03/1993 | Barcelona            |
| 19 | Miquel Xena Comas (1952)                 | <b>2h51'55"</b> |          | 2h51'55" | 01/01/1984 | s/d                  |
| 20 | Francesc Porràs Cerdà (1957)             | <b>2h52'</b>    |          | 2h52'    | 01/01/1980 | s/d                  |
| 21 | Pedro Molina Migueles (1952)             | <b>2h54'28"</b> |          | 2h54'28" | 15/03/1987 | Barcelona            |
| 22 | José Álvarez Guillén (1947)              | <b>2h56'23"</b> |          | 2h56'23" | 14/03/1983 | Barcelona            |
| 23 | Juan José Pérez Vera (1956)              | <b>2h56'51"</b> |          | 2h56'51" | 15/03/1989 | Barcelona            |
| 24 | José Luis Santillana Sánchez (1953)      | <b>2h57'25"</b> |          | 2h57'25" | 14/03/1983 | Barcelona            |
| 25 | Ismael Martínez Guerrero (1973)          | <b>2h58'34"</b> |          | 2h58'34" | 27/02/2005 | Sevilla              |
| 26 | José Manuel García Martín (1987)         | <b>2h59'04"</b> | 2h59'04" | 2h59'29" | 12/03/2017 | Barcelona            |
| 27 | Antonio López Garro (1970)               | <b>3h01'01"</b> | 3h01'01" | 3h01'11" | 19/03/2000 | Barcelona            |
| 28 | Ignasi López Fernández (1959)            | <b>3h01'10"</b> |          | 3h01'10" | 14/03/1993 | Barcelona            |
| 29 | Alonso Pozo Rebollo (1952)               | <b>3h01'32"</b> |          | 3h01'32" | 11/10/1992 | San Sebastián        |
| 30 | Joan Barba Ayala (1951)                  | <b>3h02'20"</b> |          | 3h02'20" | 19/03/1984 | Barcelona            |
| 31 | Joan Antoni Ortega Escandón (1950)       | <b>3h03'45"</b> |          | 3h03'45" | 14/03/1983 | Barcelona            |
| 32 | Juan Víctor Garrido Santamaría (1969)    | <b>3h04'56"</b> |          | 3h04'56" | 15/09/1996 | Perpignan            |
| 33 | Manuel Rojas Serran (1968)               | <b>3h05'20"</b> |          | 3h05'20" | 03/02/2002 | Valencia             |
| 34 | Carles Correa Filbà (1960)               | <b>3h07'37"</b> |          | 3h07'37" | 15/03/1989 | Barcelona            |
| 35 | Raimon Lozano Canals (1947)              | <b>3h08'20"</b> |          | 3h08'20" | 14/03/1982 | Barcelona            |
| 36 | Antonio Cañadas Cañadas (1948)           | <b>3h08'52"</b> |          | 3h08'52" | 14/03/1983 | Barcelona            |
| 37 | José Antonio Ricis Saavedra (1964)       | <b>3h09'50"</b> |          | 3h09'50" | 17/03/1991 | Barcelona            |
| 38 | Francesc Blanchart Sabater (1956)        | <b>3h09'59"</b> |          | 3h09'59" | 14/03/1983 | Barcelona            |
| 39 | Ángel Campos Espartero (1974)            | <b>3h10'</b>    |          | 3h10'    | 30/04/2000 | Madrid               |
| 40 | Javier Plaza Martín (1958)               | <b>3h10'31"</b> |          | 3h10'31" | 15/03/1998 | Barcelona            |
| 41 | Rafael Gómez Merino (1969)               | <b>3h11'43"</b> |          | 3h11'43" | 15/03/1998 | Barcelona            |
| 42 | Manuel Gabarrón Gómez ()                 | <b>3h13'28"</b> | 3h13'28" | 3h13'54" | 28/10/2007 | Gavà                 |
| 43 | Antonio Castilla Nieto (1959)            | <b>3h17'00"</b> |          | 3h17'00" | 11/10/1992 | San Sebastián        |
| 44 | Francisco Lezcano Torres (1965)          | <b>3h18'52"</b> |          | 3h18'52" | 18/03/1996 | Barcelona            |
| 45 | Antoni Solà Barbena (1954)               | <b>3h19'06"</b> |          | 3h19'06" | 15/03/1987 | Barcelona            |
| 46 | Martín Marín Aguilar (1970)              | <b>3h19'38"</b> |          | 3h19'38" | 14/03/1999 | Barcelona            |
| 47 | Isidoro Monago Ferrera (1961)            | <b>3h20'48"</b> |          | 3h20'48" | 18/03/1996 | Barcelona            |
| 48 | Xavier Maynou Raimí (1965)               | <b>3h20'53"</b> |          | 3h20'53" | 15/03/1992 | Barcelona            |
| 49 | Domingo Sáez Chacón (1951)               | <b>3h20'59"</b> |          | 3h20'59" | 14/03/1983 | Barcelona            |
| 50 | Ángel Pérez Jabalera (1969)              | <b>3h21'05"</b> |          | 3h21'05" | 24/03/2002 | Barcelona            |
| 51 | Antonio Moreno Ramírez (1960)            | <b>3h21'10"</b> |          | 3h21'10" | 16/03/1997 | Barcelona            |

|    |                                       |                 |          |            |               |           |
|----|---------------------------------------|-----------------|----------|------------|---------------|-----------|
| 52 | Francisco Martínez Sánchez (1965)     | <b>3h21'31"</b> | 3h21'31" | 14/03/1993 | Barcelona     |           |
| 53 | Luis Guillén González (1958)          | <b>3h21'51"</b> | 3h21'51" | 03/11/1991 | New York      |           |
| 54 | Salvador Carbonell Arnau (1945)       | <b>3h21'54"</b> | 3h21'54" | 19/03/1984 | Barcelona     |           |
| 55 | Fermín de Martín (1958)               | <b>3h23'</b>    | 3h23'    | 07/02/1988 | Valencia      |           |
| 56 | Pedro Abril Abril ()                  | <b>3h24'20"</b> | 3h24'20" | 14/03/1983 | Barcelona     |           |
| 57 | Miguel Repiso Rico (1959)             | <b>3h26'33"</b> | 3h26'33" | 15/03/1992 | Barcelona     |           |
| 58 | Pascual Villalba Robles (1963)        | <b>3h27'00"</b> | 3h27'00" | 19/03/2000 | Barcelona     |           |
| 59 | Dimas Graupera Fábregas ()            | <b>3h27'07"</b> | 3h27'07" | 04/05/2008 | Empúries      |           |
| 60 | Juan José Monago Ferrera (1959)       | <b>3h28'</b>    | 3h28'    | 31/10/1993 | San Sebastián |           |
| 61 | Juan Antonio López Rojano (1960)      | <b>3h29'47"</b> | 3h29'47" | 19/03/2000 | Barcelona     |           |
| 62 | Antonio Fernández Rodríguez (1947)    | <b>3h29'49"</b> | 3h29'49" | 26/04/1983 | Madrid        |           |
| 63 | Juli Batlle Lleontart (1968)          | <b>3h31'42"</b> | 3h31'42" | 15/03/1998 | Barcelona     |           |
| 64 | Jesús Sánchez Cañadas (1964)          | <b>3h32'40"</b> | 3h32'40" | 19/03/2000 | Barcelona     |           |
| 65 | Josep Fuentes Gómez (1973)            | <b>3h33'33"</b> | 3h33'33" | 3h34'14"   | 18/03/2012    | Roma      |
| 66 | David Culebras Baidés (1974)          | <b>3h36'47"</b> | 3h36'47" | 22/02/2009 | Sevilla       |           |
| 67 | Javier Pérez Garrido (1971)           | <b>3h41'09"</b> | 3h41'09" | 3h53'00"   | 25/03/2012    | Barcelona |
| 68 | Àlex Ortiz Dalmau (1970)              | <b>3h41'42"</b> | 3h41'42" | 14/03/1999 | Barcelona     |           |
| 69 | José Antonio Barbancho Rodríguez (196 | <b>3h42'</b>    | 3h42'    | 16/03/2003 | Barcelona     |           |
| 70 | Quico Torrejón Comino (1962)          | <b>3h43'04"</b> | 3h43'04" | 24/04/2005 | Madrid        |           |
| 71 | Josep Valero Lara (1968)              | <b>3h43'34"</b> | 3h43'34" | 3h44'32"   | 07/11/2021    | Barcelona |
| 72 | Ángel Prats Palencia (1948)           | <b>3h45'00"</b> | 3h45'00" | 15/03/1992 | Barcelona     |           |
| 73 | Andreu Fernández Xivillé (1959)       | <b>3h45'23"</b> | 3h45'23" | 14/03/1993 | Barcelona     |           |
| 74 | Joan Saperas Pérez (1976)             | <b>3h49'53"</b> | 3h49'53" | 3h55'23"   | 06/03/2011    | Barcelona |
| 75 | Manuel Rafael Simarro Talaya ()       | <b>3h50'46"</b> | 3h50'46" | 28/11/2004 | San Sebastián |           |
| 76 | Fernando Llop Coll (1959)             | <b>3h52'49"</b> | 3h52'49" | 29/02/2004 | Sevilla       |           |
| 77 | Joan Banti Castanyer (1954)           | <b>3h52'57"</b> | 3h52'57" | 13/03/1994 | Barcelona     |           |
| 78 | Óscar López Sorribes (1980)           | <b>3h57'32"</b> | 3h57'32" | 4h07'30"   | 06/03/2011    | Barcelona |
| 79 | Javier Cid Cano (1969)                | <b>4h00'05"</b> | 4h00'05" | 4h10'26"   | 17/03/2013    | Barcelona |
| 80 | Miguel Ángel Sánchez Valdepeñas (1972 | <b>4h12'25"</b> | 4h12'25" | 4h27'42"   | 25/03/2012    | Barcelona |
| 81 | Ferran de la Rosa Nieto (1953)        | <b>4h17'21"</b> | 4h17'21" | 03/11/1991 | New York      |           |
| 82 | Vicenç Chismol Giménez (1946)         | <b>4h18'16"</b> | 4h18'16" | 01/01/1980 | New York      |           |
| 83 | Alejandro Martínez Carrión (1977)     | <b>4h32'14"</b> | 4h32'14" | 4h44'30"   | 16/03/2014    | Barcelona |
| 84 | Bertomeu Capdevila Solé (1961)        | <b>4h33'01"</b> | 4h33'01" | 19/03/2000 | Barcelona     |           |
| 85 | José Muñoz Cejudo (1964)              | <b>5h05'01"</b> | 5h05'01" | 28/11/2004 | San Sebastián |           |

### **(R) 100 km**

SEN

|   |                                 | MARCA TR         | T_Real   | T_Ofic     |           |
|---|---------------------------------|------------------|----------|------------|-----------|
| 1 | Zeus Gallardo Melero (1970)     | <b>8h02'46"</b>  | 8h02'46" | 14/04/1996 | Calella   |
| 2 | Tomás García García (1969)      | <b>8h02'46"</b>  | 8h02'46" | 14/04/1996 | Calella   |
| 3 | Miquel Capdevilla Merino (1966) | <b>8h37'34"</b>  | 8h37'34" | 09/03/1997 | Madrid    |
| 4 | Jaume Floris Doñate (1953)      | <b>11h39'07"</b> | 1h39'07" | 23/09/1980 | Santander |

### **(R) 5 km marxa**

SEN

|   |                                    | MARCA TR      | T_Real | T_Ofic     |             |
|---|------------------------------------|---------------|--------|------------|-------------|
| 1 | Juan Carlos Rodríguez Pérez (1968) | <b>28'24"</b> | 28'24" | 08/02/1998 | Sant Celoni |

**(R) 10 km marxa**

SEN

MARCA TR T\_Real T\_Ofic

1 David de la Torre Soriano (1982) **50'46"** 50'46" 03/04/2005 Rubí**(R) 20 km marxa**

SEN

MARCA TR T\_Real T\_Ofic

1 Didac Garcia Ruz (1954) **1h42'01"** 1h42'01" 23/08/1981 Luxemburg**(R) 30 km marxa**

SEN

MARCA TR T\_Real T\_Ofic

1 Didac Garcia Ruz (1954) **2h50'04"** 2h50'04" 03/02/1980 Cornellà**(R) 50 km marxa**

SEN

MARCA TR T\_Real T\_Ofic

1 Didac Garcia Ruz (1954) **5h06'07"** 5h06'07" 23/03/1981 Moratalaz**SUB-23 M****(R) Milla Urbana**

S-23M

MARCA TR T\_Real T\_Ofic

|   |                                |                |         |            |                              |
|---|--------------------------------|----------------|---------|------------|------------------------------|
| 1 | Aleix Aznar Baidés (2000)      | <b>04:48,0</b> | 04:48,0 | 04/08/2018 | Sant Antoni de Calonge (C.C) |
| 2 | Oussama Blal Lahlimi (2000)    | <b>04:55,0</b> | 04:55,0 | 12/08/2017 | Sant Antoni de Calonge       |
| 3 | Dan Noah Vivas Glaser (1999)   | <b>04:57,0</b> | 04:57,0 | 01/07/2018 | Palau - Solità i Plegamans   |
| 4 | David Martín Valero (1995)     | <b>05:14,0</b> | 05:14,0 | 31/05/2015 | Montcada i Reixac            |
| 5 | Marc Fernández Personat (2002) | <b>05:15,0</b> | 05:15,0 | 31/05/2015 | Montcada i Reixac            |
| 6 | David Abolafio Martínez (2010) | <b>05:35,0</b> | 05:35,0 | 30/06/2024 | Palau - Solità i Plegamans   |
| 7 | Víctor Ruiz León (2009)        | <b>05:39,0</b> | 05:39,0 | 30/06/2024 | Palau - Solità i Plegamans   |
| 8 | Xavier Álvarez Mirón (2005)    | <b>05:58,0</b> | 05:58,0 | 26/04/2015 | Barcelona                    |
| 9 | Pol Lechuga Berrocal (2007)    | <b>07:40,0</b> | 07:40,0 | 30/06/2019 | Palau - Solità i Plegamans   |

**(R) 5 km**

S-23M

MARCA TR T\_Real T\_Ofic

|   |                                 |               |        |            |                       |
|---|---------------------------------|---------------|--------|------------|-----------------------|
| 1 | Marc Grajal Martínez (1990)     | <b>16'31"</b> | 16'31" | 27/12/2009 | Lloret de Mar         |
| 2 | Dan Noah Vivas Glaser (1999)    | <b>16'38"</b> | 16'38" | 09/05/2021 | El Prat del Llobregat |
| 3 | Carlos Rey Ruiz (1995)          | <b>16'57"</b> | 16'57" | 13/12/2015 | Viladecans (C.CAT)    |
| 4 | Xavier Carmona Fernández (1995) | <b>16'58"</b> | 16'58" | 11/12/2016 | Viladecans (C.CAT)    |

**(R) 10 km**

S-23M

MARCA TR T\_Real T\_Ofic

|   |                                   |               |        |        |            |                       |
|---|-----------------------------------|---------------|--------|--------|------------|-----------------------|
| 1 | Pol Galeote Carro (2006)          | <b>03'35"</b> | 03'35" | 34'35" | 22/02/2026 | Santa Coloma Gramanet |
| 2 | Justi García Nicolás (1965)       | <b>31'32"</b> | 31'32" | 31'32" | 11/09/1984 | Mataró                |
| 3 | Abdelmounhim Jebari Jebari (1978) | <b>31'32"</b> | 31'32" | 31'32" | 20/10/1996 | Sabadell              |
| 4 | Diego Serrano de Maya (1965)      | <b>32'04"</b> | 32'04" | 32'04" | 11/09/1985 | Mataró                |
| 5 | Aleix Aznar Baidés (2000)         | <b>33'18"</b> | 33'18" | 33'19" | 31/12/2018 | Barcelona             |
| 6 | Marc Grajal Martínez (1990)       | <b>34'20"</b> | 34'20" | 34'22" | 22/01/2012 | Barcelona             |
| 7 | Tarik el Khiam Ben Roho (1992)    | <b>34'25"</b> | 34'25" | 34'25" | 31/12/2011 | Barcelona             |

|    |  |                 |          |          |            |                             |
|----|--|-----------------|----------|----------|------------|-----------------------------|
| 8  | Carlos Rey Ruiz (1995)                 | <b>35'19"</b>   | 35'19"   | 35'21"   | 31/12/2015 | Barcelona                   |
| 9  | Jesús Gutiérrez Riñones (1965)         | <b>35'20"</b>   |          | 35'20"   | 11/09/1983 | Mataró                      |
| 10 | Dan Noah Vivas Glaser (1999)           | <b>35'31"</b>   | 35'31"   | 35'33"   | 20/06/2021 | Olesa de Montserrat (C.CAT) |
| 11 | Elías Pérez del Valle (1979)           | <b>35'48"</b>   |          | 35'48"   | 22/10/2000 | Sabadell                    |
| 12 | Francisco Miró Torres (1980)           | <b>35'48"</b>   |          | 35'48"   | 28/04/2002 | Barcelona                   |
| 13 | Albert Cuartero López (1994)           | <b>35'49"</b>   | 35'49"   | 35'51"   | 22/04/2012 | Barcelona                   |
| 14 | Xavier Carmona Fernández (1995)        | <b>36'03"</b>   | 36'03"   | 36'08"   | 10/06/2012 | Pineda de Mar               |
| 15 | Daniel Campo García (1986)             | <b>37'00"</b>   |          | 37'00"   | 01/06/2003 | Pineda de Mar               |
| 16 | Emilio Portillo Salomón (1964)         | <b>37'21"</b>   |          | 37'21"   | 11/09/1983 | Mataró                      |
| 17 | Jonathan Nieto Agís (1988)             | <b>37'57"</b>   |          | 37'57"   | 30/03/2003 | Barcelona                   |
| 18 | Pedro Volney Cocera Redondo (1990)     | <b>38'11"</b>   |          | 38'11"   | 31/12/2009 | Barcelona                   |
| 19 | David Campo García (1988)              | <b>38'18"</b>   |          | 38'18"   | 03/04/2005 | Barcelona                   |
| 20 | Edgar Olivares Mañas (1985)            | <b>38'18"</b>   |          | 38'18"   | 03/04/2005 | Barcelona                   |
| 21 | David Martín Valero (1995)             | <b>38'36"</b>   | 38'36"   | 39'08"   | 31/12/2016 | Barcelona                   |
| 22 | Carlos Ramos Gámez (1983)              | <b>38'49"</b>   |          | 38'49"   | 25/04/1999 | Barcelona                   |
| 23 | Marc Fernández Personat (2002)         | <b>38'56"</b>   | 38'56"   | 38'56"   | 13/09/2015 | Barcelona                   |
| 24 | Juan Espartero Poyato (1978)           | <b>39'39"</b>   |          | 39'39"   | 18/06/2000 | El Prat del Llobregat       |
| 25 | Javier Castro Romero (1983)            | <b>39'42"</b>   |          | 39'42"   | 22/10/2000 | Sabadell                    |
| 26 | Iván Molina Espartero (2006)           | <b>40'24"</b>   |          | 40'24"   | 11/09/2022 | Viladecans                  |
| 27 | Óscar López Sorribes (1980)            | <b>40'41"</b>   |          | 40'41"   | 24/10/1999 | Sabadell                    |
| 28 | Antonio Valenzuela Rodríguez (1964)    | <b>40'57"</b>   |          | 40'57"   | 11/09/1982 | Mataró                      |
| 29 | Marc Correa Raigón (1994)              | <b>42'11"</b>   |          | 42'11"   | 01/04/2007 | Barcelona                   |
| 30 | Alfred Torrents Casas (1987)           | <b>42'20"</b>   |          | 42'20"   | 28/04/2002 | Barcelona                   |
| 31 | Jaume Andreu Nicolás Blancafort (1991) | <b>42'50"</b>   |          | 42'50"   | 31/12/2004 | Barcelona                   |
| 32 | Antoni Luque Donadeu (1978)            | <b>43'16"</b>   |          | 43'16"   | 10/10/1999 | Barcelona                   |
| 33 | Manuel Salido Llorente (1988)          | <b>43'41"</b>   |          | 43'41"   | 08/08/2010 | Malgrat                     |
| 34 | Carlos Pabón Boto (1985)               | <b>44'00"</b>   |          | 44'00"   | 22/10/2000 | Sabadell                    |
| 35 | Pol Romano de Gea (1993)               | <b>45'34"</b>   | 45'34"   | 45'48"   | 11/11/2012 | Barcelona                   |
| 36 | Eudald Correa Raigón (1995)            | <b>48'06"</b>   |          | 48'06"   | 05/04/2009 | Barcelona                   |
| 37 | Ángel Guirado Fernández (1963)         | <b>49'35"</b>   |          | 49'35"   | 11/09/1982 | Mataró                      |
| 38 | Pau López Valdevira (2000)             | <b>53'31"</b>   | 53'31"   | 1h07'08" | 28/09/2014 | Barcelona                   |
| 39 | Ricard Baker Iguaz (1994)              | <b>56'20"</b>   |          | 56'20"   | 18/04/2010 | Barcelona                   |
| 40 | Enric Sans Rusiñol (2000)              | <b>1h09'34"</b> | 1h09'34" | 1h09'50" | 05/06/2016 | Pineda de Mar               |

**(R) 20 km**

**S-23M**

|   |                                     | MARCA TR        | T_Real | T_Ofic   |            |             |
|---|-------------------------------------|-----------------|--------|----------|------------|-------------|
| 1 | Agustín Ciudad Sánchez (1962)       | <b>1h08'04"</b> |        | 1h08'04" | 11/12/1983 | Ripoll      |
| 2 | Antonio Valenzuela Rodríguez (1964) | <b>1h09'53"</b> |        | 1h09'53" | 01/01/1984 | s/d         |
| 3 | Luis Arànega Ballester (1962)       | <b>1h10'04"</b> |        | 1h10'04" | 01/01/1984 | s/d         |
| 4 | Jesús Gutiérrez Riñones (1965)      | <b>1h10'16"</b> |        | 1h10'16" | 09/12/1984 | Ripoll      |
| 5 | Ángel Guirado Fernández (1963)      | <b>1h13'19"</b> |        | 1h13'19" | 03/01/1982 | Ripoll      |
| 6 | Zeus Gallardo Melero (1970)         | <b>1h14'15"</b> |        | 1h14'15" | 24/11/1991 | Ripoll      |
| 7 | Emilio Portillo Salomón (1964)      | <b>1h15'15"</b> |        | 1h15'15" | 01/01/1984 | s/d         |
| 8 | Salvador Peñalver (1965)            | <b>1h15'23"</b> |        | 1h15'23" | 12/02/1984 | Calldetenes |
| 9 | Joan Valldosera Vila (1972)         | <b>1h20'04"</b> |        | 1h20'04" | 03/06/1990 | Valencia    |

**(R) Mitja maratón****S-23M**

|    |                                     | MARCA TR        | T_Real   | T_Ofic   |            |                   |
|----|-------------------------------------|-----------------|----------|----------|------------|-------------------|
| 1  | Joan Paituví Munné (1962)           | <b>1h12'12"</b> |          | 1h12'12" | 01/01/1984 | s/d               |
| 2  | Agustín Ciudad Sánchez (1962)       | <b>1h13'09"</b> |          | 1h13'09" | 01/01/1984 | s/d               |
| 3  | Manuel Ruiz Álvarez "Pitu" (1961)   | <b>1h13'12"</b> |          | 1h13'12" | 13/01/1980 | Torroella Montgrí |
| 4  | Abdelmounhim Jebari Jebari (1978)   | <b>1h14'10"</b> |          | 1h14'10" | 15/06/1997 | Benicarló         |
| 5  | Román Adalid Casado (1965)          | <b>1h15'09"</b> |          | 1h15'09" | 11/01/1987 | Sitges            |
| 6  | José Luis Cano Villanueva (1967)    | <b>1h15'40"</b> |          | 1h15'40" | 02/04/1989 | Mataró            |
| 7  | Tarik el Khiam Ben Roho (1992)      | <b>1h16'48"</b> | 1h16'48" | 1h16'50" | 04/12/2011 | Mataró            |
| 8  | Jesús Gutiérrez Riñones (1965)      | <b>1h17'01"</b> |          | 1h17'01" | 08/01/1984 | Sitges            |
| 9  | Ángel Guirado Fernández (1963)      | <b>1h17'34"</b> |          | 1h17'34" | 01/05/1982 | Vilafranca        |
| 10 | Elías Pérez del Valle (1979)        | <b>1h17'48"</b> |          | 1h17'48" | 23/01/2000 | Granollers        |
| 11 | Emilio Portillo Salomón (1964)      | <b>1h19'14"</b> |          | 1h19'14" | 01/01/1984 | s/d               |
| 12 | Zeus Gallardo Melero (1970)         | <b>1h19'24"</b> |          | 1h19'24" | 12/01/1992 | Sitges            |
| 13 | Lluís Vizcaíno Ponce (1967)         | <b>1h19'55"</b> |          | 1h19'55" | 22/01/1989 | Granollers        |
| 14 | Juan Franco Rivera (1970)           | <b>1h21'14"</b> |          | 1h21'14" | 01/03/1992 | Montmeló          |
| 15 | Francisco Miró Torres (1980)        | <b>1h21'37"</b> | 1h21'37" | 1h21'37" | 05/05/2002 | Mataró            |
| 16 | Pedro Volney Cocera Redondo (1990)  | <b>1h22'45"</b> | 1h22'45" | 1h25'02" | 05/02/2012 | Granollers        |
| 17 | Juan José López Jurado (1976)       | <b>1h23'17"</b> |          | 1h23'17" | 18/01/1998 | Granollers        |
| 18 | Antoni Luque Donadeu (1978)         | <b>1h23'30"</b> |          | 1h23'30" | 06/02/2000 | Barcelona         |
| 19 | Óscar López Sorribes (1980)         | <b>1h23'33"</b> |          | 1h23'33" | 24/01/1999 | Granollers        |
| 20 | Joan Valldosera Vila (1972)         | <b>1h26'</b>    |          | 1h26'    | 22/01/1989 | Granollers        |
| 21 | Albert Cuartero López (1994)        | <b>1h28'30"</b> | 1h28'30" | 1h28'33" | 17/04/2011 | Olot              |
| 22 | Jordi Martí Pañella (1973)          | <b>1h30'50"</b> |          | 1h30'50" | 20/06/1993 | Huesca            |
| 23 | Rafael Cebrián Sánchez (1972)       | <b>1h32'26"</b> |          | 1h32'26" | 02/04/1989 | Mataró            |
| 24 | Juan Ramón Bravo Moreno (1976)      | <b>1h33'41"</b> |          | 1h33'41" | 09/02/1997 | Barcelona         |
| 25 | Fernando Quintana Rodríguez (1970)  | <b>1h36'37"</b> |          | 1h36'37" | 03/03/1991 | Mataró            |
| 26 | Antonio Valenzuela Rodríguez (1964) | <b>1h37'52"</b> |          | 1h37'52" | 10/04/1983 | Igualada          |
| 27 | Javier Castro Romero (1983)         | <b>1h39'25"</b> |          | 1h39'25" | 02/04/2000 | Terrassa          |
| 28 | Abel Fernández Calzado (1973)       | <b>1h47'24"</b> |          | 1h47'24" | 02/04/1989 | Mataró            |
| 29 | Víctor Ballesta Sánchez (2001)      | <b>2h02'06"</b> |          | 2h02'06" | 17/03/2019 | New York          |
| 30 | Carlos Pavón Sacristán (1978)       | <b>2h18'38"</b> |          | 2h18'38" | 02/04/1989 | Mataró            |

**(R) 25 km****S-23M**

|   |                                | MARCA TR     | T_Real | T_Ofic |            |             |
|---|--------------------------------|--------------|--------|--------|------------|-------------|
| 1 | Ángel Guirado Fernández (1963) | <b>1h31'</b> |        | 1h31'  | 01/02/1984 | Calldetenes |

**(R) 30 km****S-23M**

|   |                                     | MARCA TR        | T_Real | T_Ofic   |            |                      |
|---|-------------------------------------|-----------------|--------|----------|------------|----------------------|
| 1 | Agustín Ciudad Sánchez (1962)       | <b>1h44'53"</b> |        | 1h44'53" | 12/02/1984 | Calldetenes          |
| 2 | Luis Arànega Ballester (1962)       | <b>1h46'</b>    |        | 1h46'    | 12/02/2004 | Calldetenes          |
| 3 | Ángel Guirado Fernández (1963)      | <b>1h47'39"</b> |        | 1h47'39" | 28/04/1985 | Figueres             |
| 4 | Antonio Valenzuela Rodríguez (1964) | <b>1h54'00"</b> |        | 1h54'00" | 12/02/1984 | Calldetenes          |
| 5 | Emilio Portillo Salomón (1964)      | <b>1h54'36"</b> |        | 1h54'36" | 02/01/1983 | Santa Coloma Farners |

**(R) Marató****S-23M**

|    | MARCA TR                            | T_Real          | T_Ofic   |            |             |
|----|-------------------------------------|-----------------|----------|------------|-------------|
| 1  | Ángel Guirado Fernández (1963)      | <b>2h34'</b>    | 2h34'    | 01/01/1985 | Valencia    |
| 2  | Emilio Portillo Salomón (1964)      | <b>2h42'15"</b> | 2h42'15" | 19/03/1984 | Barcelona   |
| 3  | Antonio Valenzuela Rodríguez (1964) | <b>2h45'33"</b> | 2h45'33" | 14/03/1983 | Barcelona   |
| 4  | Agustín Ciudad Sánchez (1962)       | <b>2h47'50"</b> | 2h47'50" | 14/03/1982 | Barcelona   |
| 5  | Manuel Ruiz Álvarez "Pitu" (1961)   | <b>2h48'35"</b> | 2h48'35" | 15/03/1981 | Barcelona   |
| 6  | Salvador Peñalver (1965)            | <b>2h52'24"</b> | 2h52'24" | 19/03/1984 | Barcelona   |
| 7  | Francisco Chaves Mejías (1956)      | <b>2h55'47"</b> | 2h55'47" | 12/03/1978 | Palafrugell |
| 8  | Zeus Gallardo Melero (1970)         | <b>2h56'05"</b> | 2h56'05" | 09/12/1990 | Calvià      |
| 9  | Antoni Luque Donadeu (1978)         | <b>2h56'58"</b> | 2h56'58" | 19/03/2000 | Barcelona   |
| 10 | Jesús Gutiérrez Riñones (1965)      | <b>2h58'56"</b> | 2h58'56" | 14/03/1982 | Barcelona   |
| 11 | Alfonso Caparrós Bonias (1968)      | <b>3h12'22"</b> | 3h12'22" | 19/03/1984 | Barcelona   |
| 12 | Juan Ramón Bravo Moreno (1976)      | <b>3h36'02"</b> | 3h36'02" | 16/03/1997 | Barcelona   |
| 13 | Carlos Delgado Gil (1972)           | <b>3h45'05"</b> | 3h45'05" | 14/03/1993 | Barcelona   |
| 14 | Juan Franco Rivera (1970)           | <b>3h45'35"</b> | 3h45'35" | 15/03/1992 | Barcelona   |

**(R) 2 km marxa****Mínima 13'****S-23M**

|   | MARCA TR                      | T_Real        | T_Ofic |            |                    |
|---|-------------------------------|---------------|--------|------------|--------------------|
| 1 | Iván Molina Espartero (2006)  | <b>11'29"</b> | 11'29" | 19/02/2017 | Viladecans (C.CAT) |
| 2 | Asier Hernández Cortés (2008) | <b>11'34"</b> | 11'34" | 02/02/2019 | Viladecans (C.CAT) |
| 3 | Joel García Rico (2008)       | <b>12'07"</b> | 12'07" | 28/01/2018 | Barcelona (C.CAT)  |
| 4 | Guiu Coll Sunyer (2008)       | <b>12'14"</b> | 12'14" | 28/01/2018 | Barcelona (C.CAT)  |
| 5 | Daniel Moreno Sal (2007)      | <b>12'43"</b> | 12'43" | 19/02/2017 | Viladecans (C.CAT) |
| 6 | Víctor Ruiz León (2009)       | <b>12'51"</b> | 12'51" | 12/01/2020 | Viladecans         |

**(R) 3 km marxa****Mínima 20'****S-23M**

|   | MARCA TR                       | T_Real        | T_Ofic |            |                       |
|---|--------------------------------|---------------|--------|------------|-----------------------|
| 1 | Eloi Anton Almar (2007)        | <b>13'15"</b> | 13'15" | 21/01/2024 | El Prat del Llobregat |
| 2 | Joel García Rico (2008)        | <b>16'17"</b> | 16'17" | 20/11/2022 | Barberà del Vallès    |
| 3 | Iván Molina Espartero (2006)   | <b>16'21"</b> | 16'21" | 02/02/2019 | Viladecans (C.CAT)    |
| 4 | Asier Hernández Cortés (2008)  | <b>17'38"</b> | 17'38" | 12/01/2020 | Viladecans            |
| 5 | Daniel Moreno Sal (2007)       | <b>19'02"</b> | 19'02" | 02/02/2019 | Viladecans (C.CAT)    |
| 6 | Daniel Molina Espartero (2009) | <b>19'48"</b> | 19'48" | 23/01/2022 | Viladecans (C.CAT)    |

**(R) 5 km marxa****S-23M**

|   | MARCA TR                         | T_Real        | T_Ofic |            |                         |
|---|----------------------------------|---------------|--------|------------|-------------------------|
| 1 | Eloi Anton Almar (2007)          | <b>21'18"</b> | 21'18" | 08/12/2024 | Castro Urdiales (C.ESP) |
| 2 | Iván Molina Espartero (2006)     | <b>22'46"</b> | 22'46" | 11/12/2022 | Cieza (C.ESP)           |
| 3 | Manuel Ramos Velázquez (1964)    | <b>25'43"</b> | 25'43" | 21/05/1981 | l' Hospitalet           |
| 4 | Ramón Villalobos González (1962) | <b>27'13"</b> | 27'13" | 01/01/1981 | s/d                     |
| 5 | Marc Beltran Walsh (1970)        | <b>28'34"</b> | 28'34" | 28/04/1985 | l' Hospitalet           |
| 6 | Daniel Moreno Sal (2007)         | <b>34'28"</b> | 34'28" | 31/01/2021 | El Vendrell (C.CAT)     |

**(R) 10 km marxa****S-23M**

|  | MARCA TR | T_Real | T_Ofic |  |  |
|--|----------|--------|--------|--|--|
|--|----------|--------|--------|--|--|

|   |                                    |               |        |            |                       |
|---|------------------------------------|---------------|--------|------------|-----------------------|
| 1 | Esteban Giménez Giménez (1967)     | <b>46'02"</b> | 46'02" | 19/01/1986 | Vilanova i la Geltrú  |
| 2 | Eloi Anton Almar (2007)            | <b>46'02"</b> | 46'02" | 28/01/2024 | El Vendrell (C.CAT)   |
| 3 | Iván Molina Espartero (2006)       | <b>48'30"</b> | 48'30" | 30/01/2022 | Lepe (Huelva) (C.ESP) |
| 4 | Ramón Villalobos González (1962)   | <b>52'36"</b> | 52'36" | 24/05/1981 | Sant Celoni           |
| 5 | Manuel Ramos Velázquez (1964)      | <b>54'33"</b> | 54'33" | 17/05/1981 | Girona                |
| 6 | Joaquín Fernández Rodríguez (1967) | <b>54'37"</b> | 54'37" | 15/03/1987 | Barcelona             |

### (R) 15 km marxa

S-23M

|   |                                  | MARCA TR        | T_Real   | T_Ofic     |           |
|---|----------------------------------|-----------------|----------|------------|-----------|
| 1 | Ramón Villalobos González (1962) | <b>1h24'21"</b> | 1h24'21" | 22/03/1981 | Moratalaz |

### (R) 20 km marxa

S-23M

|   |                                  | MARCA TR        | T_Real   | T_Ofic     |               |
|---|----------------------------------|-----------------|----------|------------|---------------|
| 1 | Esteban Giménez Giménez (1967)   | <b>1h42'33"</b> | 1h42'33" | 11/05/1986 | l' Hospitalet |
| 2 | Ramón Villalobos González (1962) | <b>1h50'25"</b> | 1h50'25" | 17/05/1981 | Girona        |

### (R) 30 km marxa

S-23M

|   |                                  | MARCA TR        | T_Real   | T_Ofic     |        |
|---|----------------------------------|-----------------|----------|------------|--------|
| 1 | Ramón Villalobos González (1962) | <b>2h58'38"</b> | 2h58'38" | 01/01/1981 | Mataró |

## SUB-20 M

### (R) Milla Urbana

S-20M

|   |                                | MARCA TR       | T_Real  | T_Ofic     |                             |
|---|--------------------------------|----------------|---------|------------|-----------------------------|
| 1 | Aleix Aznar Baidés (2000)      | <b>04:48,0</b> | 04:48,0 | 04/08/2018 | Sant Antoni de Calonge (C.C |
| 2 | Oussama Blal Lahlimi (2000)    | <b>04:55,0</b> | 04:55,0 | 12/08/2017 | Sant Antoni de Calonge      |
| 3 | Dan Noah Vivas Glaser (1999)   | <b>04:57,0</b> | 04:57,0 | 01/07/2018 | Palau - Solità i Plegamans  |
| 4 | Marc Fernández Personat (2002) | <b>05:15,0</b> | 05:15,0 | 31/05/2015 | Montcada i Reixac           |
| 5 | David Abolafio Martínez (2010) | <b>05:35,0</b> | 05:35,0 | 30/06/2024 | Palau - Solità i Plegamans  |
| 6 | Víctor Ruiz León (2009)        | <b>05:39,0</b> | 05:39,0 | 30/06/2024 | Palau - Solità i Plegamans  |
| 7 | Xavier Álvarez Mirón (2005)    | <b>05:58,0</b> | 05:58,0 | 26/04/2015 | Barcelona                   |
| 8 | Pol Lechuga Berrocal (2007)    | <b>07:40,0</b> | 07:40,0 | 30/06/2019 | Palau - Solità i Plegamans  |

### (R) 10 km

S-20M

|    |                                   | MARCA TR      | T_Real | T_Ofic |            |               |
|----|-----------------------------------|---------------|--------|--------|------------|---------------|
| 1  | Justi García Nicolás (1965)       | <b>31'32"</b> |        | 31'32" | 11/09/1984 | Mataró        |
| 2  | Abdelmounhim Jebari Jebari (1978) | <b>31'32"</b> |        | 31'32" | 20/10/1996 | Sabadell      |
| 3  | Aleix Aznar Baidés (2000)         | <b>33'18"</b> | 33'18" | 33'19" | 31/12/2018 | Barcelona     |
| 4  | Diego Serrano de Maya (1965)      | <b>33'47"</b> |        | 33'47" | 11/09/1984 | Mataró        |
| 5  | Jesús Gutiérrez Riñones (1965)    | <b>35'20"</b> |        | 35'20" | 11/09/1983 | Mataró        |
| 6  | Albert Cuartero López (1994)      | <b>35'49"</b> | 35'49" | 35'51" | 22/04/2012 | Barcelona     |
| 7  | Xavier Carmona Fernández (1995)   | <b>36'03"</b> | 36'03" | 36'08" | 10/06/2012 | Pineda de Mar |
| 8  | Carlos Rey Ruiz (1995)            | <b>36'09"</b> | 36'09" | 36'16" | 31/12/2012 | Barcelona     |
| 9  | Marc Grajal Martínez (1990)       | <b>36'38"</b> |        | 36'38" | 18/10/2009 | Sabadell      |
| 10 | Daniel Campo García (1986)        | <b>37'00"</b> |        | 37'00" | 01/06/2003 | Pineda de Mar |
| 11 | Emilio Portillo Salomón (1964)    | <b>37'21"</b> |        | 37'21" | 11/09/1983 | Mataró        |

|    |  |                 |          |          |            |               |
|----|--|-----------------|----------|----------|------------|---------------|
| 12 | Jonathan Nieto Agís (1988)             | <b>37'57"</b>   |          | 37'57"   | 30/03/2003 | Barcelona     |
| 13 | David Campo García (1988)              | <b>38'18"</b>   |          | 38'18"   | 03/04/2005 | Barcelona     |
| 14 | Carlos Ramos Gámez (1983)              | <b>38'49"</b>   |          | 38'49"   | 25/04/1999 | Barcelona     |
| 15 | Marc Fernández Personat (2002)         | <b>38'56"</b>   | 38'56"   | 38'56"   | 13/09/2015 | Barcelona     |
| 16 | Javier Castro Romero (1983)            | <b>39'42"</b>   |          | 39'42"   | 22/10/2000 | Sabadell      |
| 17 | Iván Molina Espartero (2006)           | <b>40'24"</b>   |          | 40'24"   | 11/09/2022 | Viladecans    |
| 18 | Óscar López Sorribes (1980)            | <b>40'41"</b>   |          | 40'41"   | 24/10/1999 | Sabadell      |
| 19 | Antonio Valenzuela Rodríguez (1964)    | <b>40'57"</b>   |          | 40'57"   | 11/09/1982 | Mataró        |
| 20 | David Martín Valero (1995)             | <b>41'49"</b>   | 41'49"   | 42'00"   | 10/08/2014 | Malgrat       |
| 21 | Marc Correa Raigón (1994)              | <b>42'11"</b>   |          | 42'11"   | 01/04/2007 | Barcelona     |
| 22 | Alfred Torrents Casas (1987)           | <b>42'20"</b>   |          | 42'20"   | 28/04/2002 | Barcelona     |
| 23 | Jaume Andreu Nicolás Blancafort (1991) | <b>42'50"</b>   |          | 42'50"   | 31/12/2004 | Barcelona     |
| 24 | Carlos Pabón Boto (1985)               | <b>44'00"</b>   |          | 44'00"   | 22/10/2000 | Sabadell      |
| 25 | Pol Romano de Gea (1993)               | <b>47'14"</b>   | 47'14"   | 47'58"   | 13/11/2011 | Barcelona     |
| 26 | Eudald Correa Raigón (1995)            | <b>48'06"</b>   |          | 48'06"   | 05/04/2009 | Barcelona     |
| 27 | Ángel Guirado Fernández (1963)         | <b>49'35"</b>   |          | 49'35"   | 11/09/1982 | Mataró        |
| 28 | Pol Galeote Carro (2006)               | <b>50'06"</b>   | 50'06"   | 54'38"   | 31/12/2018 | Barcelona     |
| 29 | Pau López Valdevira (2000)             | <b>53'31"</b>   | 53'31"   | 1h07'08" | 28/09/2014 | Barcelona     |
| 30 | Ricard Baker Iguaz (1994)              | <b>56'20"</b>   |          | 56'20"   | 18/04/2010 | Barcelona     |
| 31 | Enric Sans Rusiñol (2000)              | <b>1h09'34"</b> | 1h09'34" | 1h09'50" | 05/06/2016 | Pineda de Mar |

### **(R) 20 km**

**S-20M**

|   |                                     | MARCA TR        | T_Real | T_Ofic   |            |               |
|---|-------------------------------------|-----------------|--------|----------|------------|---------------|
| 1 | Jesús Gutiérrez Riñones (1965)      | <b>1h11'01"</b> |        | 1h11'01" | 26/08/1984 | San Sebastián |
| 2 | Ángel Guirado Fernández (1963)      | <b>1h13'19"</b> |        | 1h13'19" | 03/01/1982 | Ripoll        |
| 3 | Salvador Peñalver (1965)            | <b>1h15'23"</b> |        | 1h15'23" | 12/02/1984 | Calldetenes   |
| 4 | Antonio Valenzuela Rodríguez (1964) | <b>1h16'35"</b> |        | 1h16'35" | 12/12/1982 | Ripoll        |
| 5 | Emilio Portillo Salomón (1964)      | <b>1h17'10"</b> |        | 1h17'10" | 12/12/1982 | Ripoll        |
| 6 | Joan Valldosera Vila (1972)         | <b>1h20'04"</b> |        | 1h20'04" | 03/06/1990 | Valencia      |

### **(R) Mitja maratón**

**S-20M**

|    |                                     | MARCA TR        | T_Real   | T_Ofic   |            |                   |
|----|-------------------------------------|-----------------|----------|----------|------------|-------------------|
| 1  | Manuel Ruiz Álvarez "Pitu" (1961)   | <b>1h13'12"</b> |          | 1h13'12" | 13/01/1980 | Torroella Montgrí |
| 2  | Abdelmounhim Jebari Jebari (1978)   | <b>1h14'10"</b> |          | 1h14'10" | 15/06/1997 | Benicarló         |
| 3  | Jesús Gutiérrez Riñones (1965)      | <b>1h17'01"</b> |          | 1h17'01" | 08/01/1984 | Sitges            |
| 4  | Ángel Guirado Fernández (1963)      | <b>1h17'34"</b> |          | 1h17'34" | 01/05/1982 | Vilafranca        |
| 5  | Óscar López Sorribes (1980)         | <b>1h23'33"</b> |          | 1h23'33" | 24/01/1999 | Granollers        |
| 6  | Joan Valldosera Vila (1972)         | <b>1h26'</b>    |          | 1h26'    | 22/01/1989 | Granollers        |
| 7  | Emilio Portillo Salomón (1964)      | <b>1h26'47"</b> |          | 1h26'47" | 10/04/1983 | Igualada          |
| 8  | Albert Cuartero López (1994)        | <b>1h28'30"</b> | 1h28'30" | 1h28'33" | 17/04/2011 | Olot              |
| 9  | Rafael Cebrián Sánchez (1972)       | <b>1h32'26"</b> |          | 1h32'26" | 02/04/1989 | Mataró            |
| 10 | Antonio Valenzuela Rodríguez (1964) | <b>1h37'52"</b> |          | 1h37'52" | 10/04/1983 | Igualada          |
| 11 | Javier Castro Romero (1983)         | <b>1h39'25"</b> |          | 1h39'25" | 02/04/2000 | Terrassa          |
| 12 | Abel Fernández Calzado (1973)       | <b>1h47'24"</b> |          | 1h47'24" | 02/04/1989 | Mataró            |
| 13 | Víctor Ballesta Sánchez (2001)      | <b>2h02'06"</b> |          | 2h02'06" | 17/03/2019 | New York          |
| 14 | Carlos Pavón Sacristán (1978)       | <b>2h18'38"</b> |          | 2h18'38" | 02/04/1989 | Mataró            |

**(R) 30 km**

S-20M

MARCA TR T\_Real T\_Ofic

|   |                                |                 |          |            |                      |
|---|--------------------------------|-----------------|----------|------------|----------------------|
| 1 | Emilio Portillo Salomón (1964) | <b>1h54'36"</b> | 1h54'36" | 02/01/1983 | Santa Coloma Farners |
|---|--------------------------------|-----------------|----------|------------|----------------------|

**(R) Marató**

S-20M

MARCA TR T\_Real T\_Ofic

|   |                                     |                 |          |            |           |
|---|-------------------------------------|-----------------|----------|------------|-----------|
| 1 | Antonio Valenzuela Rodríguez (1964) | <b>2h45'33"</b> | 2h45'33" | 14/03/1983 | Barcelona |
| 2 | Ángel Guirado Fernández (1963)      | <b>2h48'29"</b> | 2h48'29" | 14/03/1982 | Barcelona |
| 3 | Emilio Portillo Salomón (1964)      | <b>2h48'29"</b> | 2h48'29" | 14/03/1983 | Barcelona |
| 4 | Jesús Gutiérrez Riñones (1965)      | <b>2h58'56"</b> | 2h58'56" | 14/03/1982 | Barcelona |
| 5 | Manuel Ruiz Álvarez "Pitu" (1961)   | <b>3h07'40"</b> | 3h07'40" | 16/02/1980 | Barcelona |
| 6 | Alfonso Caparrós Bonias (1968)      | <b>3h12'22"</b> | 3h12'22" | 19/03/1984 | Barcelona |

**(R) 2 km marxa*****Mínima 13'***

S-20M

MARCA TR T\_Real T\_Ofic

|   |                               |               |        |            |                    |
|---|-------------------------------|---------------|--------|------------|--------------------|
| 1 | Iván Molina Espartero (2006)  | <b>11'29"</b> | 11'29" | 19/02/2017 | Viladecans (C.CAT) |
| 2 | Asier Hernández Cortés (2008) | <b>11'34"</b> | 11'34" | 02/02/2019 | Viladecans (C.CAT) |
| 3 | Joel García Rico (2008)       | <b>12'07"</b> | 12'07" | 28/01/2018 | Barcelona (C.CAT)  |
| 4 | Guiu Coll Sunyer (2008)       | <b>12'14"</b> | 12'14" | 28/01/2018 | Barcelona (C.CAT)  |
| 5 | Daniel Moreno Sal (2007)      | <b>12'43"</b> | 12'43" | 19/02/2017 | Viladecans (C.CAT) |
| 6 | Víctor Ruiz León (2009)       | <b>12'51"</b> | 12'51" | 12/01/2020 | Viladecans         |

**(R) 3 km marxa*****Mínima 20'***

S-20M

MARCA TR T\_Real T\_Ofic

|   |                                |               |        |            |                       |
|---|--------------------------------|---------------|--------|------------|-----------------------|
| 1 | Eloi Anton Almar (2007)        | <b>13'15"</b> | 13'15" | 21/01/2024 | El Prat del Llobregat |
| 2 | Joel García Rico (2008)        | <b>16'17"</b> | 16'17" | 20/11/2022 | Barberà del Vallès    |
| 3 | Iván Molina Espartero (2006)   | <b>16'21"</b> | 16'21" | 02/02/2019 | Viladecans (C.CAT)    |
| 4 | Asier Hernández Cortés (2008)  | <b>17'38"</b> | 17'38" | 12/01/2020 | Viladecans            |
| 5 | Daniel Moreno Sal (2007)       | <b>19'02"</b> | 19'02" | 02/02/2019 | Viladecans (C.CAT)    |
| 6 | Daniel Molina Espartero (2009) | <b>19'48"</b> | 19'48" | 23/01/2022 | Viladecans (C.CAT)    |

**(R) 5 km marxa**

S-20M

MARCA TR T\_Real T\_Ofic

|   |                               |               |        |            |                         |
|---|-------------------------------|---------------|--------|------------|-------------------------|
| 1 | Eloi Anton Almar (2007)       | <b>21'18"</b> | 21'18" | 08/12/2024 | Castro Urdiales (C.ESP) |
| 2 | Iván Molina Espartero (2006)  | <b>22'46"</b> | 22'46" | 11/12/2022 | Cieza (C.ESP)           |
| 3 | Manuel Ramos Velázquez (1964) | <b>25'43"</b> | 25'43" | 21/05/1981 | l' Hospitalet           |
| 4 | Marc Beltran Walsh (1970)     | <b>28'34"</b> | 28'34" | 28/04/1985 | l' Hospitalet           |
| 5 | Daniel Moreno Sal (2007)      | <b>34'28"</b> | 34'28" | 31/01/2021 | El Vendrell (C.CAT)     |

**(R) 10 km marxa**

S-20M

MARCA TR T\_Real T\_Ofic

|   |                                  |               |        |            |                       |
|---|----------------------------------|---------------|--------|------------|-----------------------|
| 1 | Esteban Giménez Giménez (1967)   | <b>46'02"</b> | 46'02" | 19/01/1986 | Vilanova i la Geltrú  |
| 2 | Eloi Anton Almar (2007)          | <b>46'02"</b> | 46'02" | 28/01/2024 | El Vendrell (C.CAT)   |
| 3 | Iván Molina Espartero (2006)     | <b>48'30"</b> | 48'30" | 30/01/2022 | Lepe (Huelva) (C.ESP) |
| 4 | Ramón Villalobos González (1962) | <b>52'36"</b> | 52'36" | 24/05/1981 | Sant Celoni           |
| 5 | Manuel Ramos Velázquez (1964)    | <b>54'33"</b> | 54'33" | 17/05/1981 | Girona                |

**(R) 15 km marxa****S-20M**

MARCA TR T\_Real T\_Ofic

|   |                                  |                 |  |          |            |          |
|---|----------------------------------|-----------------|--|----------|------------|----------|
| 1 | Ramón Villalobos González (1962) | <b>1h24'21"</b> |  | 1h24'21" | 22/03/1981 | Mortalaz |
|---|----------------------------------|-----------------|--|----------|------------|----------|

**(R) 20 km marxa****S-20M**

MARCA TR T\_Real T\_Ofic

|   |                                  |                 |  |          |            |               |
|---|----------------------------------|-----------------|--|----------|------------|---------------|
| 1 | Esteban Giménez Giménez (1967)   | <b>1h42'33"</b> |  | 1h42'33" | 11/05/1986 | l' Hospitalet |
| 2 | Ramón Villalobos González (1962) | <b>1h50'25"</b> |  | 1h50'25" | 17/05/1981 | Girona        |

**(R) 30 km marxa****S-20M**

MARCA TR T\_Real T\_Ofic

|   |                                  |                 |  |          |            |        |
|---|----------------------------------|-----------------|--|----------|------------|--------|
| 1 | Ramón Villalobos González (1962) | <b>2h58'38"</b> |  | 2h58'38" | 01/01/1981 | Mataró |
|---|----------------------------------|-----------------|--|----------|------------|--------|

**SUB-18 M****(R) Milla Urbana****S-18M**

MARCA TR T\_Real T\_Ofic

|   |                                |                |  |         |            |                            |
|---|--------------------------------|----------------|--|---------|------------|----------------------------|
| 1 | Oussama Blal Lahlimi (2000)    | <b>04:55,0</b> |  | 04:55,0 | 12/08/2017 | Sant Antoni de Calonge     |
| 2 | Marc Fernández Personat (2002) | <b>05:15,0</b> |  | 05:15,0 | 31/05/2015 | Montcada i Reixac          |
| 3 | David Abolafio Martínez (2010) | <b>05:35,0</b> |  | 05:35,0 | 30/06/2024 | Palau - Solità i Plegamans |
| 4 | Víctor Ruiz León (2009)        | <b>05:39,0</b> |  | 05:39,0 | 30/06/2024 | Palau - Solità i Plegamans |
| 5 | Xavier Álvarez Mirón (2005)    | <b>05:58,0</b> |  | 05:58,0 | 26/04/2015 | Barcelona                  |
| 6 | Pol Lechuga Berrocal (2007)    | <b>07:40,0</b> |  | 07:40,0 | 30/06/2019 | Palau - Solità i Plegamans |

**(R) 10 km****S-18M**

MARCA TR T\_Real T\_Ofic

|    |  |               |        |          |            |               |
|----|--|---------------|--------|----------|------------|---------------|
| 1  | Xavier Carmona Fernández (1995)        | <b>36'03"</b> | 36'03" | 36'08"   | 10/06/2012 | Pineda de Mar |
| 2  | Albert Cuartero López (1994)           | <b>36'25"</b> | 36'25" | 37'27"   | 23/10/2011 | Castelldefels |
| 3  | Daniel Campo García (1986)             | <b>37'00"</b> |        | 37'00"   | 01/06/2003 | Pineda de Mar |
| 4  | Carlos Rey Ruiz (1995)                 | <b>37'17"</b> | 37'17" | 37'24"   | 18/04/2010 | Barcelona     |
| 5  | Jonathan Nieto Agís (1988)             | <b>37'57"</b> |        | 37'57"   | 30/03/2003 | Barcelona     |
| 6  | David Campo García (1988)              | <b>38'18"</b> |        | 38'18"   | 03/04/2005 | Barcelona     |
| 7  | Carlos Ramos Gámez (1983)              | <b>38'49"</b> |        | 38'49"   | 25/04/1999 | Barcelona     |
| 8  | Marc Fernández Personat (2002)         | <b>38'56"</b> | 38'56" | 38'56"   | 13/09/2015 | Barcelona     |
| 9  | Javier Castro Romero (1983)            | <b>39'42"</b> |        | 39'42"   | 22/10/2000 | Sabadell      |
| 10 | Iván Molina Espartero (2006)           | <b>40'24"</b> |        | 40'24"   | 11/09/2022 | Viladecans    |
| 11 | Dan Noah Vivas Glaser (1999)           | <b>41'32"</b> | 41'32" | 49'42"   | 18/09/2016 | Barcelona     |
| 12 | Marc Correa Raigón (1994)              | <b>42'11"</b> |        | 42'11"   | 01/04/2007 | Barcelona     |
| 13 | Alfred Torrents Casas (1987)           | <b>42'20"</b> |        | 42'20"   | 28/04/2002 | Barcelona     |
| 14 | Jaume Andreu Nicolás Blancafort (1991) | <b>42'50"</b> |        | 42'50"   | 31/12/2004 | Barcelona     |
| 15 | Carlos Pabón Boto (1985)               | <b>44'00"</b> |        | 44'00"   | 22/10/2000 | Sabadell      |
| 16 | Eudald Correa Raigón (1995)            | <b>48'06"</b> |        | 48'06"   | 05/04/2009 | Barcelona     |
| 17 | Pol Galeote Carro (2006)               | <b>50'06"</b> | 50'06" | 54'38"   | 31/12/2018 | Barcelona     |
| 18 | Pau López Valdevira (2000)             | <b>53'31"</b> | 53'31" | 1h07'08" | 28/09/2014 | Barcelona     |
| 19 | Ricard Baker Iguaz (1994)              | <b>56'20"</b> |        | 56'20"   | 18/04/2010 | Barcelona     |

|    |                            |                 |          |          |            |               |
|----|----------------------------|-----------------|----------|----------|------------|---------------|
| 20 | Gerard Vila Linares (2001) | <b>1h01'04"</b> | 1h01'04" | 1h12'48" | 22/04/2018 | Barcelona     |
| 21 | Enric Sans Rusiñol (2000)  | <b>1h09'34"</b> | 1h09'34" | 1h09'50" | 05/06/2016 | Pineda de Mar |

### **(R) Mitja maratón**

S-18M

|   |                                   | MARCA TR        | T_Real   | T_Ofic   |            |                   |
|---|-----------------------------------|-----------------|----------|----------|------------|-------------------|
| 1 | Manuel Ruiz Álvarez "Pitu" (1961) | <b>1h13'12"</b> |          | 1h13'12" | 13/01/1980 | Torroella Montgrí |
| 2 | Jesús Gutiérrez Riñones (1965)    | <b>1h21'32"</b> |          | 1h21'32" | 01/01/1982 | s/d               |
| 3 | Joan Valldosera Vila (1972)       | <b>1h26'</b>    |          | 1h26'    | 22/01/1989 | Granollers        |
| 4 | Albert Cuartero López (1994)      | <b>1h28'30"</b> | 1h28'30" | 1h28'33" | 17/04/2011 | Olot              |
| 5 | Rafael Cebrián Sánchez (1972)     | <b>1h32'26"</b> |          | 1h32'26" | 02/04/1989 | Mataró            |
| 6 | Javier Castro Romero (1983)       | <b>1h39'25"</b> |          | 1h39'25" | 02/04/2000 | Terrassa          |
| 7 | Abel Fernández Calzado (1973)     | <b>1h47'24"</b> |          | 1h47'24" | 02/04/1989 | Mataró            |
| 8 | Carlos Pavón Sacristán (1978)     | <b>2h18'38"</b> |          | 2h18'38" | 02/04/1989 | Mataró            |

### **(R) Maratón**

S-18M

|   |                                   | MARCA TR        | T_Real | T_Ofic   |            |           |
|---|-----------------------------------|-----------------|--------|----------|------------|-----------|
| 1 | Jesús Gutiérrez Riñones (1965)    | <b>2h58'56"</b> |        | 2h58'56" | 14/03/1982 | Barcelona |
| 2 | Manuel Ruiz Álvarez "Pitu" (1961) | <b>3h07'40"</b> |        | 3h07'40" | 16/02/1980 | Barcelona |
| 3 | Alfonso Caparrós Bonias (1968)    | <b>3h12'22"</b> |        | 3h12'22" | 19/03/1984 | Barcelona |

### **(R) 2 km marxa**

**Mínima 13'**

S-18M

|   |                               | MARCA TR      | T_Real | T_Ofic |            |                    |
|---|-------------------------------|---------------|--------|--------|------------|--------------------|
| 1 | Iván Molina Espartero (2006)  | <b>11'29"</b> |        | 11'29" | 19/02/2017 | Viladecans (C.CAT) |
| 2 | Asier Hernández Cortés (2008) | <b>11'34"</b> |        | 11'34" | 02/02/2019 | Viladecans (C.CAT) |
| 3 | Joel García Rico (2008)       | <b>12'07"</b> |        | 12'07" | 28/01/2018 | Barcelona (C.CAT)  |
| 4 | Guiu Coll Sunyer (2008)       | <b>12'14"</b> |        | 12'14" | 28/01/2018 | Barcelona (C.CAT)  |
| 5 | Daniel Moreno Sal (2007)      | <b>12'43"</b> |        | 12'43" | 19/02/2017 | Viladecans (C.CAT) |
| 6 | Víctor Ruiz León (2009)       | <b>12'51"</b> |        | 12'51" | 12/01/2020 | Viladecans         |

### **(R) 3 km marxa**

**Mínima 21'**

S-18M

|   |                                | MARCA TR      | T_Real | T_Ofic |            |                       |
|---|--------------------------------|---------------|--------|--------|------------|-----------------------|
| 1 | Eloi Anton Almar (2007)        | <b>13'15"</b> |        | 13'15" | 21/01/2024 | El Prat del Llobregat |
| 2 | Joel García Rico (2008)        | <b>16'17"</b> |        | 16'17" | 20/11/2022 | Barberà del Vallès    |
| 3 | Iván Molina Espartero (2006)   | <b>16'21"</b> |        | 16'21" | 02/02/2019 | Viladecans (C.CAT)    |
| 4 | Asier Hernández Cortés (2008)  | <b>17'38"</b> |        | 17'38" | 12/01/2020 | Viladecans            |
| 5 | Daniel Moreno Sal (2007)       | <b>19'02"</b> |        | 19'02" | 02/02/2019 | Viladecans (C.CAT)    |
| 6 | Daniel Molina Espartero (2009) | <b>19'48"</b> |        | 19'48" | 23/01/2022 | Viladecans (C.CAT)    |
| 7 | Álex Hernández Tous (2004)     | <b>20'04"</b> |        | 20'04" | 19/02/2017 | Viladecans (C.CAT)    |

### **(R) 5 km marxa**

S-18M

|   |                               | MARCA TR      | T_Real | T_Ofic |            |                         |
|---|-------------------------------|---------------|--------|--------|------------|-------------------------|
| 1 | Eloi Anton Almar (2007)       | <b>21'18"</b> |        | 21'18" | 08/12/2024 | Castro Urdiales (C.ESP) |
| 2 | Iván Molina Espartero (2006)  | <b>22'46"</b> |        | 22'46" | 11/12/2022 | Cieza (C.ESP)           |
| 3 | Manuel Ramos Velázquez (1964) | <b>25'43"</b> |        | 25'43" | 21/05/1981 | l' Hospitalet           |
| 4 | Marc Beltran Walsh (1970)     | <b>28'34"</b> |        | 28'34" | 28/04/1985 | l' Hospitalet           |
| 5 | Daniel Moreno Sal (2007)      | <b>34'28"</b> |        | 34'28" | 31/01/2021 | El Vendrell (C.CAT)     |

**(R) 10 km marxa****S-18M**

|   |                               | MARCA TR      | T_Real | T_Ofic |            |                       |
|---|-------------------------------|---------------|--------|--------|------------|-----------------------|
| 1 | Eloi Anton Almar (2007)       | <b>46'02"</b> |        | 46'02" | 28/01/2024 | El Vendrell (C.CAT)   |
| 2 | Iván Molina Espartero (2006)  | <b>48'30"</b> |        | 48'30" | 30/01/2022 | Lepe (Huelva) (C.ESP) |
| 3 | Manuel Ramos Velázquez (1964) | <b>54'33"</b> |        | 54'33" | 17/05/1981 | Girona                |

**SUB-16 M****(R) Milla Urbana****S-16M**

|   |                                | MARCA TR       | T_Real | T_Ofic  |            |                            |
|---|--------------------------------|----------------|--------|---------|------------|----------------------------|
| 1 | Ismael Adjar Najjaoui (2000)   | <b>05:12,0</b> |        | 05:12,0 | 26/04/2015 | Barcelona                  |
| 2 | Marc Fernández Personat (2002) | <b>05:15,0</b> |        | 05:15,0 | 31/05/2015 | Montcada i Reixac          |
| 3 | David Abolafio Martínez (2010) | <b>05:35,0</b> |        | 05:35,0 | 30/06/2024 | Palau - Solità i Plegamans |
| 4 | Víctor Ruiz León (2009)        | <b>05:39,0</b> |        | 05:39,0 | 30/06/2024 | Palau - Solità i Plegamans |
| 5 | Xavier Álvarez Mirón (2005)    | <b>05:58,0</b> |        | 05:58,0 | 26/04/2015 | Barcelona                  |
| 6 | Pol Lechuga Berrocal (2007)    | <b>07:40,0</b> |        | 07:40,0 | 30/06/2019 | Palau - Solità i Plegamans |

**(R) 10 km****S-16M**

|    |  | MARCA TR      | T_Real | T_Ofic   |            |           |
|----|--|---------------|--------|----------|------------|-----------|
| 1  | Jonathan Nieto Agís (1988)             | <b>37'57"</b> |        | 37'57"   | 30/03/2003 | Barcelona |
| 2  | Marc Fernández Personat (2002)         | <b>38'56"</b> | 38'56" | 38'56"   | 13/09/2015 | Barcelona |
| 3  | Marc Correa Raigón (1994)              | <b>42'11"</b> |        | 42'11"   | 01/04/2007 | Barcelona |
| 4  | Alfred Torrents Casas (1987)           | <b>42'20"</b> |        | 42'20"   | 28/04/2002 | Barcelona |
| 5  | Xavier Carmona Fernández (1995)        | <b>42'48"</b> |        | 42'48"   | 18/04/2010 | Barcelona |
| 6  | Jaume Andreu Nicolás Blancafort (1991) | <b>42'50"</b> |        | 42'50"   | 31/12/2004 | Barcelona |
| 7  | Carlos Rey Ruiz (1995)                 | <b>42'55"</b> |        | 42'55"   | 18/04/2010 | Barcelona |
| 8  | Carlos Pabón Boto (1985)               | <b>44'00"</b> |        | 44'00"   | 22/10/2000 | Sabadell  |
| 9  | Eudald Correa Raigón (1995)            | <b>48'06"</b> |        | 48'06"   | 05/04/2009 | Barcelona |
| 10 | Pol Galeote Carro (2006)               | <b>50'06"</b> | 50'06" | 54'38"   | 31/12/2018 | Barcelona |
| 11 | Pau López Valdevira (2000)             | <b>53'31"</b> | 53'31" | 1h07'08" | 28/09/2014 | Barcelona |

**(R) Mitja maratón****S-16M**

|   |                               | MARCA TR        | T_Real | T_Ofic   |            |        |
|---|-------------------------------|-----------------|--------|----------|------------|--------|
| 1 | Carlos Pavón Sacristán (1978) | <b>2h18'38"</b> |        | 2h18'38" | 02/04/1989 | Mataró |

**(R) 2 km marxa*****Mínima 13'30"*****S-16M**

|   |                               | MARCA TR      | T_Real | T_Ofic |            |                    |
|---|-------------------------------|---------------|--------|--------|------------|--------------------|
| 1 | Iván Molina Espartero (2006)  | <b>11'29"</b> |        | 11'29" | 19/02/2017 | Viladecans (C.CAT) |
| 2 | Asier Hernández Cortés (2008) | <b>11'34"</b> |        | 11'34" | 02/02/2019 | Viladecans (C.CAT) |
| 3 | Joel García Rico (2008)       | <b>12'07"</b> |        | 12'07" | 28/01/2018 | Barcelona (C.CAT)  |
| 4 | Guiu Coll Sunyer (2008)       | <b>12'14"</b> |        | 12'14" | 28/01/2018 | Barcelona (C.CAT)  |
| 5 | Daniel Moreno Sal (2007)      | <b>12'43"</b> |        | 12'43" | 19/02/2017 | Viladecans (C.CAT) |
| 6 | Víctor Ruiz León (2009)       | <b>12'51"</b> |        | 12'51" | 12/01/2020 | Viladecans         |
| 7 | Pau Sánchez Corominas (2009)  | <b>13'08"</b> |        | 13'08" | 27/01/2019 | Badalona           |
| 8 | Miquel Martí Cartoy (2008)    | <b>13'09"</b> |        | 13'09" | 27/01/2019 | Badalona           |

**(R) 3 km marxa****Mínima 22'****S-16M**

|   |                                | MARCA TR      | T_Real | T_Ofic |            |                    |
|---|--------------------------------|---------------|--------|--------|------------|--------------------|
| 1 | Eloi Anton Almar (2007)        | <b>15'48"</b> |        | 15'48" | 20/11/2022 | Barberà del Vallès |
| 2 | Joel García Rico (2008)        | <b>16'17"</b> |        | 16'17" | 20/11/2022 | Barberà del Vallès |
| 3 | Iván Molina Espartero (2006)   | <b>16'21"</b> |        | 16'21" | 02/02/2019 | Viladecans (C.CAT) |
| 4 | Asier Hernández Cortés (2008)  | <b>17'38"</b> |        | 17'38" | 12/01/2020 | Viladecans         |
| 5 | Daniel Moreno Sal (2007)       | <b>19'02"</b> |        | 19'02" | 02/02/2019 | Viladecans (C.CAT) |
| 6 | Daniel Molina Espartero (2009) | <b>19'48"</b> |        | 19'48" | 23/01/2022 | Viladecans (C.CAT) |
| 7 | Álex Hernández Tous (2004)     | <b>20'04"</b> |        | 20'04" | 19/02/2017 | Viladecans (C.CAT) |
| 8 | Pol Galeote Carro (2006)       | <b>21'32"</b> |        | 21'32" | 13/01/2019 | Barberà del Vallès |

**(R) 5 km marxa****S-16M**

|   |                              | MARCA TR      | T_Real | T_Ofic |            |                       |
|---|------------------------------|---------------|--------|--------|------------|-----------------------|
| 1 | Iván Molina Espartero (2006) | <b>23'58"</b> |        | 23'58" | 12/12/2021 | Getafe (C.ESP)        |
| 2 | Marc Beltran Walsh (1970)    | <b>28'34"</b> |        | 28'34" | 28/04/1985 | l' Hospitalet         |
| 3 | Eloi Anton Almar (2007)      | <b>29'54"</b> |        | 29'54" | 30/01/2022 | Lepe (Huelva) (C.ESP) |
| 4 | Daniel Moreno Sal (2007)     | <b>34'28"</b> |        | 34'28" | 31/01/2021 | El Vendrell (C.CAT)   |

**SUB-14 M****(R) Milla Urbana****S-14M**

|   |                                | MARCA TR       | T_Real | T_Ofic  |            |                            |
|---|--------------------------------|----------------|--------|---------|------------|----------------------------|
| 1 | Marc Fernández Personat (2002) | <b>05:15,0</b> |        | 05:15,0 | 31/05/2015 | Montcada i Reixac          |
| 2 | Xavier Álvarez Mirón (2005)    | <b>05:58,0</b> |        | 05:58,0 | 26/04/2015 | Barcelona                  |
| 3 | Pol Lechuga Berrocal (2007)    | <b>07:40,0</b> |        | 07:40,0 | 30/06/2019 | Palau - Solità i Plegamans |

**(R) 5 km****S-14M**

|   |                              | MARCA TR      | T_Real | T_Ofic |            |           |
|---|------------------------------|---------------|--------|--------|------------|-----------|
| 1 | Rubén Pereira Sánchez (2008) | <b>21'04"</b> | 21'04" | 29'03" | 26/12/2021 | El Masnou |
| 2 | Víctor Ruiz León (2009)      | <b>22'08"</b> | 22'08" | 30'09" | 26/12/2021 | El Masnou |
| 3 | Pau Sánchez Corominas (2009) | <b>23'10"</b> | 23'10" | 31'11" | 26/12/2021 | El Masnou |

**(R) 10 km****S-14M**

|   |                                | MARCA TR      | T_Real | T_Ofic |            |           |
|---|--------------------------------|---------------|--------|--------|------------|-----------|
| 1 | Marc Fernández Personat (2002) | <b>38'56"</b> | 38'56" | 38'56" | 13/09/2015 | Barcelona |
| 2 | Jonathan Nieto Agís (1988)     | <b>42'04"</b> |        | 42'04" | 08/04/2001 | Barcelona |
| 3 | Marc Correa Raigón (1994)      | <b>42'11"</b> |        | 42'11" | 01/04/2007 | Barcelona |
| 4 | Pol Galeote Carro (2006)       | <b>50'06"</b> | 50'06" | 54'38" | 31/12/2018 | Barcelona |
| 5 | Eudald Correa Raigón (1995)    | <b>55'14"</b> |        | 55'14" | 20/05/2007 | Vic       |

**(R) Mitja maratón****S-14M**

|   |                               | MARCA TR        | T_Real | T_Ofic   |            |        |
|---|-------------------------------|-----------------|--------|----------|------------|--------|
| 1 | Carlos Pavón Sacristán (1978) | <b>2h18'38"</b> |        | 2h18'38" | 02/04/1989 | Mataró |

**(R) 2 km marxa****Mínima 14'30"****S-14M**

|  |  | MARCA TR | T_Real | T_Ofic |
|--|--|----------|--------|--------|
|--|--|----------|--------|--------|

|    |                                |        |        |            |                    |
|----|--------------------------------|--------|--------|------------|--------------------|
| 1  | Iván Molina Espartero (2006)   | 11'29" | 11'29" | 19/02/2017 | Viladecans (C.CAT) |
| 2  | Asier Hernández Cortés (2008)  | 11'34" | 11'34" | 02/02/2019 | Viladecans (C.CAT) |
| 3  | Joel García Rico (2008)        | 12'07" | 12'07" | 28/01/2018 | Barcelona (C.CAT)  |
| 4  | Guiu Coll Sunyer (2008)        | 12'14" | 12'14" | 28/01/2018 | Barcelona (C.CAT)  |
| 5  | Daniel Moreno Sal (2007)       | 12'43" | 12'43" | 19/02/2017 | Viladecans (C.CAT) |
| 6  | Víctor Ruiz León (2009)        | 12'51" | 12'51" | 12/01/2020 | Viladecans         |
| 7  | Pau Sánchez Corominas (2009)   | 13'08" | 13'08" | 27/01/2019 | Badalona           |
| 8  | Miquel Martí Cartoy (2008)     | 13'09" | 13'09" | 27/01/2019 | Badalona           |
| 9  | Mathis Itchart Homo (2006)     | 13'39" | 13'39" | 19/02/2017 | Viladecans (C.CAT) |
| 10 | Lluc Colomer Labutova (2009)   | 13'43" | 13'43" | 02/02/2019 | Viladecans (C.CAT) |
| 11 | Pol Galeote Carro (2006)       | 13'47" | 13'47" | 19/02/2017 | Viladecans (C.CAT) |
| 12 | Daniel Molina Espartero (2009) | 14'00" | 14'00" | 02/02/2020 | Badalona (C.CAT)   |
| 13 | Rubén Pereira Sánchez (2008)   | 14'23" | 14'23" | 28/01/2018 | Barcelona (C.CAT)  |
| 14 | Pau Perona Tarragó (2007)      | 14'28" | 14'28" | 19/02/2017 | Viladecans (C.CAT) |

### (R) 3 km marxa

S-14M

|   |                                | MARCA TR | T_Real | T_Ofic     |                    |
|---|--------------------------------|----------|--------|------------|--------------------|
| 1 | Iván Molina Espartero (2006)   | 16'21"   | 16'21" | 02/02/2019 | Viladecans (C.CAT) |
| 2 | Eloi Anton Almar (2007)        | 17'22"   | 17'22" | 02/02/2020 | Badalona (C.CAT)   |
| 3 | Asier Hernández Cortés (2008)  | 17'38"   | 17'38" | 12/01/2020 | Viladecans         |
| 4 | Daniel Moreno Sal (2007)       | 19'02"   | 19'02" | 02/02/2019 | Viladecans (C.CAT) |
| 5 | Daniel Molina Espartero (2009) | 19'48"   | 19'48" | 23/01/2022 | Viladecans (C.CAT) |
| 6 | Álex Hernández Tous (2004)     | 20'04"   | 20'04" | 19/02/2017 | Viladecans (C.CAT) |
| 7 | Joel García Rico (2008)        | 20'50"   | 20'50" | 02/02/2020 | Badalona (C.CAT)   |
| 8 | Pol Galeote Carro (2006)       | 21'32"   | 21'32" | 13/01/2019 | Barberà del Vallès |

## SUB-12 M

### (R) Milla Urbana

S-12M

|   |                             | MARCA TR | T_Real  | T_Ofic     |           |
|---|-----------------------------|----------|---------|------------|-----------|
| 1 | Xavier Álvarez Mirón (2005) | 05:58,0  | 05:58,0 | 26/04/2015 | Barcelona |

### (R) Mitja maratón

S-12M

|   |                               | MARCA TR | T_Real   | T_Ofic     |        |
|---|-------------------------------|----------|----------|------------|--------|
| 1 | Carlos Pavón Sacristán (1978) | 2h18'38" | 2h18'38" | 02/04/1989 | Mataró |

### (R) 2 km marxa

S-12M

|   |                               | MARCA TR | T_Real | T_Ofic     |                    |
|---|-------------------------------|----------|--------|------------|--------------------|
| 1 | Iván Molina Espartero (2006)  | 11'29"   | 11'29" | 19/02/2017 | Viladecans (C.CAT) |
| 2 | Asier Hernández Cortés (2008) | 11'34"   | 11'34" | 02/02/2019 | Viladecans (C.CAT) |
| 3 | Joel García Rico (2008)       | 12'07"   | 12'07" | 28/01/2018 | Barcelona (C.CAT)  |
| 4 | Guiu Coll Sunyer (2008)       | 12'14"   | 12'14" | 28/01/2018 | Barcelona (C.CAT)  |
| 5 | Daniel Moreno Sal (2007)      | 12'43"   | 12'43" | 19/02/2017 | Viladecans (C.CAT) |
| 6 | Víctor Ruiz León (2009)       | 12'51"   | 12'51" | 12/01/2020 | Viladecans         |
| 7 | Pau Sánchez Corominas (2009)  | 13'08"   | 13'08" | 27/01/2019 | Badalona           |

|    |                                |               |        |            |                    |
|----|--------------------------------|---------------|--------|------------|--------------------|
| 8  | Miquel Martí Cartoy (2008)     | <b>13'09"</b> | 13'09" | 27/01/2019 | Badalona           |
| 9  | Mathis Itchart Homo (2006)     | <b>13'39"</b> | 13'39" | 19/02/2017 | Viladecans (C.CAT) |
| 10 | Lluc Colomer Labutova (2009)   | <b>13'43"</b> | 13'43" | 02/02/2019 | Viladecans (C.CAT) |
| 11 | Pol Galeote Carro (2006)       | <b>13'47"</b> | 13'47" | 19/02/2017 | Viladecans (C.CAT) |
| 12 | Daniel Molina Espartero (2009) | <b>14'00"</b> | 14'00" | 02/02/2020 | Badalona (C.CAT)   |
| 13 | Rubén Pereira Sánchez (2008)   | <b>14'23"</b> | 14'23" | 28/01/2018 | Barcelona (C.CAT)  |
| 14 | Pau Perona Tarragó (2007)      | <b>14'28"</b> | 14'28" | 19/02/2017 | Viladecans (C.CAT) |
| 15 | Adrián Soto Gómez (2009)       | <b>15'38"</b> | 15'38" | 27/01/2019 | Badalona           |

## SUB-10 M

### (R) Marató

S-10M

|   |                              | MARCA TR        | T_Real   | T_Ofic   |            |           |
|---|------------------------------|-----------------|----------|----------|------------|-----------|
| 1 | David Sánchez Sánchez (1974) | <b>3h18'07"</b> | 3h18'07" | 3h18'43" | 12/03/2017 | Barcelona |

### (R) 1 km marxa

S-10M

|    |                                | MARCA TR      | T_Real | T_Ofic |            |                    |
|----|--------------------------------|---------------|--------|--------|------------|--------------------|
| 1  | Luca Itchart Homo (2009)       | <b>05'42"</b> |        | 05'42" | 28/01/2018 | Barcelona (C.CAT)  |
| 2  | Asier Hernández Cortés (2008)  | <b>05'48"</b> |        | 05'48" | 19/02/2017 | Viladecans (C.CAT) |
| 3  | Víctor Ruiz León (2009)        | <b>05'59"</b> |        | 05'59" | 28/01/2018 | Barcelona (C.CAT)  |
| 4  | Unai Hernández Cortés (2012)   | <b>06'18"</b> |        | 06'18" | 02/02/2020 | Badalona (C.CAT)   |
| 5  | Izan Cortés Fernández (2012)   | <b>06'26"</b> |        | 06'26" | 02/02/2020 | Badalona (C.CAT)   |
| 6  | Guiu Coll Sunyer (2008)        | <b>06'40"</b> |        | 06'40" | 19/02/2017 | Viladecans (C.CAT) |
| 7  | Pau Sánchez Corominas (2009)   | <b>06'40"</b> |        | 06'40" | 28/01/2018 | Barcelona (C.CAT)  |
| 8  | Rubén Pereira Sánchez (2008)   | <b>06'42"</b> |        | 06'42" | 19/02/2017 | Viladecans (C.CAT) |
| 9  | Adrián Soto Gómez (2009)       | <b>06'42"</b> |        | 06'42" | 28/01/2018 | Barcelona (C.CAT)  |
| 10 | Nil Guirao Simarro (2009)      | <b>06'46"</b> |        | 06'46" | 28/01/2018 | Barcelona (C.CAT)  |
| 11 | Lucas Lozano León (2012)       | <b>06'53"</b> |        | 06'53" | 02/02/2020 | Badalona (C.CAT)   |
| 12 | Joel García Rico (2008)        | <b>06'56"</b> |        | 06'56" | 19/02/2017 | Viladecans (C.CAT) |
| 13 | Daniel Molina Espartero (2009) | <b>06'58"</b> |        | 06'58" | 28/01/2018 | Barcelona (C.CAT)  |
| 14 | Lluc Colomer Labutova (2009)   | <b>06'58"</b> |        | 06'58" | 28/01/2018 | Barcelona (C.CAT)  |
| 15 | Àlex Marquet Colls (2008)      | <b>07'11"</b> |        | 07'11" | 19/02/2017 | Viladecans (C.CAT) |
| 16 | Miquel Martí Cartoy (2008)     | <b>07'13"</b> |        | 07'13" | 19/02/2017 | Viladecans (C.CAT) |
| 17 | Pau Guirao Simarro (2009)      | <b>08'45"</b> |        | 08'45" | 19/02/2017 | Viladecans (C.CAT) |